



Message from our Founder

The year 2012 has been a bittersweet year for me as I watched our Cambodian staff move forward in transition to fulfilling our original dream of creating an internationally acclaimed pediatric teaching hospital run by the Cambodians themselves. I say "bittersweet" because I feel like a father who is watching his children move away from home to find their independence and success in the world. Please allow me to reminisce a bit.



In late 1997 we broke ground for the construction of Angkor Hospital for Children (AHC). Siem Reap was a much different place in those days. Land mines were still present, and the population was still desperately trying to recover from the ravages of the Khmer Rouge. There was little or no medical care available for the population, much less the pediatric population.

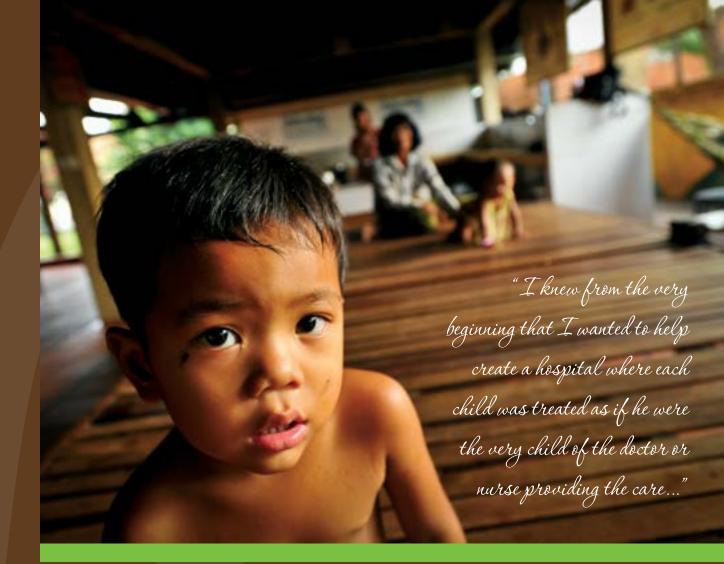
In 1998 Friends began to hire and train our first Cambodian medical personnel. We rented a small house where volunteers from the U.S. and Japan taught advanced nursing and medical skills. Electrical power was not always available in those early years, and there were many nights where the classes were taught by candlelight.

In 1999 AHC opened its doors. We had 35 staff all lined up in their uniforms waiting for patients to stream in. Since the public had no understanding of what AHC was, we had only 14 patients show up that day; but each of those patients probably had the best medical care ever, because there were multiple doctors and nurses available to treat each patient.

The people of Siem Reap soon began to trust the hospital with the "big green heart". We were now seeing more than 100 patients a day as "outpatients". We then opened our Inpatient Department, but with only two beds because we wanted to be sure we could treat any complex medical condition requiring inpatient treatment. I remember the number of beds slowly growing, and desperately wanting to have over 20 beds because one of our volunteer doctors had commented to me that you won't have a real hospital until you have at least 20 beds.

I knew from the very beginning that I wanted to help create a hospital where each child was treated as if they were the very child of the doctor or nurse providing the care. So around this time I remember deciding to sleep overnight in the hospital to confirm for myself that compassionate care was being given during the night as well as during the day. I watched with great respect as our loving nurses and doctors cared for our tiny patients during that long night.

In 2004 AHC opened our Medical Education Center in keeping with our plan of: Treatment + Education + Prevention. Over the years, we trained hundreds of bright young Cambodians who went on to provide both quality and compassionate care throughout Cambodia. We also recognized that providing quality medical care in the hospital was simply not enough, and that follow-up care in the community would also be needed. So we developed outreach programs for both education and treatment in the outlying rural villages.



In 2010 we opened the AHC satellite hospital in Sot Nikum where we used a new "model" which involved working in partnership with the provincial government hospital, a model that has been successful beyond what we imagined. In recent years, the Cambodian Ministry of Health has worked with representatives from AHC to develop and implement world-class medical protocols throughout Cambodia.

At the end of 2012, AHC was ready to transition to its independence. The dream has not only come true, but continues to grow better and better. Although management responsibility will now pass from Friends to the Cambodian leadership, Friends will continue to financially support AHC and its many wonderful programs.

