

G-STARRAL Largest selection in Houston NOW AVAILABLE at W/N Style Lounge 3407 Montrose Blvd

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NO! Ma'am

# publisher's letter



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### INSIDE THIS ISSUE

Dear abOUT Readers,

Is it true when they say third times is a charm?
I hope so! This is our third issue,and I believe it's a good one. The abOUT staff has been going crazy with events for Pride month.

Rokk or "Rock the Runway" an official Pride Houston event held at South Beach the Friday before Pride was awesome. Last years event hosted by Guava Lamp, that I personally created, definitely left some mighty big shoes to fill. High five to the SoBe crew! Good Job.

Rising Star, hosted by F Bar, was another stop and that was crazy- Good Crazy!
Rainbow on the Green was a massive success! The staff at Pride Houston should take note how to produce a crowd pleasing kick-off and festival.

Vue Nightclub hosted a pretty sweet Pride After Party/Hours event.-The Wave shuttle was a great idea on parking.

Im not sure what to think of the new parade time, the festival or the Pride Board, but I do know the Pride Volunteers did a wonderful job working many hours to produce OUR parade.

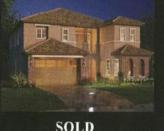
As always-Thank you to the community for supportting abOUT Magazine.





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The Best of Non-Profits is abOUT Magazine's way of giving back by spotlighting the foundations that provide wonderful services and programs to the community. Many have not heard of some the organizations we will be talking about, but that's the point. We want to educate you as a reader so you will be more knowledgeable about what organizations are out there. Who knows, you may be in need of them at this very moment. There is a 5-star rating system we have developed to let you know which non-profits really stand out.

I know when I started this issue that I honestly did not know what any one non-profit actually did. I had the opportunity to sit down with quite a few of them for some one on one face time. Even being able to tour facilities that I knew existed, but had no idea what was in

By: Chris Munoz

I want to start off with my tour of Legacy Community Health Services... Eric Roland, Senior Director of Marketing & Communications, helped give me insight as to what Legacy was about. I was amazed as to how many clinics they own and operate---five to be exact. Their services range from HIV/AIDS Testing and Counseling, Psychiatry, OB/GYN and Pediatric Services. With having a stigma of being an HIV/AIDS clinic, people were afraid to be seen walking into one of the original buildings of the Montrose Clinic (still at 215 Westheimer, but now known as The Legacy Community Health Center) because they did not want to be labeled. Legacy is hoping that when their new 40,000 square foot building is operational, the stigma will be broken. (For a more in depth tour please see the two-page spread)

The next tour I was able to take was with Sally Huffer of The Montrose Counseling Center (MCC) located at 401 Branard Street (2nd Floor). Once again, I was blown away by all the programs and services this organization offers. They have a 3-story building that houses an array of surprises. The second floor is the actual Montrose Counseling Center which offers various programs such as: Life Counseling, HIV Counseling, Anti-Violence Services, Gay & Lesbian Swithboard Houston, SPRY Senior Services, Outpatient Chemical Dependency Treatment, Youth Services, Case Mangement, Education, Prevention, Outreach and Employee Assistance Program.

Enjoy reading the following our Best of Non-Profits

continued on pg 19



# LEGACY

COMMUNITY HEALTH SERVICES



WHAT A
MIGHTY CARBON
FOOTPRINT

BY: CHRIS MUNOZ

Founded in 1978, Montrose Clinic became a 501(c)3 non-profit organization in 1981 which was to only provide STD testing and treatment to gay and bisexual men. It rapidly expanded to make available education, social services and medical care for HIV/AIDS. When Montrose Clinic merged with The Assistance Fund in 2005 Legacy Community Health Services became the champion it is today.

Being recognized as a Federally Qualified Health Center (FQHC) in 2007, allows Legacy to provide health care to low-income patients on a sliding scale fee or at no cost. The FQHC program permits the organization to be reimbursed by Medicaid and Medicare at higher compensation rates to help fund the facility's demands. The FQHC program was born from President Lyndon B. Johnson's War on Poverty campaign in 1964.

Legacy Community Health Services operates as a Federally Qualified Health Center which translates into a non-profit facility with many clinics located here in the Houston area. Having roots with the LGBT community, Legacy has expanded its services to not only to the LGBT community but any race, creed, sexual orientation, gender or age and is welcoming all to become part of their legacy. The services offered vary from clinic to clinic as they strive to tailor and meet every area's need where they are present. With partnerships with various other health organizations. Legacy is quickly becoming a staple in health care management. Being part of the community and having a positive influence in general and primary health care has pushed Legacy into the spotlight of providing quality affordable health care for the public.

as a Federally Qualified Health Center



"We give away a million dollars in services a year," as stated by Legacy's Senior Director of Marketing & Communications, Eric Roland. Legacy has the ability to do this through various grants, donations, and money brought in by fundraising events.

With five locations in the Houston area: Legacy Community Health Center, Southwest Clinic, Baker-Ripley Clinic, Lyons Avenue Health Center, Eye Clinic & Wellness Services, each clinic is specific as to which services it provides. "We tailor the services to our community...we provide the services based on the need," Roland states as he guides me through three of the five of Legacy's clinics.

Housed in a former apartment complex that was known for being a "cruise" spot, The Legacy Community Health Center (located at 215 Westheimer in the heart of Montrose) provides Primary Health-care as well as: STD Screening and Treatment, Family Planning, HIV Testing and Counseling, Social Services, Vaccinations, Psychiatry and a Walgreens Pharmacy. The services offered are not limited to being bound by the facility itself. A team of qualified health professionals take to the streets and set up mobile testing sites at many of the local bars to test for HIV and other STD's.

