

(ET)	月曜日 2020/01/27	火曜日 2020/01/28	水曜日 2020/01/29	木曜日 2020/01/30	金曜日 2020/01/31	土曜日 2020/02/01	日曜日 2020/02/02	(ET)
400-430						04:00 BASKETBALL B.LEAGUE 2019-20 18th Leg	04:00 Costal Africa #1 (SUB)	400-430
430-500								430-500
500-530						Levanga Hokkaido vs Chiba Jets (1/22) (REG)	05:00 Costal Africa #2 (SUB)	500-530
530-600								530-600
600-630						06:30 Modern Family Season9 #22 (SUB)	06:00 Costal Africa #3 (SUB)	600-630
630-700								630-700
700-730						07:00 THE SIMPSONS Season30 #22 (SUB)	07:00 Costal Africa #4 (SUB)	700-730
730-800						07:30 Fresh off the Boat Season5 #22 (SUB)		730-800
800-830						08:00 Blue (SUB)	08:00 THE SIMPSONS Season30 #22 (SUB)	800-830
830-900							08:30 Fresh off the Boat Season5 #22 (SUB)	830-900
900-930						09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	900-930
930-1000						09:30 NAMASTE #6 (DUB)	09:30 NAMASTE #7 (DUB)	930-1000
1000-1030						10:00 INFORMATION (REG)	10:00 Mayans M.C. Marathon ! #1~#10 (SUB)	1000-1030
1030-1100						10:30 THE SIMPSONS Season30 #22 (SUB)		1030-1100
1100-1130						11:00 INFORMATION (REG)		1100-1130
1130-1200						11:30 Modern Family Season9 #22 (SUB)		1130-1200
1200-1230						12:00 INFORMATION (REG)		1200-1230
1230-1300						12:30 Fresh off the Boat Season5 #22 (SUB)		1230-1300
1300-1330						13:00 BASKETBALL B.LEAGUE 2019-20 19th Leg		1300-1330
1330-1400						Utsunomiya Brex vs Osaka Evessa (1/25) (REG)		1330-1400
1400-1430								1400-1430
1430-1500								1430-1500
1500-1530							1500-1530	
1530-1600						15:30 BASKETBALL B.LEAGUE 2019-20 20th Leg	1530-1600	
1600-1630						Chiba Jets vs Sunrockers Shibuya (1/29) (REG)	1600-1630	
1630-1700							1630-1700	
1700-1730							1700-1730	
1730-1800							1730-1800	
1800-1830						18:00 BASKETBALL B.LEAGUE 2019-20 21st Leg	1800-1830	
1830-1900						San-En Neophoenix vs Utsunomiya Brex (2/1) LIVE(REG)	1830-1900	
1900-1930							1900-1930	
1930-2000							1930-2000	
2000-2030							2000-2030	
2030-2100						20:30 THE SIMPSONS Season30 #22 (SUB)	2030-2100	
2100-2130						21:00 Undiscovered Vistas #7 (SUB)	2100-2130	
2130-2200							2130-2200	
2200-2230						22:00 UFC "Unleashed 2018" #7 (SUB)	22:00 THE SIMPSONS Season30 #23 (SUB)	2200-2230
2230-2300							22:30 BASKETBALL B.LEAGUE 2019-20 21st Leg	2230-2300
2300-2330						23:00 UFC "Unleashed 2018" #8 (SUB)	San-En Neophoenix vs Utsunomiya Brex (2/1) (REG)	2300-2330
2330-2400								2330-2400
2400-2430						24:00 UFC "Unleashed 2018" #9 (SUB)		2400-2430
2430-2500								2430-2500
2500-2530						25:00 BASKETBALL B.LEAGUE 2019-20 21st Leg	25:00 Land of Gremlins #1 (SUB)	2500-2530
2530-2600						San-En Neophoenix vs Utsunomiya Brex (2/1) (REG)		2530-2600
2600-2630							26:00 Land of Gremlins #2 (SUB)	2600-2630
2630-2700								2630-2700
2700-2730							27:00 Land of Gremlins #3 (SUB)	2700-2730
2730-2800						27:30 Modern Family Season9 #22 (SUB)		2730-2800

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(ET)	月曜日 2020/02/03	火曜日 2020/02/04	水曜日 2020/02/05	木曜日 2020/02/06	金曜日 2020/02/07	土曜日 2020/02/08	日曜日 2020/02/09	(ET)
400-430	04:00 Formula Drift 2013 #1 (SUB)	04:00 Fresh off the Boat Season4 #1 (SUB)	04:00 Fresh off the Boat Season4 #3 (SUB)	04:00 Fresh off the Boat Season4 #5 (SUB)	04:00 Fresh off the Boat Season4 #7 (SUB)	04:00 High School King of Savvy #21 (SUB)	04:00 Great Blue Wild #1 (SUB)	400-430
