

DOCUMENT RESUME

ED 389 934

CE 070 479

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 TITLE Family and Consumer Science (Home Economics) Education References.
 INSTITUTION Pennsylvania State Univ., University Park. Dept. of Agricultural and Extension Education.
 PUB DATE 95
 NOTE 19p.
 PUB TYPE Reference Materials - Bibliographies (131)

EDRS PRICE MF01/PC01 Plus Postage.
 DESCRIPTORS Child Development; Child Rearing; Classroom Techniques; Clothing; *Consumer Education; *Consumer Science; Family Environment; *Family Life Education; Food; *Home Economics; Hygiene; Interpersonal Relationship; Learning Activities; Nutrition; Recycling

ABSTRACT

This document lists a total of 141 family and consumer science (home economics) references that were gleaned from popular press periodicals dating from December 1, 1994, to December 15, 1995. The references are organized by the following categories: child development, consumerism, grooming and clothing care, home environment, personal relationships, presentations, recycling, foods and nutrition, textiles and clothing, and miscellaneous. Among the periodicals represented are magazines devoted to children's crafts, adult crafts, homemaking, family life, child care/parenting, consumer education, teenage life, home decorating, diabetes, creative classroom techniques, sewing, cooking, quilting, and parenting. The articles cited range from crossword puzzles to instructions for completing specific projects/recipes to specific guidelines for purchasing specific products to general guidelines on consumer-related topics and parenting-related topics such as cultural enrichment and building self-esteem. (MN)

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FAMILY AND CONSUMER SCIENCE (HOME ECONOMICS) EDUCATION REFERENCES

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The following references were gleaned from the popular press periodicals dating from December 1, 1994 to December 15, 1995. This list was developed for PENpages by Jan Scholl, Associate Professor at Penn State University, University Park through the assistance of PA Cooperative Extension offices. We hope you will find this list useful to you.

CONTENTS

Topic	Page(s)
Child Development	1
Consumerism	2
Grooming, Clothing Care	2
Home Environment	2-3
Personal Relationships	4
Presentations	4
Recycling	4-5
Foods and Nutrition	5-10
Textiles and Clothing	11-18
Miscellaneous	18

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070 479

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130. Yamarone, R. Can-do dinners. FAMILY CIRCLE, February 1, 1995, 14, 116, 118.
131. Yamarone, R. Kid pleasers. FAMILY CIRCLE, June 6, 1995, 92, 94.

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5. Bandanna bonanza. WEEKEND CRAFTS, Vol. 5 No. 1, 32-33, 77-79. Easy to make pillows from bandannas.
6. Bands and bindings. THE SEWING SAMPLER, April 1995, 4-7.
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8. Barnabee, S. Wheel genius. SEW NEWS, Sept 1995, 71. Make a cover for an automobile steering wheel.
9. Barry, E. First impressions. SEW NEWS, February 1995, 38, 40, 41. Putting together an interview outfit, plus interview tips.
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24. Brazel, L. A place for imagination. CRAFTING WITH KIDS, Summer 1995, 6-7.
25. Brown, G. Serging forum. SERGER UPDATE, October 1995, 3.
26. Burch, J. Quilting with kids. QUILTING, November 1995, 56-58.
27. Calling all (kid) chefs. CREATIVE KIDS, May/June 1995, 26-27. (Also see the pizza maze on page 29.)
28. Candela, A. Stealing from the tie racks. THREADS, June/July 1995, 32-35.
29. Carlson, R. Homespun hobby. NEW MOON, Nov/Dec 1995, 18-19. A young girl talks about her quilting hobby.
30. Coffin, D. The pros on pressing. THREADS, January 1996, 40-43.
31. Collinsworth, D. Easter basket pin. PACK O' FUN, April 1995, 61. Learn the basics of weaving while making a pin to wear!
32. Cook, J. Velcro's wool. PACK O' FUN, April 1995, 46-49. A poem, a story, care instructions, and illustrated steps for making a wool yarn and wool products.
33. Cook, J. The mighty bodkin. PACK-O-FUN, June 1995, 44-46. A really cute story and limerick about how bodkins can be used.
34. Creative viewpoints. SEWING TODAY, Winter 1995, 8. Embellishments. Using scarves to make a patchwork muffler. Ideas to apply to various projects.
35. Critter clothes, PACK-O-FUN, June 1995, 26-27. (Decorate shirts!)
36. Crosthwaite, M. How to read a pattern. THE SEWING ROOM, April 1995, 8-11.
37. Cummins, C. Snap to it. SEW NEWS, August 1995, 18. Types of snaps and how-to apply them.
38. Cummins, C. Serger drama 101. SERGER UPDATE, March 1995, 7. Make an educational theater and puppets!
39. Cummins, C. Serger sampler. SEW NEWS, February 1995, 20-24. Basic serging techniques to create a sampler.
40. Dakar, A. The inner face. SEW NEWS, Sept 1995, 52, 54-5. Interfacing tips, types and tests!
41. Deckert, B. Collar couture (tailoring). SEW NEWS, Jan 1996, 50-2.
42. Dunn, S. Designing thought and action. LEARNING, August 1995, 52-3. Integrate language, math, science and the arts while children investigate design and create. Puppets and other ideas.