Originally run by Christus Medical Group, The Southwest Clinic (located at 6441 High Star) provides Pediatric Care as well as: Obstetrics/Gynecology (OB/GYN), Vaccinations/Immunization, Education and Outreach. Christus owned and operated the facility for 18 years and invited Legacy to take over its operations in 2010. Legacy continued to offer all services without interruption. The building is gearing up for a major renovation that details the flow of how patients checkin/check-out, grouping alike services and adding needed space to existing exam rooms.

Within the Baker-Ripley Neighborhood Center, The Baker-Ripley Clinic (located at 6500-B Rookin at Sandspoint) provides Family Practice/Primary Healthcare as well as: Psychiatry, Counseling, Family Planning and a Dental Clinic. This facility contains an ambience of being up to date and state of the art. This is a testing site for Legacy's next step into the future with an implementation of electronic medical records.

A new 40,000-square-foot clinic is under construction in Montrose at 1415 California St. and is nearing completion. The new clinic in Montrose is designed to meet the growing need of quality comprehensive health care for the uninsured and underinsured in the Houston community. It will merge three of its locations into the new building (The Legacy Community Health Center, Eye Clinic & Wellness Services and its current corporate headquarters.) It will house eight specialty clinics, ten social service programs and four health education programs in lieu of 25 exam rooms, a dental clinic, eye clinic, pharmacy, and a courtyard with seating and over 130 parking spaces.

"I couldn't do it on my own," says the mama of 2-year-old twins Max and Emme with music man husband Marc Anthony. "I could barely leave the house this morning without missing them so much."

# Jennifer Lopez

It's been a long road to stardom for J. Lo since her start on the TV comedy In Living Color. From there branching into acting with the 1995 action-thriller Money Train. Her leading role came after the tragic murder of Tejano Superstar Selena, which showcased her dancing and musical side- Just two short years later she released her debut studio album On the 6, spawning a number one hit single "If You Had My Love."

Returning to the music world after a break, releasing her seventh studio album titled *Love* in April of 2011. Its single "On The Floor" is currently smashing the charts worldwide.

Jennifer Lynn Lopez aka "J. Lo" or "Jenn" used by her close family and friends was born July 24, 1969 in the Bronx, New York. Both of her parents are Puerto Rican. After graduation from high school, Jenn financed singing and dancing lessons for herself from the age of 19. From working at a law firm as a notary public (someone has a legal document out there with J. Lo's signature), dance classes and dance gigs in some of Manhattans nightclubs, she got a lucky break as a back-up dancer for New Kids on the Block and later for Janet Jackson.

#### American Ido

It was June 2010 and Ellen DeGeneres was out- from American Idol. Speculation was building that Jenn was in talks to join the 10th season of A.I., but then new rumors surfaced that because of her demands and diva requests she was out. "Jenn is in no way a diva" says American Idol producer Nigel Lythgoe. "I've worked with her on several projects and I have never yet seen her be a diva." It was not till Jenn and her Superstar husband Marc Anthony were set to be involved with the new premiere of The X Factor, did A.I. release a statement that J. Lo would indeed become a judge.

Has being on American Idol made you re-think your own music career at all, constantly thinking about those people on stage singing for their life?

"It hasn't. It didn't make me re-think anything, really: I kept doing what I was doing, and Idol just got added into the mix. I'm sure all those people watching doesn't hurt! [laughs] But at the end of the day, it comes down to the music: either they do like it, or they don't. I'm just happy they like it".

#### Philanthropy

Jenn has shown she cares. In 2004 the Children's Hospital of Los Angeles presented her with the Children's Humanitian Award. She is a regular at the red carpet event. Plus many more causes.



#### Personal Life

Jenn has had plenty of media attention in her personal life. Before marrying Marc Anthony, she was linked to Ben Affleck, Sean Combs, Cris Judd and many others. Many say she is a Taylor Swift, just of a different genre! Jenn, who cowrote much of the new album, says she drew heavily from past experiences when penning the lyrics but won't name names. "I would never speak about specifics in my own relationships because I think it's tacky," she says. "If you seriously want to know, listen to the music."

#### Marriage to Marc Anthony:

"Everything is great about my marriage. First and foremost, we love each other, truly love each other in a way that's very deep and meaningful, not in a superficial sort of way. There's a deep respect, admiration and love for each other. We honestly believe that we make each other better people... We force each other to be better, and I think in a relationship, that's how it should be. You shouldn't be with somebody if he makes you feel less than who you are."

# And as for love with Marc Anthony... any light you can shed on that topic?

"Well, you're going to love this. When I was pregnant, I was really uncomfortable. I would lay on one side and there was a baby. I'd lay on the other side and there was a baby. I had this big pregnancy pillow that was very firm and hard. Mark still sleeps with it to this day. He travels with the pillow!"

### How have your children changed you as an artist?

"You can't help but be more thoughtful and more aware after you have kids. I think they've made me feel things in a deeper way and that's enhanced my work. My job deals with feelings, emotions, and expressing them, so I think my kids have actually helped me be better at what I do. I feel more confident when I'm working than I ever did before because you have that deeper understanding of life, and that introspection really helps me be better as a writer, singer, actor, whatever. They've made me feel things in a deeper and more profound way than I ever did before."