430-500		04:30 Fresh off the Boat Season4 #2 (SUB)	04:30 Fresh off the Boat Season4 #4 (SUB)	04:30 Fresh off the Boat Season4 #6 (SUB)	04:30 Fresh off the Boat Season4 #8 (SUB)			430-500
500-530		05:00 Zen of Yoga #1 (REG)	05:00 Zen of Yoga #3 (REG)	05:00 Zen of Yoga #5 (REG)	05:00 Zen of Yoga #7 (REG)	05:00 High School King of Savvy #22 (SUB)	05:00 Great Blue Wild #2 (SUB)	500-530
530-600		05:30 Zen of Yoga #2 (REG)	05:30 Zen of Yoga #4 (REG)	05:30 Zen of Yoga #6 (REG)	05:30 Zen of Yoga #8 (REG)			530-600
600-630	06:00 Formula Drift 2013 #2 (SUB)	06:00 The Orville Season1 #1 (SUB)	06:00 The Orville Season1 #2 (SUB)	06:00 The Orville Season1 #3 (SUB)	06:00 The Orville Season1 #4 (SUB)	06:00 High School King of Savvy #23 (SUB)	06:00 Great Blue Wild #3 (SUB)	600-630
630-700								630-700
700-730		07:00 Queen of the South Season2 #1 (SUB)	07:00 Queen of the South Season2 #2 (SUB)	07:00 Queen of the South Season2 #3 (SUB)	07:00 Queen of the South Season2 #4 (SUB)	07:00 Super Daddy Yeol #1 (SUB)	07:00 Great Blue Wild #4 (SUB)	700-730
730-800								730-800
800-830	08:00 High School King of Savvy #20 (SUB)	08:00 High School King of Savvy #21 (SUB)	08:00 High School King of Savvy #22 (SUB)	08:00 High School King of Savvy #23 (SUB)	08:00 Super Daddy Yeol #1 (SUB)	08:00 Super Daddy Yeol #2 (SUB)	08:00 Great Blue Wild #5 (SUB)	800-830
830-900								830-900
900-930	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	900-930
930-1000	09:30 NAMASTE #8 (DUB)	09:30 NAMASTE #9 (DUB)	09:30 NAMASTE #10 (DUB)	09:30 NAMASTE #11 (DUB)	09:30 NAMASTE #12 (DUB)	09:30 NAMASTE #13 (DUB)	09:30 NAMASTE #14 (DUB)	930-1000
1000-1030	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	1000-1030
1030-1100	10:30 High School King of Savvy #21 (SUB)	10:30 High School King of Savvy #22 (SUB)	10:30 High School King of Savvy #23 (SUB)	10:30 Super Daddy Yeol #1 (SUB)	10:30 Super Daddy Yeol #2 (SUB)	10:30 Zen of Yoga #1 (REG)	10:30 Zen of Yoga #3 (REG)	1030-1100
1100-1130						11:00 Zen of Yoga #2 (REG)	11:00 Zen of Yoga #4 (REG)	1100-1130
1130-1200	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	1130-1200
1200-1230	12:00 Fresh off the Boat Season4 #1 (SUB)	12:00 Fresh off the Boat Season4 #3 (SUB)	12:00 Fresh off the Boat Season4 #5 (SUB)	12:00 Fresh off the Boat Season4 #7 (SUB)	12:00 Fresh off the Boat Season4 #9 (SUB)	12:00 Queen of the South Season2 #1 (SUB)	12:00 The Orville Season1 #1 (SUB)	1200-1230
1230-1300	12:30 Fresh off the Boat Season4 #2 (SUB)	12:30 Fresh off the Boat Season4 #4 (SUB)	12:30 Fresh off the Boat Season4 #6 (SUB)	12:30 Fresh off the Boat Season4 #8 (SUB)	12:30 Fresh off the Boat Season4 #10 (SUB)			1230-1300
1300-1330	13:00 BASKETBALL B.LEAGUE 2019-20 21st Leg	13:00 The Orville Season1 #1 (SUB)	13:00 The Orville Season1 #2 (SUB)	13:00 The Orville Season1 #3 (SUB)	13:00 The Orville Season1 #4 (SUB)	13:00 Queen of the South Season2 #2 (SUB)	13:00 The Orville Season1 #2 (SUB)	1300-1330
1330-1400								1330-1400
1400-1430	San-En Neophoenix vs Utsunomiya Brex (2/1) (REG)	14:00 Queen of the South Season2 #1 (SUB)	14:00 Queen of the South Season2 #2 (SUB)	14:00 Queen of the South Season2 #3 (SUB)	14:00 Queen of the South Season2 #4 (SUB)	14:00 Queen of the South Season2 #3 (SUB)	14:00 The Orville Season1 #3 (SUB)	1400-1430
1430-1500								1430-1500
