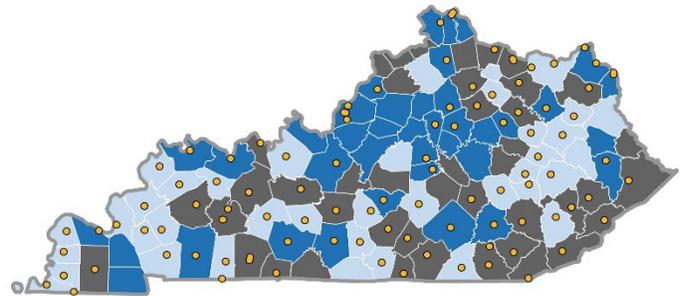


Kentucky Cabinet for Health and Family Services

The Kentucky Cabinet for Health and Family Services (Kentucky Family Planning) is a state-level agency that has been a Title X grant recipient since the 1970s. Kentucky Family Planning oversees subrecipients and service sites who operate city or county health departments, federally qualified health centers (FQHCs), and FQHC look-alikes.¹

Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 46,524
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 16,772 (56%); all FP users with incomes below 250% of FPL – 21,544 (72%)
- ▶ Number of tests performed for gonorrhea – 10,321, syphilis – 2,236, and HIV – 4,057
- ▶ Number of female users who received a chlamydia test – 9,046 or a Pap test – 4,906



• Clinic locations

Pop. per sq. mi. Less than 40
 40 - 84
 85 or more

Overview of Services Offered

As a Title X recipient, Kentucky Family Planning provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the Kentucky Family Planning network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Pre-conception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ● FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ● STI and HIV treatment ● STI self-testing ● Expedited partner therapy ● PrEP counseling and risk assessment ● PrEP prescription services ● PEP counseling ● PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ● Screening for cervical cancer ● HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ● Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



Kentucky Family Planning has developed strategies to make it easier for clients across the state to access care. For example, the grantee collaborated with harm reduction programs to provide Title X services (including same-day services for longer-acting contraceptives) to program participants. In addition, two subrecipients are working to launch mobile health clinics to increase rural populations' access to family planning and other health care services. Within the next year, one local health department plans to launch a mobile health clinic that will travel to horse farms to reach migrant populations that otherwise cannot make appointments to obtain contraceptives or other health care during the workday. Also, an FQHC plans to launch a mobile clinic to a rural area with limited access to family planning services.

Innovations in Practice



Kentucky Family Planning uses its local advisory groups to get input from people who are broadly representative of communities served by the Title X program across the state. Input from communities covers the development, implementation, and evaluation of services and education. For example, one community advisory group shared how clients would benefit from convenient access to free condoms in exam rooms, and the service site promptly implemented this suggestion. The service site reported that the availability of free condoms has created opportunities for staff to initiate conversations with clients about contraceptives and Title X services more broadly. In addition, Kentucky Family Planning collaborated with a statewide advisory group to develop tools to inform and educate service providers on how to connect with and serve adolescents. One tool is an adolescent-friendly survey that will gather information to assess the types of services adolescents need, how they prefer to receive services, and their current understanding of contraceptive and reproductive health.

Did You Know?



Kentucky Family Planning continuously finds opportunities to use feedback from subrecipients and service sites to improve service delivery. For example, based on subrecipient feedback on the availability of data, the grantee revamped its state website to display an interactive map that includes data on family planning, such as teen birth rates, social vulnerability index, and STI rates for each county. Each subrecipient may use the interactive map to better understand its community. The interactive map also fosters cross-site collaboration and problem solving. Subrecipients can visualize how their community compares to surrounding communities, the state, and the country.



Kentucky Family Planning partnered with two entities—the Kentucky Nursing Office and the Sexually Transmitted Disease Prevention and Control Program—within the Infectious Disease branch to assist with the launch of the Expanded Role Registered Nurses (ERRN). This role was created to improve the quality of STI testing, address staff capacity issues, and strengthen overall access to FP services, even when a physician is not available. Through this partnership, registered nurses are eligible to receive STI ERRN training that follows Centers for Disease Control guidelines.



Kentucky Family Planning has invested time to strengthen its relationships and communication with subrecipients and service sites by holding monthly "lunch and learns" that cover topics ranging from service delivery to data collection. For example, one lunch and learn focused on strengthening community engagement to effectively and equitably gather client input to inform program improvements. During the meeting, subrecipients and service sites shared barriers and successes in community engagement and worked together to problem-solve their concerns. In addition to creating an opportunity for the grantee to strengthen Kentucky Family Planning's relationship with each subrecipient and service site, the collaborative structure of the lunch and learns creates an opportunity for subrecipients and service sites to strengthen their relationships with one another in small groups.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

Grant number: FPHPA006518

Website: <https://www.chfs.ky.gov/agencies/dph/dwh/Pages/familyplanning.aspx>