### Of all your talents and successes, what do you most want to be remembered for?

"I want to be remembered as a symbol that you can accomplish whatever you want and that you don't have to be just one thing. You don't have to be labeled. Life is there to be eaten up by you — it's your choice."

by: Cade Michals







#### AIDS Foundation Houston

AIDS Foundation Houston, Inc. (AFH) is a 501(c)(3) nonprofit corporation founded in 1982 as Texas' first organization dedicated to HIV prevention education and services. Their mission is to create positive social impact through the innovative management of HIV/AIDS and other chronic diseases.

#### AssistHers X

AssistHers is a volunteer organization formed in 1996 to provide non-medical in-home support and care to lesbians with illnesses such as cancer, fibromyalgia. HIV/AIDS and multiple sclerosis. Volunteers work together to provide transportation and care to help clients remain in their own homes.

#### **Bayou City Boys Club** BC/BC 0-0-0-0-

Founded in 1993, Bayou City Boys Club is dedicated to raising funds for providers of HIV/AIDS, public education, patient care and research. With their popular fundraising event titled Jungle Party, it was always held the night before Easter Sunday. This year they are redesigning the whole concept and moving the event to October 9th from 1pm-6pm at Jones Plaza in downtown Houston.

#### Bering Omega

Bering Omega began in 1986 thanks to the tremendous efforts of volunteers from Bering Community Service Foundation and Omega House. Established to address the staggering challenges posed by a completely new and frightening epidemic, these caring people were charged with the task of decreasing the deaths from HIV/AIDS and improving the lives of those infected with this incurable disease.

In 1986, the Omega House, a residential hospice, was founded to provide a safe and caring environment for people living through the final stages of HIV/AIDS. Since its inception, Bering Omega has grown and evolved to meet the changing needs of our community. Today, there are four core programs offered free of charge to their clients. They consist of an oral health program, housing assistance program, day treatment center and their residential hospice, Omega House.

#### Bunnies on the Bayou

#### 0-0-0-0-0-

Founded in 1979, Bunnies on the Bayou is dedicated to raising and distributing funds for various charitable, educational and cultural programs that seek to improve the qual- Gulf Coast Archive and Museum ity of life for individuals in our community as well as to promote education and awareness of individual human rights. Every Easter Sunday they host am outdoor party at the Wortham Center in downtown on the Buffalo Bayou.

(see the Bunnies in Heat Ad )

#### Delta Phi Upsilon

The first Black international Fraternity for gay men composed primarily of a diverse group of gay men of color. Delta Phi Upsilon Fraternity has, over the past 26 years, developed educated men who put their individual and collective talents and skills to work to promote human kindness, positive relationships among fellow gay men, and a moral standard of the highest ideal. Delta Phi Upsion has met the challenges of the past two decades and continues to reign supreme in its quest of "service to our kind."

#### Dignity Houston

DignityHouston is an inclusive community of GLBT Catholics and their friends in Houston, Texas. Established in 1974, they have met for prayer and religious services every Saturday evening for three decades. All are invited to their gatherings. Join them on Saturdays at 7:30 p.m. for their religious service and social hour.

#### Front Runners Houston

FrontRunners Houston is a group of gay and lesbian runners in the Houston, TX area. They meet once a week for a three mile group run: Thursdays at 6:30PM. The run begins at the 0/2.9 mile marker on the running trail in front of the Tennis Center in Memorial Park. Other events include: monthly social at Guava Lamp (first Friday of every month), local and out-of-town races and pre-Houston Marathon group dinner.

Gulf Coast Archive and Museum of Gay, Lesbian, Bisexual and Transgender History, Inc. was created to collect, preserve and provide access to historical items from the GLBT community in the gulf coast area of Texas. The archive shall encourage educaion of and research by anyone (regardless of race, ethnicity, sexual orientation, age or religion), interested in learning about any aspects of the GLBT community.



#### HATCH TO THE

HATCH is dedicated to empowering gay, lesbian, bisexual, transgender, intersex, questioning youth and their allies, ages 13-20, to become positive contributors to society by providing a safe social environment for GLBTIQA youth, offering role models and peer support, and sponsoring educational and community outreach opportunities. Meeting are: 5-9 p.m. Tuesdays / 7-10 p.m. Fridays / 6-9 p.m. Sundays. Located at: GLBT Cultural Center 401 Branard St. 1st Floor

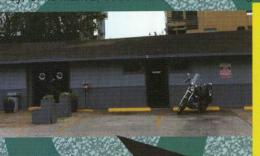
#### Houston Transgender Unity Committee

The Houston Transgender Unity Committee was formed in 1998 to bridge the gap between the various groups and organizations representing transgender persons in the Houston area, to promote unity among the gay, lesbian, bisexual and transgendered community, and to educate and advocate with open and horiest advocacy.

continued on page 29

# COMUNITYMENS

by: Chris Munoz, Cade Michals & Bill Clevenger



Read More News at www.abOUT-Online.com

#### TC's Facelift

Formerly Cousins, TC's Showbar located at Converse and Fairview has recently undergone a little cosmetic surgery on the outside of the building. All the old siding was removed and a stucco finish was added to complete the look of the building. This is the second renovation aside from when it was first taken over---plenty of flat screen TV's, a larger stage and a raised ceiling were just a few of the improvements made.

#### Don Julio's

After the failure of the grand return of La Strada and then the unsuccessful attempt by Café Bello, Don Julio's Mexican Restaurant is going to give it a shot and open its doors this summer. The building located at 322 Westheimer is a prime location since the closing of Felix's Mexican Restaurant. With its other three other successful locations in: Seabrook, Dickinson and Cypress, they are sure to make this one part of their empire.