It is important for me to thank our generous donors who have supported Friends and AHC these many years. I must especially thank the many Cambodians who have helped make our dream come true. I am truly a very proud and happy father. But this proud and happy father is not yet ready for a rocking chair! I'm happy to announce that we at Friends are ready to "expand the dream". In 2013, we intend to break ground on construction of a new children's hospital in a new country...Lao Friends Hospital for Children. We look forward to your joining us in making this new project a success.

Kenro Izu, Founder and Honorary President

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Message from our Chair

When Kenro Izu founded Friends Without A Border (Friends) in 1996, it was with the intent to create a world class pediatric teaching hospital that, at some point, would be controlled and managed by Cambodians. This has been a dream shared by the dedicated men and women of AHC who have already succeeded in building what the Cambodian Minister of Health has described as "one of only three essential healthcare institutions in the country".



In late 2011, the senior Cambodian leadership of AHC and the Board of Directors of Friends developed a detailed "Strategic Plan" to transition, in a responsible and thoughtful manner, the management of AHC from Friends to the Cambodian staff and a locally controlled Board of Directors.

Recognizing the critical nature of this movement, a Transition Committee was created consisting of members of the Friends' Board, members of the Cambodian leadership, and major donors to AHC. Working committees were created, and a retreat was held in Siem Reap in early 2012. At this retreat it was agreed that four benchmarks needed to be met before transition could occur. These benchmarks

required demonstrated competency in hospital administration, medical quality control, accounting and fundraising. During the course of 2012, not only were these four competencies clearly demonstrated by the Cambodian leadership, but permanent and independent monitoring systems were agreed to and put in place to help guarantee the continued growth and success of AHC. This included an independent and outside medical audit committee. It also included the formation of a new NGO, AHC International, on whose Board our founder, Kenro, will serve.

Although Friends will no longer be involved in the management of the hospital, it is important to note that Friends will continue to raise funds to help support AHC and its many important programs.

Most of us are familiar with the ancient Chinese proverb, "Give a man a fish, and you feed him for a day. Teach a man to fish, and you feed him for a lifetime". It's hard to think of a better example of the fulfillment of this proverb than the transition of AHC to the Cambodians themselves. Kenro's original dream has not only been realized, but there is no doubt that both the success and expansion of this dream will continue into the future.

As chair of the Board of Directors of Friends Without A Border, I would like to express the Board's heartfelt thanks to the many people who have made this possible. We value and look forward to the continued success of AHC, and we invite you to join with Friends as we launch our newest project in 2013, Lao Friends Hospital for Children, in Luang Prabang, Laos.

- Michael Stern, Board of Directors Chair



We believe every child has the right to a healthy and loving life.



In 1996, Kenro Izu founded Friends Without A Border (Friends) to support programs aimed at providing high-quality and compassionate healthcare to the children of Southeast Asia. Since inception, Friends has raised over \$34 million with the support of caring individuals like you.



Friends Events



New York Gala

Over 200 guests joined the Cambodian New Year celebration at the 10th Annual Friends Gala and helped raise over \$334,000 to support healthcare programs in Cambodia. Friends was proud to present the second annual Healing Cambodia award to Arn Chorn-Pond, a survivor of the Pol Pot regime. Forced by Pol Pot's Khmer Rouge into four years of servitude, Arn finally escaped to a refugee camp in 1979. Nursed back to health from the brink of death, Arn was adopted by Rev. Peter Pond and his wife, Shirley, and brought to the U.S.

Among Arn's many humanitarian efforts, he co-founded Children of War and devoted four years to touring with 150 like-minded activist survivors from 21 countries to advocate for peace. Arn also co-founded the Southeast Asian Big Brother/Big Sister Association in Providence, and founded Peace Makers, a gang intervention program for Southeast Asian youth. In 1993, just after the Paris Peace Accords, Arn and his adoptive father, Peter Pond, returned to Cambodia to form Cambodian Volunteers for Community Development, which organizes community rebuilding projects and has enrolled more than 100,000 young members in community service. In 1998, Arn established what would become Cambodian Living Arts. Today, Cambodian Living Arts is one of Cambodia's largest arts based NGOs, leading the renewal and regeneration of artistic integrity for the country.