1500-1530		15:00 High School King of Savvy #22 (SUB)	15:00 High School King of Savvy #23 (SUB)	15:00 Super Daddy Yeol #1 (SUB)	15:00 Super Daddy Yeol #2 (SUB)	15:00 Queen of the South Season2 #4 (SUB)	15:00 The Orville Season1 #4 (SUB)	1500-1530
1530-1600	15:30 THE SIMPSONS Season30 #23 (SUB)							1530-1600
1600-1630	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 Queen of the South Season2 #5 (SUB)	16:00 The Orville Season1 #5 (SUB)	1600-1630
1630-1700	16:30 Blue (SUB)	16:30 Wayward Pines Season1 #1 (SUB)	16:30 Wayward Pines Season1 #2 (SUB)	16:30 Wayward Pines Season1 #3 (SUB)	16:30 Wayward Pines Season1 #4 (SUB)			1630-1700
1700-1730						17:00 BASKETBALL B.LEAGUE 2019-20 1st Leg	17:00 BASKETBALL B.LEAGUE 2019-20 4th Leg	1700-1730
1730-1800	17:30 Zen of Yoga #1 (REG)	17:30 Zen of Yoga #2 (REG)	17:30 Zen of Yoga #3 (REG)	17:30 Zen of Yoga #4 (REG)	17:30 Zen of Yoga #5 (REG)			1730-1800
1800-1830	18:00 Great Blue Wild #1 (SUB)	18:00 Great Blue Wild #2 (SUB)	18:00 Great Blue Wild #3 (SUB)	18:00 Great Blue Wild #4 (SUB)	18:00 Great Blue Wild #5 (SUB)	Kawasaki Brave Thunders vs Utsunomiya Brex (10/3) (REG)	Chiba Jets vs Kawasaki Brave Thunders (10/19) (REG)	1800-1830
1830-1900								1830-1900
1900-1930	19:00 Modern Family Season8 #1 (SUB)	19:00 Modern Family Season8 #3 (SUB)	19:00 Modern Family Season8 #5 (SUB)	19:00 Modern Family Season8 #7 (SUB)	19:00 Modern Family Season8 #9 (SUB)			1900-1930
1930-2000	19:30 Modern Family Season8 #2 (SUB)	19:30 Modern Family Season8 #4 (SUB)	19:30 Modern Family Season8 #6 (SUB)	19:30 Modern Family Season8 #8 (SUB)	19:30 Modern Family Season8 #10 (SUB)	19:30 BASKETBALL B.LEAGUE 2019-20 3rd Leg	19:30 BASKETBALL B.LEAGUE 2019-20 5th Leg	1930-2000
2000-2030	20:00 THE SIMPSONS Season29 #1 (SUB)	20:00 THE SIMPSONS Season29 #3 (SUB)	20:00 THE SIMPSONS Season29 #5 (SUB)	20:00 THE SIMPSONS Season29 #7 (SUB)	20:00 THE SIMPSONS Season29 #9 (SUB)			2000-2030
2030-2100	20:30 THE SIMPSONS Season29 #2 (SUB)	20:30 THE SIMPSONS Season29 #4 (SUB)	20:30 THE SIMPSONS Season29 #6 (SUB)	20:30 THE SIMPSONS Season29 #8 (SUB)	20:30 THE SIMPSONS Season29 #10 (SUB)	Chiba Jets vs Utsunomiya Brex (10/16) (REG)	Sunrockers Shibuya vs Utsunomiya Brex (10/23) (REG)	2030-2100
2100-2130	21:00 The Orville Season1 #1 (SUB)	21:00 The Orville Season1 #2 (SUB)	21:00 The Orville Season1 #3 (SUB)	21:00 The Orville Season1 #4 (SUB)	21:00 The Orville Season1 #5 (SUB)			2100-2130
2130-2200								2130-2200
2200-2230	22:00 Queen of the South Season2 #1 (SUB)	22:00 Queen of the South Season2 #2 (SUB)	22:00 Queen of the South Season2 #3 (SUB)	22:00 Queen of the South Season2 #4 (SUB)	22:00 Queen of the South Season2 #5 (SUB)	22:00 UFC 245 Usman vs Covington	22:00 Wayward Pines Season1 #1 (SUB)	2200-2230
2230-2300								2230-2300
2300-2330	23:00 Wayward Pines Season1 #1 (SUB)	23:00 Wayward Pines Season1 #2 (SUB)	23:00 Wayward Pines Season1 #3 (SUB)	23:00 Wayward Pines Season1 #4 (SUB)	23:00 Wayward Pines Season1 #5 (SUB)	(BIL)	23:00 Wayward Pines Season1 #2 (SUB)	2300-2330
2330-2400								2330-2400
2400-2430	24:00 Modern Family Season8 #1 (SUB)	24:00 Modern Family Season8 #3 (SUB)	24:00 Modern Family Season8 #5 (SUB)	24:00 Modern Family Season8 #7 (SUB)	24:00 Modern Family Season8 #9 (SUB)		24:00 Wayward Pines Season1 #3 (SUB)	2400-2430