# **EDMINUTY NEWS**

The New West and The Houston GLBT
Community Center announces new theater
program

The Group (Theatre Workshop) is back! After an absence of more than 20 years, the Workshop-which served as a "cooperative playground" for all things theatrical, met weekly in the mid 1980's and was a great success-returns on Monday evenings at the Center beginning July 11th from 7PM till 9.

www.theatrenewest.com

#### Betz Art Gallery: Art of Pride

An exhibition of local LGBT Artists gathered on June 16th to display an array of artworks to benefit AIDS Foundation Houston. A variety of contemporary, abstract and figurative mixed media were presented from: Christopher Bachers, Michell Huff, Aike Jamal, Randall Jobe, Johnathan Lopez, Duane Nowell and Max Zandau. Other sponsors included: F Bar, Enchanted Rock and Laurenzo's El Tiempo Cantina.

#### Super Place to Be...

Hollywood Super Center has been the go to place in the Gayborhood for all your needs for a while(Lubes, Movies and everything that could be good and naughty, tee shirts, and a very good card selection). They are located at the intersection of Hyde Park and Grant. If you have not been lately be sure to visit this great community business.





# NEW FOR MONDAYS

INDUSTRY NIGHT

52.25 Wells

52.25 Domestic Longnecks

### TUESDAY

5 1.00 YODKA 80's Music all night

### 

ROCK & ROLL NIGHT

Trivia & Game Night with Games

## THURSDAY

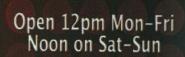
AMATEUR STRIP @ 11PM WITH HOST AND MARIE GILL \$2.75 DOMESTIC BEER

# WHERE THE PARTY BEGINS

TONY'S Coaa







# FRIDAY & SATURDAY

Happy Hour till 10Pm AMATEUR STRIP @ 11PM with host bind marie Gill

# SUNDAY FUNDAY

ALL MALE REVUE

SHOW AT 6PM 3.50 Jager shots 2.75 Domestic beers

# AND GOES ALL WEEKEND

713-571-7370 ST WEST DAULAS HOUSTON, TXX 77/015

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Legacy Community Health Services is a full-service community health center that provides comprehensive, primary healthcare services to all Houstonians in a culturally sensitive, judgment-free and confidential environment.

#### ALL HEALTHCARE SERVICES UNDER ONE ROOF

- Primary Care
- STD Screening & Treatment
- Family Planning
- On-site Pharmacy
- Psychiatry & Counseling
- Nutrition Counseling
- LGBT Specialty Care
- · Women's Health

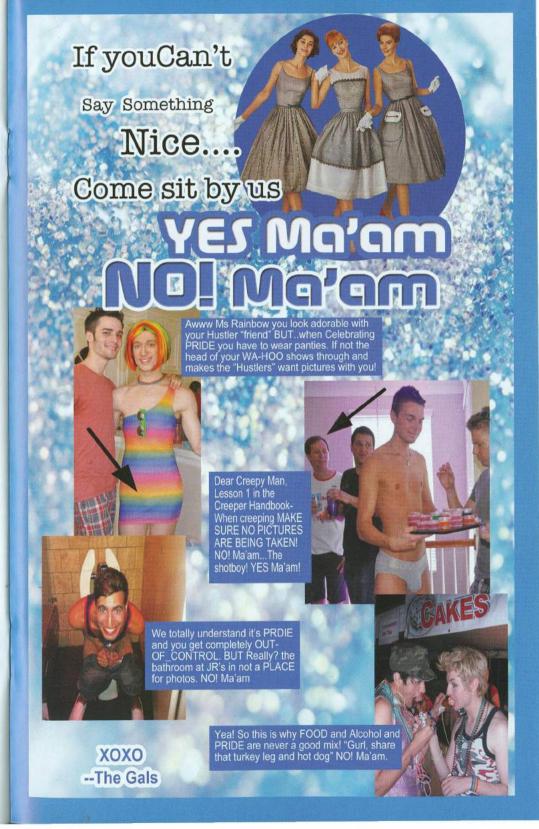
- Frost Eye Clinic
- HIV Specialty Care
- Social Services
- HIV Testing & Prevention
- Body Positive Wellness
- Dental (coming soon)
- Pediatrics (coming soon)
- Maternity (coming soon)



1415 California Houston, TX 77006

legacycommunityhealth.org

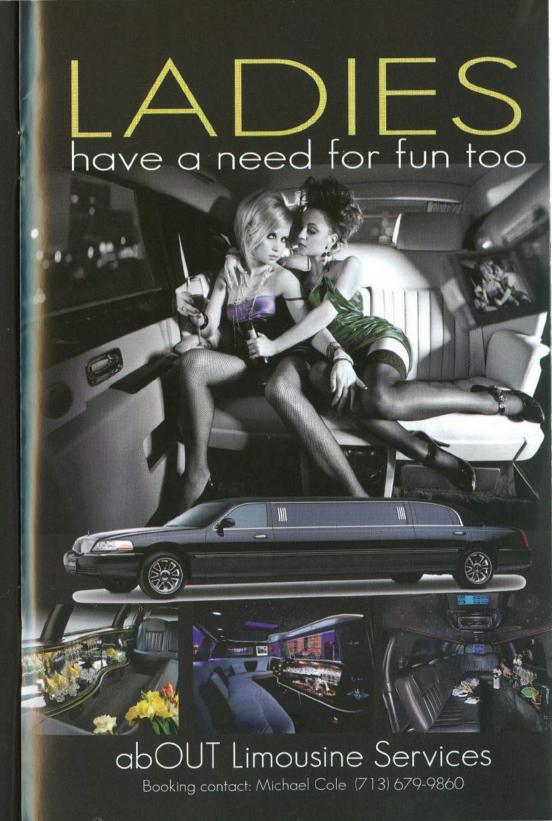
Celebrating 30 years of health services to the community!