Friends of Friends Photography Auction

The Annual Friends of Friends Photography Auction is the signature event of Friends symbolizing "Art Can Make a Difference," and has raised over \$2.1 million since 1997. The 15th annual auction was held on Tuesday, December 4th, 2012; over 250 photography enthusiasts attended the event and helped us celebrate the independence of AHC. More than 160 artists were featured including the famous image of a child cradling a goat taken by the late Irving Penn. The 16th annual auction will be held on Tuesday, December 10th, 2013 at Metropolitan Pavilion.

Friends In the Community

Friends of Friends

Each year, Cambodians & Americans come together in several cities to hold events to support Angkor Hospital for Children. In 2012, friends from New York, New Jersey, Philadelphia and Washington D.C. held dinner/dances and music events celebrating Cambodian culture with delicious food, lively music, and unique auction items. We are so grateful to the following groups for their tremendous efforts to heal children, heal Southeast Asia:

- Friends of Friends New York/New Jersey Since 2000, a dynamic duo, Amy Farges and Thana Nop Lee, have led a group of dedicated volunteers to host a festive Cambodian dinner/dance. Last year the event raised over \$31,000.
- Friends of Friends Philadelphia Since 2003, Leap Thach has led a group of volunteers to host a lovely Cambodian dinner/dance event. In 2012, they raised over \$19,000.
- Friends of Friends DC Led by a group of dedicated volunteers, FOF DC has been hosting a dinner and music event since 2005. In 2012, the event raised over \$17,000 ♥

Hearts That Help

Hearts That Help (HTH) was started by two sweet girls with big hearts. Chantrea and Sokeara wanted to help their native country of Cambodia by selling handmade embroidered hearts on Valentine's Day. Their parents, Natalie Coletta and Steve Sanford supported their daughter's idea and what began as a family project quickly turned into a nationwide community of sewers and supporters.

Since 2003, HTH and their partnered communities have raised over \$65,000 for projects that provide education and healthcare for families in Cambodia, including Angkor Hospital for Children, its outreach programs, and The Lake Clinic. Thank you to the founders of Hearts That Help and everybody who is involved in this heart-warming project every year!





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Angkor Hospital for Children

The year 2012 has been a challenging yet exciting year for Angkor Hospital for Children (AHC). Through outbreaks of familiar and less familiar diseases, various assessments and the transition of the hospital management, the staff has continued to work hard and remain dedicated to providing the best possible healthcare. It has also been a year of records in terms of the overall number of patients treated, as well as number of children admitted in the Inpatient Department and Intensive Care Unit.

June and September proved to be the most challenging time for AHC as Cambodia was hit by a significant outbreak of dengue fever, as well as hand, foot and mouth disease. Staff worked overtime on a daily basis and the corridors of AHC were transformed into inpatient wards to ensure every child received treatment.





Patient Story

Nine-month-old Vann was admitted to the ICU with severe pneumonia. Vann's mother initially took him to the local health center, but because of his critical condition and the shortage of skillful staff and appropriate equipment, the doctors recommended that Vann's mother take him to AHC to seek proper care.

At AHC, Vann was immediately transferred to the ICU and put on a ventilator. Slowly, his condition stabilized and his breathing slowed. After one week, Vann was discharged to the Inpatient Department where the nurses and doctors continued to monitor his condition. Three days later, Vann's health had greatly improved and he was discharged to go home

It was the first time that Vann and his mother had visited AHC, Vann's mother expressed her appreciation and relief that she had found the right medical center for her son. "The hospital not only provides the best medical care, but also offers me other facilities such as the kitchen, food, and safe water to drink." says Vann's mother.

Treatment

Approximately 44 doctors and 163 nurses at AHC and the Satellite Clinic (located in the town of Sot Nikum) treated a total of 170,117 children in 2012, an increase of 8% over the previous year. From January to October, AHC treated over 4,000 patients infected by dengue fever, admitting 1,476 to the Inpatient Department and Emergency Room, and 79 to the Intensive Care Unit. The Outpatient Department saw an average of 486 children each day, and during the summer this figure peaked to over 600.