2430-2500	24:30 Modern Family Season8 #2 (SUB)	24:30 Modern Family Season8 #4 (SUB)	24:30 Modern Family Season8 #6 (SUB)	24:30 Modern Family Season8 #8 (SUB)	24:30 Modern Family Season8 #10 (SUB)			2430-2500
2500-2530	25:00 Zen of Yoga #1 (REG)	25:00 Zen of Yoga #3 (REG)	25:00 Zen of Yoga #5 (REG)	25:00 Zen of Yoga #7 (REG)	25:00 Zen of Yoga #9 (REG)	25:00 UFC "Unleashed 2018" #7 (SUB)	25:00 Wayward Pines Season1 #4 (SUB)	2500-2530
2530-2600	25:30 Zen of Yoga #2 (REG)	25:30 Zen of Yoga #4 (REG)	25:30 Zen of Yoga #6 (REG)	25:30 Zen of Yoga #8 (REG)	25:30 Zen of Yoga #10 (REG)			2530-2600
2600-2630	26:00 THE SIMPSONS Season29 #1 (SUB)	26:00 THE SIMPSONS Season29 #3 (SUB)	26:00 THE SIMPSONS Season29 #5 (SUB)	26:00 THE SIMPSONS Season29 #7 (SUB)	26:00 THE SIMPSONS Season29 #9 (SUB)	26:00 UFC "Unleashed 2018" #8 (SUB)	26:00 Wayward Pines Season1 #5 (SUB)	2600-2630
2630-2700	26:30 THE SIMPSONS Season29 #2 (SUB)	26:30 THE SIMPSONS Season29 #4 (SUB)	26:30 THE SIMPSONS Season29 #6 (SUB)	26:30 THE SIMPSONS Season29 #8 (SUB)	26:30 THE SIMPSONS Season29 #10 (SUB)			2630-2700
2700-2730	27:00 Wayward Pines Season1 #1 (SUB)	27:00 Wayward Pines Season1 #2 (SUB)	27:00 Wayward Pines Season1 #3 (SUB)	27:00 Wayward Pines Season1 #4 (SUB)	27:00 Wayward Pines Season1 #5 (SUB)	27:00 UFC "Unleashed 2018" #9 (SUB)	27:00 Undiscovered Vistas #1 (SUB)	2700-2730
2730-2800								2730-2800

(ET)	月曜日 2020/02/10	火曜日 2020/02/11	水曜日 2020/02/12	木曜日 2020/02/13	金曜日 2020/02/14	土曜日 2020/02/15	日曜日 2020/02/16	(ET)
400-430	04:00 Fresh off the Boat Season4 #9 (SUB)	04:00 Fresh off the Boat Season4 #11 (SUB)	04:00 Fresh off the Boat Season4 #13 (SUB)	04:00 Fresh off the Boat Season4 #15 (SUB)	04:00 Fresh off the Boat Season4 #17 (SUB)	04:00 Super Daddy Yeol #3 (SUB)	04:00 Great Blue Wild #6 (SUB)	400-430
430-500	04:30 Fresh off the Boat Season4 #10 (SUB)	04:30 Fresh off the Boat Season4 #12 (SUB)	04:30 Fresh off the Boat Season4 #14 (SUB)	04:30 Fresh off the Boat Season4 #16 (SUB)	04:30 Fresh off the Boat Season4 #18 (SUB)			430-500
500-530	05:00 Zen of Yoga #9 (REG)	05:00 Zen of Yoga #11 (REG)	05:00 Zen of Yoga #13 (REG)	05:00 Zen of Yoga #15 (REG)	05:00 Zen of Yoga #2 (REG)	05:00 Super Daddy Yeol #4 (SUB)	05:00 Costal Africa #1 (SUB)	500-530
530-600	05:30 Zen of Yoga #10 (REG)	05:30 Zen of Yoga #12 (REG)	05:30 Zen of Yoga #14 (REG)	05:30 Zen of Yoga #1 (REG)	05:30 Zen of Yoga #3 (REG)			530-600
600-630	06:00 The Orville Season1 #5 (SUB)	06:00 The Orville Season1 #6 (SUB)	06:00 The Orville Season1 #7 (SUB)	06:00 The Orville Season1 #8 (SUB)	06:00 The Orville Season1 #9 (SUB)	06:00 Super Daddy Yeol #5 (SUB)	06:00 Costal Africa #2 (SUB)	600-630
630-700								630-700
700-730	07:00 Queen of the South Season2 #5 (SUB)	07:00 Queen of the South Season2 #6 (SUB)	07:00 Queen of the South Season2 #7 (SUB)	07:00 Queen of the South Season2 #8 (SUB)	07:00 Queen of the South Season2 #9 (SUB)	07:00 Super Daddy Yeol #6 (SUB)	07:00 Costal Africa #3 (SUB)	700-730
730-800								730-800
800-830	08:00 Super Daddy Yeol #2 (SUB)	08:00 Super Daddy Yeol #3 (SUB)	08:00 Super Daddy Yeol #4 (SUB)	08:00 Super Daddy Yeol #5 (SUB)	08:00 Super Daddy Yeol #6 (SUB)	08:00 Super Daddy Yeol #7 (SUB)	08:00 Costal Africa #4 (SUB)	800-830
830-900								830-900
900-930	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	900-930
930-1000	09:30 NAMASTE #15 (DUB)	09:30 NAMASTE #16 (DUB)	09:30 NAMASTE #17 (DUB)	09:30 NAMASTE #18 (DUB)	09:30 NAMASTE #19 (DUB)	09:30 NAMASTE #20 (DUB)	09:30 NAMASTE #21 (DUB)	930-1000
1000-1030	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	1000-1030
1030-1100	10:30 Super Daddy Yeol #3 (SUB)	10:30 Super Daddy Yeol #4 (SUB)	10:30 Super Daddy Yeol #5 (SUB)	10:30 Super Daddy Yeol #6 (SUB)	10:30 Super Daddy Yeol #7 (SUB)	10:30 Zen of Yoga #5 (REG)	10:30 Zen of Yoga #7 (REG)	1030-1100
1100-1130								11:00 Zen of Yoga #6 (REG)
1130-1200	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	1130-1200
1200-1230	12:00 Fresh off the Boat Season4 #11 (SUB)	12:00 Fresh off the Boat Season4 #13 (SUB)	12:00 Fresh off the Boat Season4 #15 (SUB)	12:00 Fresh off the Boat Season4 #17 (SUB)	12:00 Fresh off the Boat Season4 #19 (SUB)	12:00 Queen of the South Season2 #6 (SUB)	12:00 The Orville Season1 #6 (SUB)	1200-1230
1230-1300	12:30 Fresh off the Boat Season4 #12 (SUB)	12:30 Fresh off the Boat Season4 #14 (SUB)	12:30 Fresh off the Boat Season4 #16 (SUB)	12:30 Fresh off the Boat Season4 #18 (SUB)	12:30 Fresh off the Boat Season5 #1 (SUB)			1230-1300
1300-1330	13:00 The Orville Season1 #5 (SUB)	13:00 The Orville Season1 #6 (SUB)	13:00 The Orville Season1 #7 (SUB)	13:00 The Orville Season1 #8 (SUB)	13:00 The Orville Season1 #9 (SUB)	13:00 Queen of the South Season2 #7 (SUB)	13:00 The Orville Season1 #7 (SUB)	1300-1330
1330-1400								1330-1400
1400-1430	14:00 Queen of the South Season2 #5 (SUB)	14:00 Queen of the South Season2 #6 (SUB)	14:00 Queen of the South Season2 #7 (SUB)	14:00 Queen of the South Season2 #8 (SUB)	14:00 Queen of the South Season2 #9 (SUB)	14:00 Queen of the South Season2 #8 (SUB)	14:00 The Orville Season1 #8 (SUB)	1400-1430
1430-1500								1430-1500
1500-1530	15:00 Super Daddy Yeol #3 (SUB)	15:00 Super Daddy Yeol #4 (SUB)	15:00 Super Daddy Yeol #5 (SUB)	15:00 Super Daddy Yeol #6 (SUB)	15:00 Super Daddy Yeol #7 (SUB)	15:00 Queen of the South Season2 #9 (SUB)	15:00 The Orville Season1 #9 (SUB)	1500-1530
1530-1600								1530-1600
1600-1630	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 Queen of the South Season2 #10 (SUB)	16:00 The Orville Season1 #10 (SUB)	1600-1630
1630-1700	16:30 Wayward Pines Season1 #5 (SUB)	16:30 Wayward Pines Season1 #6 (SUB)	16:30 Wayward Pines Season1 #7 (SUB)	16:30 Wayward Pines Season1 #8 (SUB)	16:30 Wayward Pines Season1 #9 (SUB)			1630-1700
1700-1730	17:30 Zen of Yoga #6 (REG)	17:30 Zen of Yoga #7 (REG)	17:30 Zen of Yoga #8 (REG)	17:30 Zen of Yoga #9 (REG)	17:30 Zen of Yoga #10 (REG)	17:00 BASKETBALL B.LEAGUE 2019-20 6th Leg	17:00 BASKETBALL B.LEAGUE 2019-20 8th Leg	1700-1730
1730-1800								1730-1800
1800-1830	18:00 Great Blue Wild #6 (SUB)	18:00 Costal Africa #1 (SUB)	18:00 Costal Africa #2 (SUB)	18:00 Costal Africa #3 (SUB)	18:00 Costal Africa #4 (SUB)	Toyama Grouses vs Utsunomiya Brex (10/27) (REG)	Nagoya Diamond Dolphins vs Chiba Jets (11/9) (REG)	1800-1830
1830-1900								1830-1900
1900-1930	19:00 Modern Family Season8 #11 (SUB)	19:00 Modern Family Season8 #13 (SUB)	19:00 Modern Family Season8 #15 (SUB)	19:00 Modern Family Season8 #17 (SUB)	19:00 Modern Family Season8 #19 (SUB)	19:30 BASKETBALL B.LEAGUE 2019-20 7th Leg	19:30 BASKETBALL B.LEAGUE 2019-20 9th Leg	1900-1930
1930-2000	19:30 Modern Family Season8 #12 (SUB)	19:30 Modern Family Season8 #14 (SUB)	19:30 Modern Family Season8 #16 (SUB)	19:30 Modern Family Season8 #18 (SUB)	19:30 Modern Family Season8 #20 (SUB)			1930-2000
2000-2030	20:00 THE SIMPSONS Season29 #11 (SUB)	20:00 THE SIMPSONS Season29 #13 (SUB)	20:00 THE SIMPSONS Season29 #15 (SUB)	20:00 THE SIMPSONS Season29 #17 (SUB)	20:00 THE SIMPSONS Season29 #19 (SUB)	Chiba Jets vs Kyoto Hannaryz (11/12) (REG)	Chiba Jets vs Levanga Hokkaido (11/17) (REG)	2000-2030
2030-2100	20:30 THE SIMPSONS Season29 #12 (SUB)	20:30 THE SIMPSONS Season29 #14 (SUB)	20:30 THE SIMPSONS Season29 #16 (SUB)	20:30 THE SIMPSONS Season29 #18 (SUB)	20:30 THE SIMPSONS Season29 #20 (SUB)			2030-2100
2100-2130	21:00 The Orville Season1 #6 (SUB)	21:00 The Orville Season1 #7 (SUB)	21:00 The Orville Season1 #8 (SUB)	21:00 The Orville Season1 #9 (SUB)	21:00 The Orville Season1 #10 (SUB)	22:00 Queen of the South Season2 #9 (SUB)	22:00 Wayward Pines Season1 #6 (SUB)	2100-2130
2130-2200								2130-2200
2200-2230	22:00 Queen of the South Season2 #6 (SUB)	22:00 Queen of the South Season2 #7 (SUB)	22:00 Queen of the South Season2 #8 (SUB)	22:00 Queen of the South Season2 #9 (SUB)	22:00 Queen of the South Season2 #10 (SUB)	22:00 UFC 246	22:00 Wayward Pines Season1 #6 (SUB)	2200-2230
2230-2300								2230-2300
2300-2330	23:00 Wayward Pines Season1 #6 (SUB)	23:00 Wayward Pines Season1 #7 (SUB)	23:00 Wayward Pines Season1 #8 (SUB)	23:00 Wayward Pines Season1 #9 (SUB)	23:00 Wayward Pines Season1 #10 (SUB)	McGregor vs Cowboy	23:00 Wayward Pines Season1 #7 (SUB)	2300-2330
2330-2400								2330-2400
2400-2430	24:00 Modern Family Season8 #11 (SUB)	24:00 Modern Family Season8 #13 (SUB)	24:00 Modern Family Season8 #15 (SUB)	24:00 Modern Family Season8 #17 (SUB)	24:00 Modern Family Season8 #19 (SUB)	(BIL)	24:00 Wayward Pines Season1 #8 (SUB)	2400-2430
2430-2500	24:30 Modern Family Season8 #12 (SUB)	24:30 Modern Family Season8 #14 (SUB)	24:30 Modern Family Season8 #16 (SUB)	24:30 Modern Family Season8 #18 (SUB)	24:30 Modern Family Season8 #20 (SUB)			2430-2500
2500-2530	25:00 Zen of Yoga #11 (REG)	25:00 Zen of Yoga #13 (REG)	25:00 Zen of Yoga #15 (REG)	25:00 Zen of Yoga #2 (REG)	25:00 Zen of Yoga #4 (REG)	25:00 UFC 245	25:00 Wayward Pines Season1 #9 (SUB)	2500-2530
2530-2600	25:30 Zen of Yoga #12 (REG)	25:30 Zen of Yoga #14 (REG)	25:30 Zen of Yoga #1 (REG)	25:30 Zen of Yoga #3 (REG)	25:30 Zen of Yoga #5 (REG)			2530-2600
2600-2630	26:00 THE SIMPSONS Season29 #11 (SUB)	26:00 THE SIMPSONS Season29 #13 (SUB)	26:00 THE SIMPSONS Season29 #15 (SUB)	26:00 THE SIMPSONS Season29 #17 (SUB)	26:00 THE SIMPSONS Season29 #19 (SUB)	(BIL)	26:00 Wayward Pines Season1 #10 (SUB)	2600-2630
2630-2700	26:30 THE SIMPSONS Season29 #12 (SUB)	26:30 THE SIMPSONS Season29 #14 (SUB)	26:30 THE SIMPSONS Season29 #16 (SUB)	26:30 THE SIMPSONS Season29 #18 (SUB)	26:30 THE SIMPSONS Season29 #20 (SUB)			2630-2700
2700-2730	27:00 Wayward Pines Season1 #6 (SUB)	27:00 Wayward Pines Season1 #7 (SUB)	27:00 Wayward Pines Season1 #8 (SUB)	27:00 Wayward Pines Season1 #9 (SUB)	27:00 Wayward Pines Season1 #10 (SUB)	27:00 Undiscovered Vistas #2 (SUB)	27:00 Undiscovered Vistas #2 (SUB)	2700-2730
2730-2800								2730-2800

(ET)	月曜日 2020/02/17	火曜日 2020/02/18	水曜日 2020/02/19	木曜日 2020/02/20	金曜日 2020/02/21	土曜日 2020/02/22	日曜日 2020/02/23	(ET)
400-430	04:00 Fresh off the Boat Season4 #19 (SUB)	04:00 Fresh off the Boat Season5 #2 (SUB)	04:00 Fresh off the Boat Season5 #4 (SUB)	04:00 Fresh off the Boat Season5 #6 (SUB)	04:00 Fresh off the Boat Season5 #8 (SUB)	04:00 Super Daddy Yeol #8 (SUB)	04:00 Undiscovered Vistas #1 (SUB)	400-430