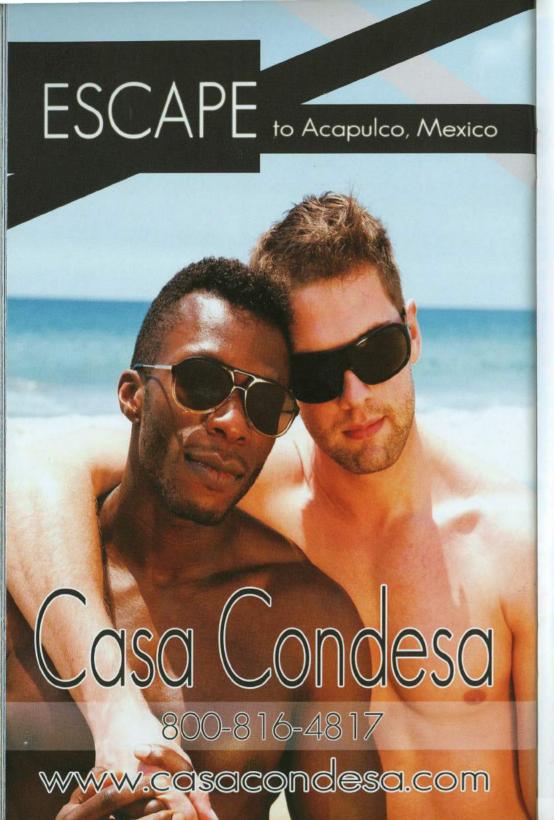


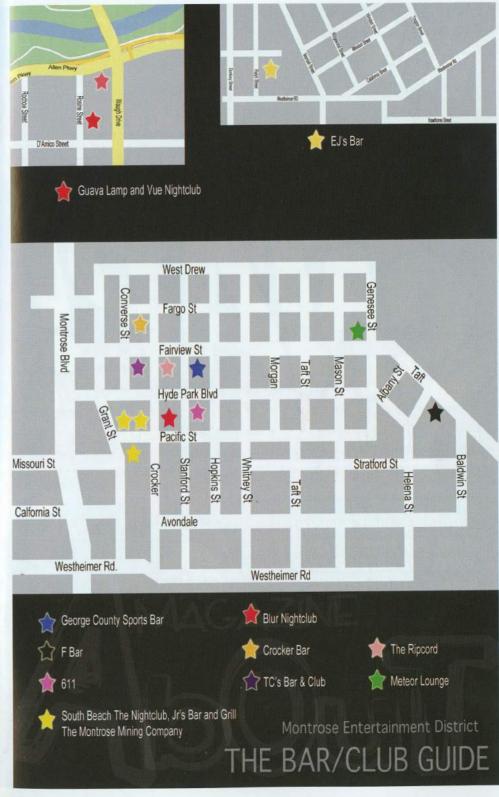
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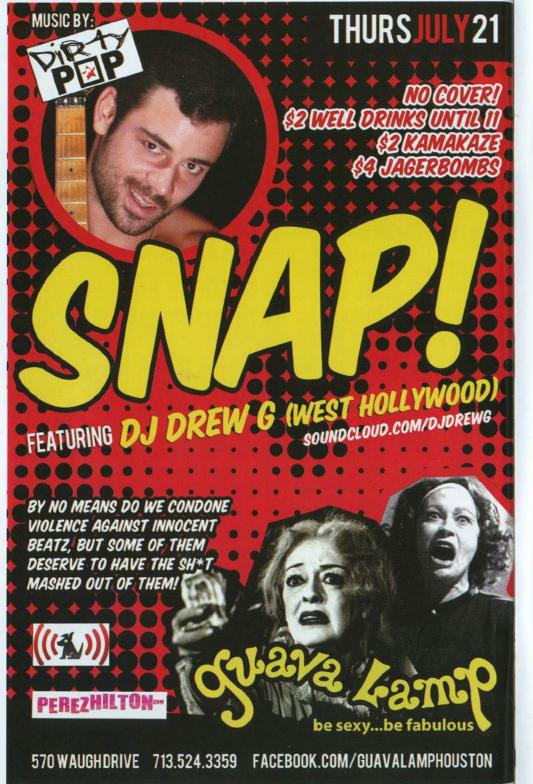
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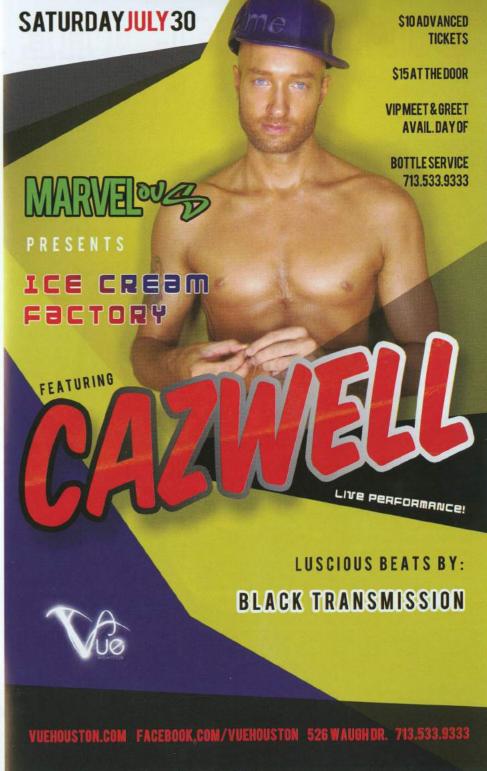
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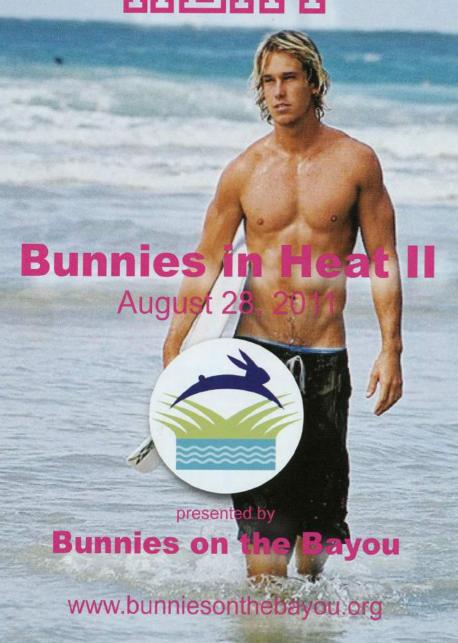








