



ALL NEW! ♥
Homemade Tortillas
 SERVED EVERY DAY
 UNTIL NOON **\$3**

- #1 Bacon, egg, cheddar, flour tortilla
- #2 Spinach, egg, mushrooms, corn tortilla
- #3 Chorizo, egg and potato, flour tortilla
- #4 Brisket, egg and cheese, flour tortilla
- #5 Sausage, egg and cheese, flour tortilla
- #6 Black beans, egg and avocado, corn tortilla

BUILD YOUR OWN:

Choose any 2 items from the mix in list. Additional items .50

MIX INS: bacon, sausage, brisket, chorizo, mushroom, spinach, potato, avocado, tomatoes, feta, cheddar, black beans, sweet potato

SMOOTHIES ✨

- THE NIÑO** 8
blueberries, strawberries, banana, peanut butter, honey, flax, almond milk
- THE POPEYE** 8
spinach, mango, strawberry, whey protein, almond milk, lime
- THE DUDE** 8
banana, cold brew, date, almond milk, almonds, chocolate protein
- KIDS STRAWBERRY BANANA** add spinach (.50) 5

ALL DAY CAFE

Betsy's

BREAKFAST - LUNCH - AFTERNOONS - DINNER

4400 bellaire boulevard . www.betsysbellaire.com

SALADS + BOWLS



add chicken 3 - grilled salmon 5 - black bean patty 4

- CHOPPED SALAD** 12
mixed greens, sweet potato, pomegranate, avocado, goat cheese, miso vinaigrette chicken breast
- GREEN GODDESS SALAD** 7
kale, green goddess dressing, roasted tomato, hard boiled egg, bacon, parmesan crisp, brussel sprouts
- PARK GREENS** 8
kale, avocado, oranges, pickled onion, black beans, quinoa, lemon garlic dressing
- PESTO RICE BOWL** 8
pesto brown rice, kale, green goddess dressing, tomato roasted brussel sprouts, feta roasted mushrooms, pine nuts
- SUPER FOODS BOWL** 9
brown rice, kale, avocado, almonds, tomato, red onion, cucumber, tossed in a sweet ginger miso dressing
- NEW SOUP OF THE DAY** 6

TACOS



- GRILLED FAJITA TACOS** 10
chicken, beef or combo

BURGERS & SANDWICHES



served with your choice of fries, sweet potato fries, chips, side fruit or kale & quinoa side salad

- PARK BURGER** 12
1/3 pound sirloin burger, cheddar cheese, lettuce, tomato, chopped red onions, pickles, mayo, and mustard
- BLACK BEAN BURGER** 10
black bean patty, lettuce, tomato, chopped red onions, and pickles
- GRILLED CHICKEN SANDWICH** 10
grilled chicken breast, pesto mayo, lettuce & tomato
- CHICKEN SALAD SANDWICH** 7
tarragon chicken salad, lettuce, and tomato on white or wheat bread
- TURKEY & SWISS** 8
thin sliced turkey, swiss cheese, lettuce, tomato, mayo, mustard on white or wheat bread
- HAM & CHEESE** 7
thin sliced ham, cheddar, lettuce, tomato, mayo, mustard on white or wheat bread

Pizza 🍕

- MARGHERITA** 11
roma tomatoes, basil, tomato sauce, mozzarella
- GREEN PIZZA** 12
pesto, mushrooms, feta, tomato, artichokes
- LETS MEAT AT THE PARK** 13
pepperoni, sausage, prosciutto, tomato sauce, and mozzarella
- CALIFORNIAN** 12
sun dried tomatoes, spinach, mushrooms, feta, tomato sauce
- JUST CHEESE** 8

BUILD YOUR OWN: any two toppings 9.00 additional toppings 1.00 each
roma tomatoes, pepperoni, sausage, prosciutto, pesto, mushrooms, brussel sprouts, artichokes, feta, mozzarella, jalapeños, pineapple

BOARDS *and things to SHARE*

PARK BOARD	12
<i>dairymaids cheese, cured meats, honey, fruit preserves, spiced pecans</i>	
UNDER THE SUN BOARD	12
<i>hummus, homemade bread, warm olives, brussel sprouts, roasted cherry tomatoes</i>	
GUACAMOLE & CHIPS	8
CRISPY BRUSSEL SPROUTS	9
HUMMUS + BREAD	7
FRENCH FRIES CONES	4

SOFT SERVE



VANILLA. CHOCOLATE OR SWIRL \$3.50, TOPPINGS .50

cup or waffle cone

HAPPY HOUR

EVERY DAY 2 PM - 6 PM

BEER \$4

HOUSE WINES \$5

BOTTLE & BOARD \$20

Your choice of pizza, Cheese & Meat Board or Under The Sun board with a bottle of house red or white wine



ALL DAY  PARK CAFE

WINE

RED

House Cabernet Sauvignon	California 2016	6 / 21
Willamette Valley Pinot Noir	Oregon	10 / 40
Storypoint Cabernet Sauvignon	Sonoma	10 / 30
Planet Oregon Pinot Noir	Oregon	10 / 40
Bourgogne Pinot Noir	France 2015	14 / 46
Mouton Cadet Bourdeaux	France 2016	13 / 48

WHITE

House Chardonnay	California 2016	6 / 21
William Hill Chardonnay	California 2016	10 / 36
Danzante Pinot Grigio	UK	8 / 26
Bonet Sauvignon Blanc	France	10 / 36
Jolivete Sancerre	France	15 / 56

SPARKLING

Mionetto Prosecco	Italy	10 / 46
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ROSE

Summer Water Rosé	California	10 / 39
Miraval Rosé	Provence 2017	15 / 52

House SANGRIA or MIMOSA
glass 6 -- pitcher 20



BEER

Karbach Love Street 5	Bud light 5
Karbach Crawford Bock 5	Michelob Ultra 5
Karbach Hopadillo 5	Saint Arnold Oktoberfest 5
8th Wonder Dome Faux'm 5	Saint Arnold Fancy Lawnmower 5



Seasonal - Selections change frequently, please ask your server

COFFEE BAR

RIGHT SIDE DRIP COFFEE

LATTES

CAPPUCCINO

ESPRESSO

FLAT WHITE

MACCHIATO

CORTADO

*alternative milks available for .50 extra
oat milk, almond or soy*



Kids All entrees include a choice of fries, chips or fruit

GRILLED CHEESE	5
HAMBURGER	5
CHICKEN TENDERS..	5
GRILLED CHICKEN STRIPS	5
HOT DOG	5
JUICE BOX	2

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness