

## Questions and Answers regarding a new Coronavirus

questions		answers
<b>◆Regarding disease</b>		
1	What kind of disease is a new Coronavirus?	It is said that it is a respiratory infection by a new Coronavirus. It is reported that some patients suffer from respiratory symptoms such as fever and cough.
2	What kind of virus is the new Coronavirus?	Coronavirus is known as a cause of common cold. However, it contains some viruses which cause serious illness such as Middle East Respiratory Syndrome (MERS) or Severe Acute Respiratory Syndrome (SARS).
3	What is the source of infection?	At the present, the source of infection is not clear yet. It is likely that some animals sold in Wuhan are the origin of infection.
4	What is the path of infection?	Currently, the path of infection is under investigation. However, it is thought that the route is due to contagious infection through contaminated environment by the virus, and the other is because of droplet infection by coming into a contact with the patients.
5	How long is the incubation period?	At the present, the incubation period is unclear, though judging from the epidemic situation, it is said that the period is about 14 days at longest.
6	Is the Coronavirus contagious from human to human?	There is a possibility to be infected if some family members or medical workers contact with the patient for a long time, or they don't take enough countermeasures to prevent the disease.
7	Is there a vaccination?	There is no vaccination.
8	Is it possible to gain an immunity after being infected once?	For now, it is not sure.
9	Is there a method of treatment?	There is no medicine for the Coronavirus yet. Some symptomatic treatment will be taken.
10	Is the sickness with high fatality rate?	It is said that elderly people and persons with chronic disease tend to present serious symptoms.
<b>◆Regarding medical examination</b>		
1	I have visited where there are patients infected by the coronavirus. Now I have fever and cough. I may be infected by the Coronavirus. Let me know a medical institution for medical examination in Adachi city.	If you think you may have gotten infected by the new Coronavirus, please call "Phone Consultation Centre for Returnees and Contacts". On weekdays (day-time), call 03-3880-5747 from 8:30am to 17:00pm. On weekdays (night-time), call 03-5320-4592 from 17:00pm to 9:00am. In case of Sat, Sun and national holidays (all day long), call 03-5320-4592. If you meet some requirements, we will introduce you a medical institution after arranging your schedule. However, we cannot tell you the name of the institution.
2	What kind of test will be done?	In case you meet some requirements, the test will be with such as a throat swab and a blood examination.
3	If I want to take a medical examination, is it possible to have it?	Normally, you cannot have the medical examination. However, if you have fever more than 37.5-degree Celsius, respiratory symptom such as cough and meet some requirements, we will discuss with the public health center whether you can have the test.
4	A medical institution declined my request for a check-up, what should I do?	Please consult with "Infectious Disease Measures Section in Adachi Public Health Center." (3880-5747)

## Questions and Answers regarding a new Coronavirus

questions		answers
<b>◆Regarding prevention</b>		
1	What should I do to avoid the infection?	<p>What you should do to prevent respiratory infection in general is as follows.</p> <ul style="list-style-type: none"> <li>• Wash your hands frequently. Keep coughing etiquette.</li> <li>Also, take an enough rest and nutrition. Avoid a crowded place.</li> <li>• Avoid unnecessary meeting with a person who has fever or cough.</li> <li>• Wash your hands well after coming into contact with people.</li> </ul>
2	What should I do if I think that I'm infected by the new Coronavirus.	<p>Tell workers in a medical institution "where you have been to" prior to visiting there.</p> <p>Then, please wear a mask, and follow the instructions of the medical institution.</p> <p>If you don't have any mask, cover your mouth and nose by such as a handkerchief.</p>
3	What kind of mask is the best?	You can put on an ordinary mask.
4	Is a special mask better than an ordinary mask?	Some special masks which you see such as on TV are only for medical workers. Normal masks are enough for you.
5	Whenever I go out, must I put on a mask?	<p>If you have some symptoms, wear a mask. When you cough or sneeze without a mask suddenly, cover your nose by inner side of your jacket or sleeve instead of your hands in order to prevent from spreading the virus.</p> <p>If you don't have any symptoms, you don't have to always wear a mask.</p> <p>However, try to have some measures to avoid the infection using a handkerchief or inner side of your cloth when other people cough around you.</p>
6	Should I avoid a place where a lot of people go?	In general, it is important to avoid a place where a lot of people are gathered in order to prevent some infectious disease.
<b>◆Regarding travelling abroad</b>		
1	Can I go to China as a business or a private trip?	<p>Please talk with your company regarding your business trip.</p> <p>If the trip is not necessary, you should refrain from travelling.</p> <p>In a foreign country, keep in mind that wash your hands frequently, wear a mask, and neither approach to nor touch animals.</p>
2	I have travelled where there are patients infected by the new Coronavirus. How should I spend the days in Japan.	After coming back to Japan, you should spend 14 days at least observing if you don't have any symptoms such as fever, cough or feeling of fatigue. In case some symptoms appear, in advance, you should talk to a medical institution regarding your overseas trip, and go there wearing a mask and avoiding a crowd.

## Questions and Answers regarding a new Coronavirus

questions		answers
<b>◆Regarding companies</b>		
1	One of my company's workers came back from China. Is it reasonable to make the worker take some vacations for a while?	<p>For now, there is no need to make some workers just coming back from China take some vacations.</p> <p>If they don't have any symptoms, they can commute and use public transportation.</p> <p>They should check their health condition for 14 days since leaving from where the Coronavirus generated. (As possible, they should measure the body temperature twice per one day.) In case some symptoms appear such as fever or cough, prohibit them to go to the workplace.</p> <p>When they go to a medical institution, in advance, they should tell medical workers that they have been to a Coronavirus infected area. They need to wear a mask and follow the instructions of the medical institution. Also, the employer doesn't need to take any health management measures for them regarding the new Coronavirus (COVID-19).</p>
2	At a workplace, if it turns out that a worker has been infected by the new Coronavirus, what kind of countermeasures will the health center take?	<p>The health center will start to investigate how the patient has come into a contact with other workers at the workplace during the infection period.</p> <p>According to circumstances, the health center will call for an attention to the workers, and will order the company to take some measures such as health observation and disinfection.</p>
<b>◆Regarding epidemic situation</b>		
1	Where can I get latest information?	Please check out "important notice" in homepage of Adachi city,