# COME FEEL THE HIEAT



#### International Gay Bowling Organization

IGBO, an international gay bowling organization, provides educational services, communication avenues and social opportunities to promote the sport of bowling and to enrich lives of individuals through leagues and tournaments worldwide.

Membership into IGBO is by invitation only.

#### **Keshnet Houston**

Keshet Houston is a social and spiritual organization for gay and lesbian Jews in the greater Houston region.

#### Krewe of Olympus

Krewe of Olympus-Texas, Inc. They are a Mardi Gras Krewe, now based in Houston, Texas USA, that started in New Orleans in 1970. They are one of the largest predominately gay Krewes in the United States. Their principal is aimed to present theatrical and educational events that perpetuate and continue Mardi Gras traditions and to raise money for community charities.

#### Lambda Center Houston

A radical new idea began taking root in the United States during the mid-1970's: 12-step meetings for alcoholic homosexuals. The first 12-step meeting of any gay group of alcoholics in Houston was held on February 3,1975. The five alcoholics attending agreed on a name, the Lambda Group.

#### Lesbian Health Initiative of Houston

In 1992, a group of Houston lesbians became aware of national research showing lesbians at increased risk for breast, lung, ovarian and other cancers, as well as heart disease and stroke. Determined to help reverse this trend, the Lesbian Health Initiative of Houston was formed.

#### PFLAG \*\*\*

PFLAG (p-flag) is a worldwide, non-profit, volunteer and community-based organization of parents, family and friends of sexual minorities.

Founded in 1981 by 25 parents, PFLAG now represents more than 80,000 members and speaks for thousands of others. Our purpose is to provide confidential help to families and friends to understand sexual orientation and gender identity while helping to raise awareness and acceptance.

continued from page 19

#### Pride Houston

Their initial goals are strengthening equality, building a stronger community and increasing public awareness of which their causes still reside at the core of their mission. The Celebration in June takes more than 10,000 volunteer hours to produce each year.

### Houston's Gay and Lesbian International Film Festival

The story of QFest begins in 1996, when a group of maverick arts organizations collaborated and created The First Annual Houston Gay and Lesbian Film Festival, better known as The HGLFF. QFest is a non-profit organization dedicated to promoting the arts as a powerful tool for communication and cooperation among diverse communities by presenting programs by, about, or of interest to the gay, lesbian, bisexual, transgender and queer community.

#### Montrose Softball League \*\*\*

The league began in 1980 as one of several sports organizations that operated under the umbrella of the Montrose Sports Association (MSA). In 1983 the league broke away from the MSA to form its own separate organization and renamed itself the Montrose Softball League. The league's general membership includes both playing and non-playing members as well as team sponsors.

#### SPRY

Seniors Preparing for Rainbow Years provides a variety of support services to GLBT persons who are age 60 and older, including assessment, peer support, counseling, and case management, and an ongoing schedule of social and recreational activities. SPRY provides training, consultation and advocacy for health care providers to the elder population to better enable them to serve the needs of GLBT seniors.



#### March 21 - April 20

Just like J-Lo's release of her fourth album Rebirth, on March 1, 2005, you too will debut a new strain of the influenza virus entitled "I Hate My Boss Strain" On the upside, you sneezing the virus into their face will secure you a nice raise. Your good luck animal is: the duck---quit quacking your gums so much

#### September 24 - October 23

Just like J-Lo's fifth English album Brave released or October 9, 2007, you too will be released from a fifth

#### April 21 - May 21

Just like J-Lo's releasing her first full Spanishanguage album. Como ama una Muier, in April 2007, you too will debut your official certificate stat Edition successfully. On the upside, you are now

#### May 22 - June 21

Just like J-Lo's debut album. On the 6, premiered on June 1, 1999, you too will debut into a waiting for tonight episodic seizure that will snap you back into reality. All that separating of all the brown M&M's from the others will simply disappear. On the upside, eating candy at the movies will just be

was released on May 3, 2010, you too will release yourself from that stalemate relationship that you have been contemplating for years. On the upside, you will get to keep the house and the honey badgers that you two adopted. Your good luck animal is: the unicorn—keep your dreams alive