43. Estes, E. The hundred dresses. AMERICAN GIRL, May/June 1995, 34-41. (From the book by the same name. Story teaches celebration of different types and backgrounds of people.)
44. Fabric painting (easy reference chart). CRAFT AND WEAR, May 1995, 37.
45. Fall, C. Hanger covers and sachets. QUILTING FOR CHRISTMAS 1995, 4, 52-3. Easy to make closet accessories.
46. Fall, C. Heart and holly makeup bag. QUILTING FOR CHRISTMAS 1995, 4, 8-9.
47. Fard, N. Easy (garter) stitch scarf. PACK O' FUN, February 1995, 19.
48. Fit to be tied. FAMILY CIRCLE CHRISTMAS HELPS 1995, 107.
49. Franklin, L. Puttin' on the glitz sunglasses. MICHAELS ARTS AND CRAFTS, 75.
50. General Techniques. SEWING DECOR. August 1995, 53-55. Illustrated techniques including creating continuous bias (excellent chart with amount created based on width of fabric and cut with of bias), mitered corners, perfect pillow corners, and welting edges.
51. Ghost, A. Know your knits. SEWING UPDATE, June/July 1994, 4-5. Pictures a variety of knits used in garments and explains knit construction in an easy-to-read format.
52. Giesbrecht, Myrna. Sew organized. VOGUE PATTERNS, March/April 1995, 28, 29, 31, 84. An especially good section on ergonomics.
53. Gift bags. MARTHA STEWART'S LIVING, Dec/Jan 1996, 38.
54. Giordano, J. An apron for all seasons. THREADS, January 1996, 60-62. A really useful apron that can be used so many ways!
55. Good things: Buttons. MARTHA STEWART'S LIVING, February 1995, 32. Rings, tacks and boards--things to make with buttons!
56. Gosch, A. Warm up to recycled remnants. SEWING UPDATE, September/October 1995, 7. (Pieced scarf).
57. Gosch, A. Sweater savers. SEWING UPDATE, December 1995, 68-70. Recycling ideas with sweaters. For intermediate to advanced sewers.
58. Hand sewing sampler. SEW NEWS, May 1995, 58, 60, 61.63. An illustrated guide to basic stitches.
59. Hanson, R. My first mittens. FAMILY FUN, December 1995, 146-148, 150. Story, materials, and ho-tos for you and a child.
60. Hart, L. Two hats in one. THE SEWING ROOM, April 1995, 14-17. A nine-year old girl makes a reversible hat from a simple pattern.

61. Hastings, P. One hour two-in-one tote. SEWING TODAY NEWSLETTER, Summer 1995, 8. Reversible tote.
62. Hatch, L. A tinge of fringe. HIGHLIGHTS FOR CHILDREN, November 1995, 4. Fringed bandana.
63. Heat Raves. SERGER UPDATE, June 1995, 7. Directions for making one of those smancy heat wraps that conform to the neck, arms, etc. The wraps are made from tube socks and heated in the microwave.
64. Hegdahl, T. Breakfast mat, CRAFTING WITH KIDS, Summer 1995, 9. Place setting on placemat.
65. Hedgehog pincushion. FAMILY FUN, Sept 1995, 32. Fun, handy tool.
66. How to buy a jacket. CONSUMER REPORTS, March 1995, 136-141.
67. Hunt, P. Sewing and quilting notions organizer. CRAFT AND WEAR, September 1995, 8. Use a closet shoe bag with clear pockets.
68. Inverso, T. Quick to make (felt projects). THREADS, Nov 1995, 76.
69. Joyner, L. Closet cases. SOUTHERN LIVING, January 1995, 80-83.
70. Kaczmarek, J. Recycled blues (jeans). PACK O' FUN, February 1995, 30-1, 62.
71. Kids mitts. FAMILY CIRCLE CHRISTMAS HELPS, 102-3. Mittens from recycled sweaters.
72. Klein, M. Wrap and roll. SEWING DECOR, November 1995, 22-24, 26. Make a gift wrap organizer for a closet.
73. Kunkel, K. Sew to Win. SEW NEWS, June 1995, 36, 38-40. Tips on sewing for fairs.
74. Layered nails made easy. GLAMOUR, May 1995, 234-237. Mixing nail polish colors can make new colors.
75. Life size dolls. FAMILY FUN, January 1996, 28. Easy to make.
76. National 4-H Fashion Revue, 1994 (report). MCCALL PATTERNS, Summer 1995, 8-9.
77. No body's perfect. FAMILY CIRCLE, February 1, 1995, 86-91.
78. Overhaul your overalls. FAMILY FUN, September 1995, 32.
79. Pirrone, R. Classy bookmarks, PACK-O-FUN, June 1995, 17.
80. Porch pleasures. FAMILY CIRCLE, 5/16/95, 106-107, 139. Bandanna projects; chairpads from jeans.
81. Professional hemming review. SERGER UPDATE, September 1995, 7.
82. Quick to make. THREADS, November 1995, 76. Felt projects.
83. Raasch, L. Button art. SEWING UPDATE. May-June 1995, 4-5.

