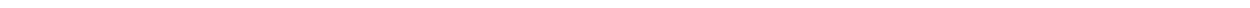
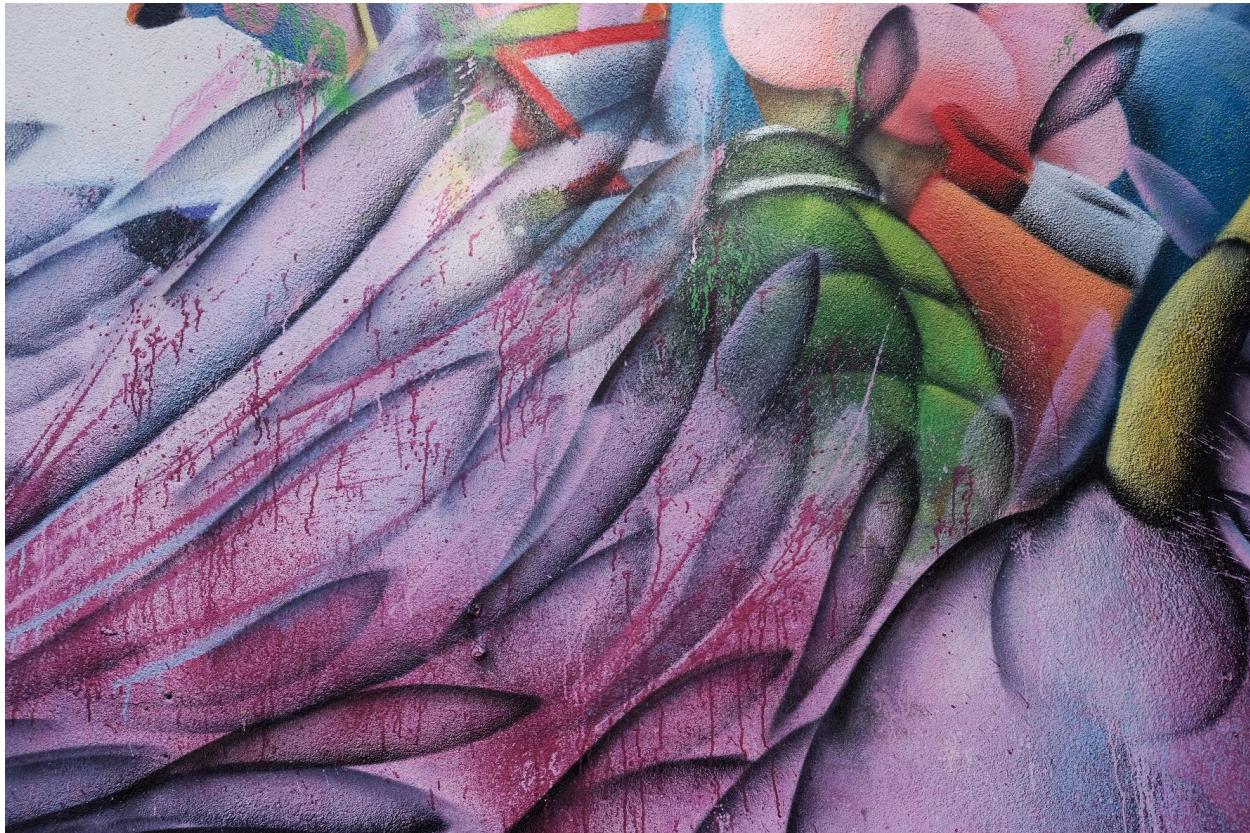


JUNE 15-16, 2023

Psychotherapeutic processes with young people experiencing gender dysphoria

Tampere University, Faculty of Medicine and Health Technology, ARVO Building, Yellow Hall



Agenda

Thursday, June 15

8:00-8:30—Arrival; coffee, tea, and pastries; opportunity to set up posters

8:45-9:00—Welcome and opening remarks (Riittakerttu Kaltiala)

9:00-10:45—Etiologies of Gender Dysphoria

10:45-11:00—Coffee break

11:00-12:30—Assessment of a Child or Young Person Who Presents with Gender Distress

12:30-13:30—Lunch

13:30-14:45—What is the Role of Social Transition in the Development of Children and Young People?

14:45-15:00—Coffee break

15:00-17:00—How Can Major Models of Psychotherapy Work with Individuals Presenting with Gender Identity Issues?

- Individual Identity Exploration (integrative approach)
- Gender Exploratory Model “GEM” (systemic/developmental)
- Psychoanalytic/psychodynamic approaches in contemporary work
- DBT/ACT
- Group Therapy and Outcome Measures

19:00—Dinner

Friday, June 16

8:00-8:30—Arrival; coffee, tea, and pastries; and reflections on day one

8:30-10:30—Psychotherapy with Young People Presenting with Gender Distress: What are the Core Elements that Can be Applied in/Adjusted to the Major Psychotherapeutic Approaches?

10:30-11:00—Coffee break

11:00-12:30—Overcoming Challenges in the Psychotherapeutic Process

12:30-13:30—Lunch

13:30-15:00—Working Psychotherapeutically in a Contested Space: Overcoming Challenges

15:00-15:15—Break

15:15-17:00—Where Next for Psychotherapeutic Approaches?

Closing remarks