430-500	04:30 Fresh off the Boat Season5 #1 (SUB)	04:30 Fresh off the Boat Season5 #3 (SUB)	04:30 Fresh off the Boat Season5 #5 (SUB)	04:30 Fresh off the Boat Season5 #7 (SUB)	04:30 Fresh off the Boat Season5 #9 (SUB)			430-500
500-530	05:00 Zen of Yoga #4 (REG)	05:00 Zen of Yoga #6 (REG)	05:00 Zen of Yoga #8 (REG)	05:00 Zen of Yoga #10 (REG)	05:00 Zen of Yoga #12 (REG)	05:00 Super Daddy Yeol #9 (SUB)	05:00 Undiscovered Vistas #2 (SUB)	500-530
530-600	05:30 Zen of Yoga #5 (REG)	05:30 Zen of Yoga #7 (REG)	05:30 Zen of Yoga #9 (REG)	05:30 Zen of Yoga #11 (REG)	05:30 Zen of Yoga #13 (REG)			530-600
600-630	06:00 The Orville Season1 #10 (SUB)	06:00 The Orville Season1 #11 (SUB)	06:00 The Orville Season1 #12 (SUB)	06:00 The Orville Season2 #1 (SUB)	06:00 The Orville Season2 #2 (SUB)	06:00 Super Daddy Yeol #10 (SUB)	06:00 Undiscovered Vistas #3 (SUB)	600-630
630-700								630-700
700-730	07:00 Queen of the South Season2 #10 (SUB)	07:00 Queen of the South Season2 #11 (SUB)	07:00 Queen of the South Season2 #12 (SUB)	07:00 Queen of the South Season2 #13 (SUB)	07:00 Queen of the South Season3 #1 (SUB)	07:00 Super Daddy Yeol #11 (SUB)	07:00 Undiscovered Vistas #4 (SUB)	700-730
730-800								730-800
800-830	08:00 Super Daddy Yeol #7 (SUB)	08:00 Super Daddy Yeol #8 (SUB)	08:00 Super Daddy Yeol #9 (SUB)	08:00 Super Daddy Yeol #10 (SUB)	08:00 Super Daddy Yeol #11 (SUB)	08:00 Super Daddy Yeol #12 (SUB)	08:00 Undiscovered Vistas #5 (SUB)	800-830
830-900								830-900
900-930	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	900-930
930-1000	09:30 NAMASTE #22 (DUB)	09:30 NAMASTE #23 (DUB)	09:30 NAMASTE #24 (DUB)	09:30 NAMASTE #25 (DUB)	09:30 NAMASTE #26 (DUB)	09:30 NAMASTE #1 (DUB)	09:30 NAMASTE #2 (DUB)	930-1000
1000-1030	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	1000-1030
1030-1100	10:30 Super Daddy Yeol #8 (SUB)	10:30 Super Daddy Yeol #9 (SUB)	10:30 Super Daddy Yeol #10 (SUB)	10:30 Super Daddy Yeol #11 (SUB)	10:30 Super Daddy Yeol #12 (SUB)	10:30 Zen of Yoga #9 (REG)	10:30 Zen of Yoga #11 (REG)	1030-1100
1100-1130						11:00 Zen of Yoga #10 (REG)	11:00 Zen of Yoga #12 (REG)	1100-1130
1130-1200	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	1130-1200
1200-1230	12:00 Fresh off the Boat Season5 #2 (SUB)	12:00 Fresh off the Boat Season5 #4 (SUB)	12:00 Fresh off the Boat Season5 #6 (SUB)	12:00 Fresh off the Boat Season5 #8 (SUB)	12:00 Fresh off the Boat Season5 #10 (SUB)	12:00 Queen of the South Season2 #11 (SUB)	12:00 The Orville Season1 #11 (SUB)	1200-1230
1230-1300	12:30 Fresh off the Boat Season5 #3 (SUB)	12:30 Fresh off the Boat Season5 #5 (SUB)	12:30 Fresh off the Boat Season5 #7 (SUB)	12:30 Fresh off the Boat Season5 #9 (SUB)	12:30 Fresh off the Boat Season5 #11 (SUB)			1230-1300
1300-1330	13:00 The Orville Season1 #10 (SUB)	13:00 The Orville Season1 #11 (SUB)	13:00 The Orville Season1 #12 (SUB)	13:00 The Orville Season2 #1 (SUB)	13:00 The Orville Season2 #2 (SUB)	13:00 Queen of the South Season2 #12 (SUB)	13:00 The Orville Season1 #12 (SUB)	1300-1330
1330-1400								1330-1400