Designer ways of sewing on a button!

84. Raasch, L. In the loop. SEW NEWS, Nov 1995, 38, 40-43. A new "turn" on pinwearing.
85. Read, J. Low-vision sewing. THREADS, May 1995, 8.
86. Rice, N. Sock serge. SERGER UPDATE, Sept 1995, 4-5. Make easy fleece socks for).
87. Richards, P. Bucket buddy. SEW NEWS, March 1995, 8, 10. A gardening bucket organizer to sew.
88. Robinson, F. The zipper (fiction). HIGHLIGHTS FOR CHILDREN, November 1995, 6-7.
89. Roehr, M. Reviving tired waistbands. THREADS, October/November 1995, 49-51.
90. Roehr, M. Lining an unlined jacket. VOGUE PATTERNS, July/August 1995, 24-25, 74.
91. Rogers, M. Memories of motherhood: A Victorian shadow box. May/June 1995, 24.
92. Rogers, M. Sandpaper shirt. MICHAEL'S ARTS & CRAFTS, Sept/Oct 1995, 84. A new way to decorate a t-shirt with fabric crayons.
93. Russell, S. Back to school. SEW NEWS, October 1995, 20-23.
94. Russell, S. The hole story. SEW NEWS, March 1995, 34-37. Basic ways of making button holes and creative ways to use them.
95. Russell, S. Placket pointers. SEW NEWS, Sept 1995, 48, 50.
96. Saunders, J. Mastering machine maintenance. SEWING UPDATE, March-April 1995, 4-5.
97. Saunders, J. Pillow-talk--Simple serged slipcovers. SERGER UPDATE, May 1995, 4-5. Use old shirts and other ideas for pillows.
Scorgie, J. Designing easy patterns to fit any body. HANDWOVEN, MARCH/APRIL 1995, 37-41, 43.
98. Serger Maintenance Check: At home remedies. SERGER UPDATE, July 1995, 6.
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100. Seven easy (wardrobe) pieces. REDBOOK, January 1995, 78, 80.
101. Seven Fast-Fixes For Last Minute (grooming) Disasters. WOMAN'S DAY, 11/21/95, 67.
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105. Shepard, K. Teepee camp-out. MICHAELS ARTS AND CRAFTS, May/June 1995, 86-7. Make a fabric teepee.
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111. Soto, A. Tender care for clothes. VOGUE PATTERN MAGAZINE, January February 1995, 24,78. Daily care and stain removal guide.
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113. Spiegelhoff, R. Tee time. SEW NEWS, March 1995, 58-61. T-shirt sewing.
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115. Stamp it! WEEKEND CRAFTS, Vol. 5 No. 1, 22-25, 73-5. Potato print stamps on fabric.
116. Stitcher's (socks) and stocking. MICHAEL'S CHRISTMAS CRAFT PREVIEW, 74-75. Embellish socks!
117. Stocking up. MARTHA STEWART'S LIVING, Dec/Jan 1996, 36. Holiday stockings made from dish towels.
118. Stretchberry, B. Sewing up history. NEW MOON, Nov/Dec 1995, 20-1.
119. Summer jewels. Summer Accent Pillows. MICHAEL'S ARTS AND CRAFTS, May/June 1995, 8, 29-33.
120. Sweatshirt update--serger spiff-ups! SERGER UPDATE, October 1995, 4-5.
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122. Tasteful tags. MARTHA STEWART'S LIVING, Dec/Jan 1996, 40.
123. Teach yourself to serge-better. SERGER UPDATE, February 1995, 4-5.
124. Thomas, K. Gift bags. MICHAEL'S CHRISTMAS CRAFT PREVIEW, 22-23.

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128. Towel apron. MARTHA STEWART LIVING, May 1995, 40. Easy apron from dishtowels.
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139. Zone comfort. MICHAEL'S ARTS AND CRAFTS, February 1995, 76-79. Use two layers of sweatshirts to make toasty outdoor jackets.

Miscellaneous

1. Harris, M. Give a kid a camera. PROGRAMS AND PEOPLE (University of Idaho, Winter 1994/95, 12-13.
2. Sturm, C. Hop on! It's easy to cruise the Internet. LEARNING, March 1995, 82-84.