2012 Patients by Department

- Outpatient Department (OPD) 134,131 (+5% over previous year)
- Inpatient Department (IPD) 3,878 (+35% over previous year)
- Low Acuity Unit (LAU) –
 1,455 (+44% over previous year)
- Emergency Room (ER) 12,611 (+35% over previous year)
- Triage 18,388 (+19% over previous year)
- Intensive Care Unit (ICU) –
 789 (+13% over previous year)
- Surgery Ward 1,170 (+31% over previous year)
- Surgery –1,734 (-2% over previous year)
- Heart Surgery 123 (+50% over previous year)
- Satellite Clinic Outpatient 16,860 (+37% over previous year)
- Satellite Clinic Inpatient 1,779 (+50% over previous year)
- Dental 22,787 (+26% over previous year)
- Eye Clinic 7,782 (+21% over previous year)





Prevention

AHC strives to play an active role within Siem Reap and the surrounding communities by teaching health promotion and disease prevention practices. AHC's Capacity Building and Health Education

team provided education on nutrition to 865 mothers and organized health awareness shows in 21 villages, reaching over 10,000 people. First aid training was provided to over 451 NGO workers, hotel staff and other community members, and 230 people received training in integrated management of childhood illness and advanced pediatric life support.

During the outbreak of hand, foot and mouth disease, AHC played a central role in raising awareness, reaching out to families, schools and other NGOs, and producing and distributing the only comprehensive information material in Khmer language about the disease. W



Education

Medical and nursing education is an integral part of AHC's mission. Every doctor and nurse at AHC takes part in a continuous education program, and all senior doctors and nurses invest time in training junior colleagues, as well as health workers throughout the country. During 2012, 72 AHC nurses were selected to receive training that ranged from neonatal care to advanced management of



childhood illness. Five AHC doctors completed their three-year residency, eleven doctors completed their first-year residency, and three senior AHC doctors began their training in neonatology.

In order to help improve the overall quality of healthcare in the country, the External Program continued its partnership with the Ministry of Health in 17 government-funded health centers and 10 government referral hospitals throughout Cambodia, training 763 doctors and nurses and 50 staff from various health centers. Approximately 539 students from all nursing schools in Cambodia were trained at

AHC for their mandatory two-week long Pediatric Nursing Program. Of these, 48 were dental nursing students and 22 physiotherapists. AHC also hosted 12 medical students from the Phnom Penh-based International University, and trained one surgeon from Mondulkiri's government hospital.









The Lake Clinic (TLC) was established in 2007 by founding AHC Director Jon Morgan to provide basic healthcare and health education to the isolated and underserved families living in floating villages on the Tonle Sap, Southeast Asia's largest lake, and its tributaries. For those families, travel is possible only by boat, and healthcare can be more than 100 kilometers away. In its six years of operation, TLC has expanded to serve 13 villages encompassing 30,000 individuals.

TLC has two boat-based clinical teams - one team visits the families on the Tonle Sap Lake and one team visits the Stung Sen River families. Each team is comprised of an all-Cambodian staff - a doctor, a nurse, a midwife, a registrar (to keep medical records), a boat pilot, and a cook. Each and every day, the teams make the rounds, providing medicine and education, and creating strong bonds within the community.

Since 2011, Friends has been helping TLC and providing a portion of funding in support of their tremendous and phenomenal efforts.

"TLC brings medical care to people who have no access to any medical care because of their isolation on the lake. The expense involved in getting to shore and from there to a medical facility is more than most of them can even contemplate. As a result, there are many children and adults with previously undiagnosed conditions.

TLC is able to provide screening exams for villagers, treatment for many acute illnesses, and medication and follow up for chronic problems such as hypertension.

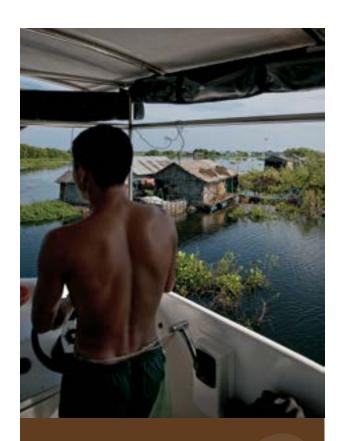
Midwife services and prenatal exams are also provided. Many patients have minor problems but for some, the medical care provided by TLC is essential and long overdue."