#### July 23 -August 21

lust like J-Lo's break out role as Selena in August of 1997, you too will have a chance to break out nto a flash mob dance in the middle of the Galleri with an intricate dance routine to the song of Biddi-Biddi Bom-Bom." On the upside, your caree

II-endowed package well

#### August 22 - September 23

August 22 - September 23
Just like J-Lo's announcement on September 22,
2010 stating she will be joining American Idol, you
too will announce that you joined the Chihuahua
Club of America. On the upside, your dedication
will earn you their highest honor, you and your dog
will appear in a "yo quero Taco Bell" commercial. Your good luck animal is: the cockatoo---feel free

#### October 24 - November 22

1997, you too will premier you're YouTube video. itled, "my anaconda." On the upside, your new por-

#### November 23 - December 22

Me. . Then, that debuted on November 26, 2002, you too will debut that brand new set of dirty pillows you always wanted. On the upside, your Negative A-Cup turned Triple D-Cup will boost your self-esteem. Your good luck animal is: the bunny--mate appropri-

#### December 23 - January 20

Just like J-Lo premiering her perfume "Glow by J.Lo" the FDA successfully for the next year or so.

#### January 21 - February 19

Just like J-Lo's second alburn, J-Lo, debuted on January 23, 2001, you too will debut a new dance move titled "the wet noodle." On the upside, flailing your arms as if they are wet noodles while slowly

#### February 20- March 20

nixes, on February 20, 2002, you too will have a re-

here are many different ways to wear make-up, vision as an ART. For example, the everyday wearer would be considered a constructive art form because the make-up is minimal and placed properly. Runway make-up would be abstract art due to bold colors and random or unusual placement. The purpose of make-up s to enhance, polish, or transform your facial appearance. As I briefly note some DO's and DON'T's from a make-up artist's point of view, remember that the liberty to create and use make-up is totally yours.

#### Evebrows:

DON'T- A very common look for both males and females is a real clean brow. A huge DON'T is using a black color in the brows to create a fullness or definition. If so, you may answer YES to the question of looking like a clown.

DO - Brows should be the same as the hair color or very similar. Black/Brunette should use a deep brown pencil or powder to create a fuller/defined brow--- Same for red heads and blondes. Blondes can often be tricky being that the color is so light, in this case a soft brown would suffice and show against the skin.

#### Foundation:

#### DON'T- Ladies are most familiar in witnessing or experiencing this, but another DON'T in the eye of a make-up artist is being able to see a foundation line.

DO - The key factor in determining a good foundation match is simply dusting it onto the face and lightly below the jaw line and neck. This is also known as the mask. Follow this step in order not to look like a clown and make sure you have the correct foundation color.

# DO'S AND DON'S

#### Eyes:

DON'T- Remember the 80's when blue eye shadow and eye ner were very popular? Well it i ack and more vibrant! I would uggest being very careful with e placement of the blue. A nice even coat just on the eye lids mulating the shape of the eye Il is more than enough. Reason being, too much could become a clown factor. Think of Mimi from the Drew Carey show (a DON'T).

DO - Worn properly blue eye idow is a make-up DO! DO

#### Additional Words from a Professional:

As an artist, your desired look is your self-expression. If you would like to make your eyes pop or express color on your lips, you must discover what works best for you. A guide that I follow is the sculpting of a person's most prominent features to enhance or tone down. Knowing your facial structure and learning from trial and error is the best teaching method to become your own artist in your own way. No more second guessing if you look like a clown or n



In Between Men follows the lives of four friends in New York City living "in between" a gay world whose cliches they don't relate to and a straight world they don't belong. They are Dalton, Dane, Jacob and Ben; four attractive, successful men who refuse to be defined by their sexuality. Through wild adventures, racy storylines, joys and pains, In Between Men examines the relationships they share with one another, their colleagues, lovers, and the city of New York.

"In Between Men is not a show about men trying to be straight or denying their sexuality," says Quincy Morris, who in addition to being the series' creator, is also the head writer and executive producer. "The characters are proud to love themselves and other men."

Dalton, the lead character of In Between Men, is based on Morris. Like the series creator, he is a young man at the top of his game. He finds little in common with the superficiality of most guys in the city and struggles with a lonely love life, wondering if he should settle for Mr. Almost-Right or hold out for someone better.

The role of Dalton was originally intended for a black actor, but when few black actors showed up to the three Manhattan auditions. Morris gave the role to Nick Matthews. According to Morris, "playing Dalton came so effortlessly to him. Nick captured the vulnerability and the strength of Dalton."

#### How much of Nick is in Dalton?

Nick Matthews: Dalton and I share a lot of the same characteristics. I can identify with his ambition and integrity; his work hard, play hard mentality. I'm juggling several jobs right now while I pursue my dream of being a full time actor.

#### New York City plays a significant role in Dalton's life?

New York is the fifth character in our show. She is a silent character that speaks volumes; from the beautiful panoramic views of Central Park to the busy hustle and bustle on the streets, her presence is always there.

#### What led you to NYC?

Acting, but also for the freedom to be me.

Dalton's friends are important figures in his life. Do you have a tight knit social circle to rely on? I have my friends but I don't have any one group that is as tightly knit as Dalton's. I guess our show is

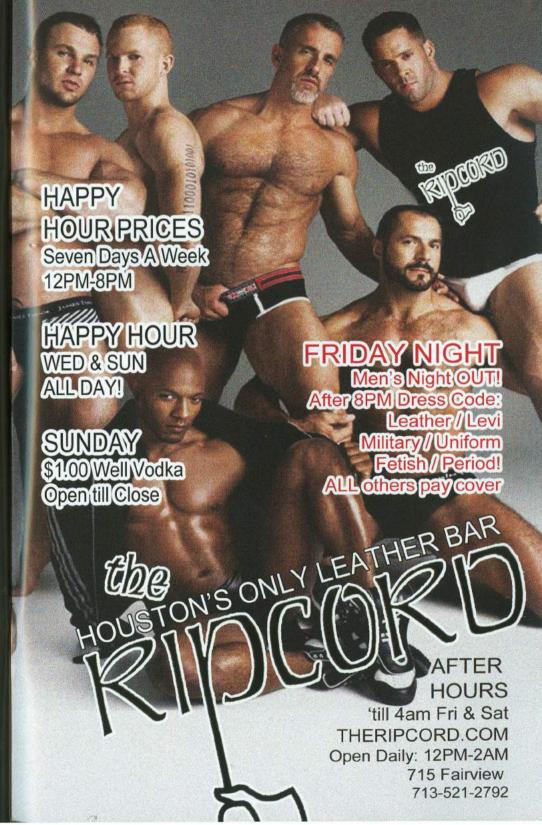


IN BETWEEN MEN also touches upon the prevalence of party drugs in the community. What has been your experience with drugs? I think most kids today experiment with drugs. It's

natural to gravitate towards something that makes you feel good.

I guess we'll see in the next season of IN BETWEEN MEN. With Dalton a year older, I expect new problems will arise. I guess I have to hope they do, or there won't be much of a show now, will there?

The first season of In Between Men viewable now www.inbetweenmen.com.



# GET REAL.

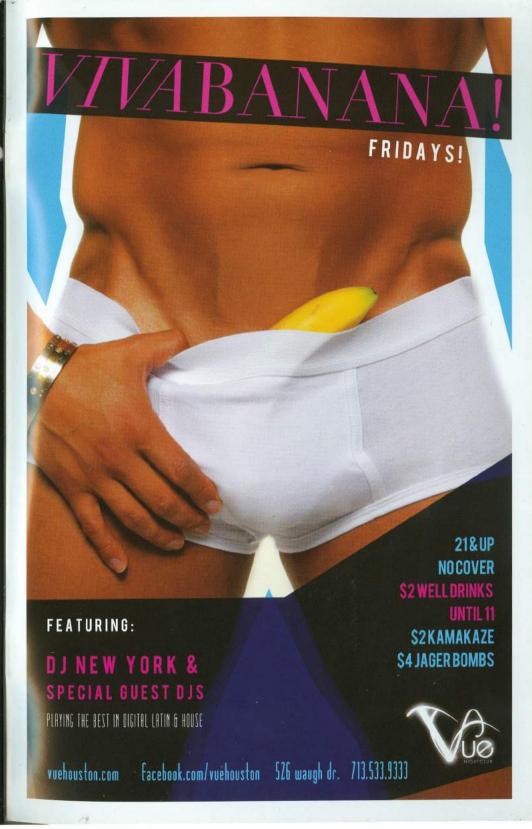
On Sunday June 26, 2011, I stood on the corner of 18th and Fifth Avenue, watching the New York Gay Pride Parade and feeling, for the first time, not just defiant but truly proud. It was a feeling that is hard to explain. A same-sex marriage bill known as the Marriage Equality Act passed the State Senate by a vote of 33–29 on June 24, 2011. Governor Andrew Cuomo signed the measure the same night, allowing the law to go into effect on July 24, 2011. The entire city was a huge rainbow and the empire state building was higher and gayer than ever. Our lives are finally getting Equal.

But now, what is my advice as a physician? To those men that are taking the steps to engage in a healthy relationship by either newly dating or something more committed as marriage---Safe sex for any couple is crucial all the time. Unfortunately, facts are often diluted or over exaggerated as to what the actual risks are when it comes to having a sexual relationship with a same sex partner. However in such a modern and progressive society this is no longer the case. What still remains is the lack of clear information regarding safe sex.

With more men living with HIV than ever before. it becomes incredibly risky to have sex without a condom. Yet everybody knows that condoms are essential for safe sex, that they provide a barrier between the semen and the other person's bodily fluids. This stops STD transmission in both same sex and heterosexual relationships. However, a standard latex condom is not designed for anal sex. They are designed for vaginal sex where there is a natural lubricant. The rectum does not secrete a natural lubricant and using a thin standard condom while engaging in anal sex is likely to tear and damage it, thus destroying its defense against STDs. There are special condoms on the market that are specifically designed for anal sex. These are thicker and sturdier than traditional condoms and can withstand the rigors of anal sex and still remain effective against STD transmission.

Here's what I recommend. If you are single and are sexually active, get tested every 3-6 months for the most commons STD's and use condoms every single time. If you just met him or you met him a long time ago and want to continue with him and you guys form a relationship, both of you should get tested right away. And you should do it together. I knew a couple that, when they first started being sexual together, made a date of going to get tested together. This is not just a question of you being worried about him, but that you want to demonstrate how much you care about each other by wanting to make sure that you and your man are healthy or that you want to take precautions in case that one of you gets a positive HIV test result. If you guys are negative, protect that!!!

Do it for you, do it for him, do it for us... Let's be Equal... Besos!!!!



By: Pedro González, MD