Dr. Robert Nassau, TLC and AHC
 Volunteer from Vermont



"I've often been asked, 'What is the greatest health problem in Cambodia?' Expecting to hear about diseases, many are surprised to hear me say, ignorance and poverty. Children die in large numbers from respiratory diseases, such as pneumonia and from diarrhea; both either preventable or easily treated in their early stages."

— Jon Morgan, Founder TLC 🔰



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Lao Friends Hospital for Children

"On the same trip that I visited AHC for its groundbreaking ceremony fifteen years ago, I also visited an ancient Buddhist site in Luang Prabang, Laos. It is now my renewed dream to bring compassionate care to those children who suffer from the lack of medical care in this quaint beautiful town that I am so fond of. My new dream has already become a new goal for Friends, and I hope that it will be something you look forward to and be a part of with us."

- Kenro Izu

It's hard to imagine that that there are still places in the world where children suffer from preventable diseases such as malaria, pneumonia, and diarrhea; but it is a hard fact for many children in Lao PDR. The need for access to quality healthcare is urgent, and Friends has taken the first steps in creating a healthier future for the children of Laos.

Working in close partnership with the Luang Prabang Provincial Hospital (LPPH) and Health Department, Friends Without A Border will help develop, build, and operate Lao Friends Hospital for Children (LFHC). Using the successful model of Treatment + Education + Prevention achieved at Angkor Hospital for Children, LFHC will be a state of the art pediatric care facility with superior staffing that will contribute to the success of pediatric healthcare in Laos.





Timeline Phase 1: 2013-2018

- Conduct a baseline medical survey in Luang Prabang and surrounding districts.
- Construct and open LFHC on the grounds of LPPH that adds facilities, resources, and skills to existing services.
- Commence instruction for doctors and nurses that will staff LFHC.
- Work with District Hospitals to improve skills and service by installing onsite education programs and delivering classroom and clinical instruction.
- Launch community-based outreach programs focused on health promotion and disease prevention to nearby districts and integrate it with existing government activities.

Timeline Phase 2: 2019-2024

- Launch nationwide training program to reach all pediatric doctors and nurses in Laos.
- Further the reach of the community-based outreach programs to remote villages and districts.
- Ensure completion of training programs for all Lao pediatric health professionals.
- Start transition of LFHC to management of the Health Department and LPPH for complete integration into Lao government hospital management.
- Hand over operations to Health Department and LPPH.

Opening in the Spring of 2015, LFHC will provide:

- Inpatient and Outpatient Departments
- 24 beds
- Emergency room
- Intensive Care Unit
- Neonatal Care Unit
- Operation Theater
- Laboratory
- Pharmacy
- Radiology
- Lecture rooms and library to teach pediatric medicine to the future leaders of the hospital

- Kitchen and laundry for families visiting the hospital
- Vegetable garden to provide nutritious food for the families as well as for use in classes to teach families how to cook nutritious meals



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Health Comparison Chart

Data based on WHO, World Bank & U.S. Global Health Policy. All data are approximations.

LAOS	CAMBODIA	U.S.					
	TOTAL POPULATION						
6,320,000	14,305,000	314,659,000					
	POPULATION 0-14YEAR:						
38%	31%	20%					
GNI PER CAPITA (CURRENT US \$)							
\$1,130	\$2,230	\$48,620					
UNDER 5 MORTALITY RATE							
42/	43/	8/					
1,000 live births	1,000 live births	1,000 live births					
MATERNAL MORTALITY RATE							
470/	250/	21/					
100,000 live births	100,000 live births	100,000 live births					
BIRTHS ATTENDED BY SKILLED HEALTH STAFF							
37%	71%	99%					
HEALTH EXPENDITURE PER CAPITA, PUBLIC & PRIVATE (CURRENT US\$)							
\$46	\$51	\$8,362					

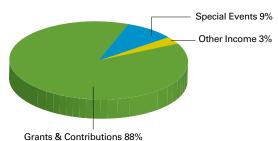
Statement of Activities and Changes in Net Assets

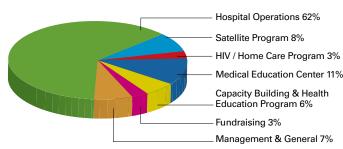
As of December 31, 2012 (with comparative totals for 2011)

	UNRESTRICTED	TEMPORARILY RESTRICTED	2012 TOTAL	2011 TOTAL
REVENUE				
Contributions	\$ 1,522,896	\$ 2,154,253	\$ 3,677,149	\$ 3,825,631
Government contract grants	208,221		208,221	364,722
Special events	651,319		651,319	593,446
Less: direct expenses	(204,148)		(204,148)	(231,316)
Patient income, fees etc.	7,278		7,278	7,943
Sales	45,317		45,317	68,161
Collection boxes	23,601		23,601	20,185
Investment income	6,520		6,520	3,964
Other	78,295		78,295	47,490
	2,339,299	2,154,253	4,493,552	4,700,226
Net assets released from restrictions	2,712,338	(2,712,338)		
Total revenue	5,051,637	(558,085)	4,493,552	4,700,226
EXPENSES				
Program services				
Hospital operation	3,245,494		3,245,494	2,628,771
Satellite hospital operation	430,262		430,262	475,160
HIV/Home care program	152,430		152,430	257,519
Medical education	566,874		566,874	584,003
Capacity building & health education program	317,345		317,345	243,818
Program Development	11,241		11,241	
Total program services	4,723,646		4,723,646	4,189,271
Supporting services				
Fund raising	133,201		133,201	174,959
Management and general	369,169		369,169	449,476
Total supporting services	502,370		502,370	624,435
Total expenses	5,226,016		5,226,016	4,813,706
Change in net assets	(174,379)	(558,085)	(732,464)	(113,480)
Net assets at beginning of year	3,703,690	1,474,738	5,178,428	5,291,908
Net assets at end of year	\$ 3,529,311	\$ 916,653	\$ 4,445,964	\$ 5,178,428

Sources of revenue in 2012

How resources were spent in 2012





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The work of Friends Without A Border would not be possible without our generous donors. From all of us at Friends and Angkor Hospital for Children, we would like to extend our sincere gratitude to all our caring supporters all over the world. We apologize for any omissions or errors as we acknowledge the following individuals and organizations that made significant contributions in 2012.

Angkor Wat

(\$25,000+)

Abbott Laboratories ADM Capital Foundation Mike Avery

The Bernice and Milton Stern Foundation

The Big Wood Foundation

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Roberto Camacho Carraresi Foundation

Children of Cambodia

David Cohen

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JHC Angkor Tour Kampoul Adventure Tour

Khmer Soup Restaurant Kid Post Cards Project La Noria Hotel & Restaurant

Khmer Kitchen Restaurant

La Residence d'Angkor Le Meridien Angkor L'Escale des Arts

et des Sens Lilang Hotel Phnom Penh Lin Ratanak Angkor

Little India Restaurant Lo Yu Yu

L'Oasi Italiana Restaurant Ly Srey Vina Clinic

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International School Snadai Khmer Orphanage

Sofitel Anakor Phokeethra

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Weave of Cambodia X Bar

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How You Can Help

Give a Gift of Life

Give a gift to support programs at The Lake Clinic, Angkor Hospital for Children, Lao Friends Hospital for Children or wherever the support is most needed. Make an instant, secure, and tax-deductible donation online via credit card by visiting www.fwab.org/donate, send a contribution in the envelope enclosed with this report, or give us a call at 212.691.0909 to make a gift over the phone.

Celebrate with the Gift of Health

Have a wedding, birthday, anniversary, or other special occasion coming up? Celebrate by asking your friends and family to give the Gift of Health in your honor. Share the happiness of your big day with the children of Southeast Asia.

Create a Lasting Legacy

Consider including Friends in your estate plans. A bequest can allow your family to minimize estate taxes while helping you realize your philanthropic objectives.

Give the Gift of Stock

A gift of publicly traded securities can provide tax advantages as it supports the Friends mission. Please consult your tax professional.

Make a Match

An easy way to add value to your gift is by doing it through a matching gift program. Numerous organizations and companies will match their employees' charitable contributions. Ask your employer about matching policies.



Friends Without A Border

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