1400-1430	14:00 Queen of the South Season2 #10 (SUB)	14:00 Queen of the South Season2 #11 (SUB)	14:00 Queen of the South Season2 #12 (SUB)	14:00 Queen of the South Season2 #13 (SUB)	14:00 Queen of the South Season3 #1 (SUB)	14:00 Queen of the South Season2 #13 (SUB)	14:00 The Orville Season2 #1 (SUB)	1400-1430
1430-1500								1430-1500
1500-1530	15:00 Super Daddy Yeol #8 (SUB)	15:00 Super Daddy Yeol #9 (SUB)	15:00 Super Daddy Yeol #10 (SUB)	15:00 Super Daddy Yeol #11 (SUB)	15:00 Super Daddy Yeol #12 (SUB)	15:00 Queen of the South Season3 #1 (SUB)	15:00 The Orville Season2 #2 (SUB)	1500-1530
1530-1600								1530-1600
1600-1630	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 Queen of the South Season3 #2 (SUB)	16:00 The Orville Season2 #3 (SUB)	1600-1630
1630-1700	16:30 Wayward Pines Season1 #10 (SUB)	16:30 Wayward Pines Season2 #1 (SUB)	16:30 Wayward Pines Season2 #2 (SUB)	16:30 Wayward Pines Season2 #3 (SUB)	16:30 Wayward Pines Season2 #4 (SUB)			1630-1700
1700-1730	17:30 Zen of Yoga #11 (REG)	17:30 Zen of Yoga #12 (REG)	17:30 Zen of Yoga #13 (REG)	17:30 Zen of Yoga #14 (REG)	17:30 Zen of Yoga #15 (REG)	17:00 BASKETBALL B.LEAGUE 2019-20 10th Leg	17:00 BASKETBALL B.LEAGUE 2019-20 12th Leg	1700-1730
1730-1800						Utsunomiya Brex vs Nagoya Diamond Dolphins (12/7) (REG)	Osaka Evessa vs Chiba Jets (12/14) (REG)	1730-1800
1800-1830	18:00 Undiscovered Vistas #1 (SUB)	18:00 Undiscovered Vistas #2 (SUB)	18:00 Undiscovered Vistas #3 (SUB)	18:00 Undiscovered Vistas #4 (SUB)	18:00 Undiscovered Vistas #5 (SUB)	18:00 Undiscovered Vistas #5 (SUB)	18:00 Undiscovered Vistas #5 (SUB)	1800-1830
1830-1900								1830-1900
1900-1930	19:00 Modern Family Season8 #21 (SUB)	19:00 Modern Family Season9 #1 (SUB)	19:00 Modern Family Season9 #3 (SUB)	19:00 Modern Family Season9 #5 (SUB)	19:00 Modern Family Season9 #7 (SUB)	19:30 BASKETBALL B.LEAGUE 2019-20 11th Leg	19:30 BASKETBALL B.LEAGUE 2019-20 13th Leg	1900-1930
1930-2000	19:30 Modern Family Season8 #22 (SUB)	19:30 Modern Family Season9 #2 (SUB)	19:30 Modern Family Season9 #4 (SUB)	19:30 Modern Family Season9 #6 (SUB)	19:30 Modern Family Season9 #8 (SUB)			1930-2000
2000-2030	20:30 THE SIMPSONS Season29 #21 (SUB)	20:30 THE SIMPSONS Season30 #2 (SUB)	20:30 THE SIMPSONS Season30 #3 (SUB)	20:30 THE SIMPSONS Season30 #4 (SUB)	20:30 THE SIMPSONS Season30 #5 (SUB)	20:30 THE SIMPSONS Season30 #6 (SUB)	20:30 THE SIMPSONS Season30 #7 (SUB)	2000-2030
2030-2100								2030-2100
2100-2130	21:00 The Orville Season1 #11 (SUB)	21:00 The Orville Season1 #12 (SUB)	21:00 The Orville Season2 #1 (SUB)	21:00 The Orville Season2 #2 (SUB)	21:00 The Orville Season2 #3 (SUB)	21:00 The Orville Season2 #3 (SUB)	21:00 The Orville Season2 #3 (SUB)	2100-2130
2130-2200								2130-2200
2200-2230	22:00 Queen of the South Season2 #11 (SUB)	22:00 Queen of the South Season2 #12 (SUB)	22:00 Queen of the South Season2 #13 (SUB)	22:00 Queen of the South Season3 #1 (SUB)	22:00 Queen of the South Season3 #2 (SUB)	22:00 UFC "Unleashed 2018" #7 (SUB)	22:00 Wayward Pines Season2 #1 (SUB)	2200-2230
2230-2300								2230-2300
2300-2330	23:00 Wayward Pines Season2 #1 (SUB)	23:00 Wayward Pines Season2 #2 (SUB)	23:00 Wayward Pines Season2 #3 (SUB)	23:00 Wayward Pines Season2 #4 (SUB)	23:00 Wayward Pines Season2 #5 (SUB)	23:00 UFC "Unleashed 2018" #8 (SUB)	23:00 Wayward Pines Season2 #2 (SUB)	2300-2330
2330-2400								2330-2400
2400-2430	24:00 Modern Family Season8 #21 (SUB)	24:00 Modern Family Season9 #1 (SUB)	24:00 Modern Family Season9 #3 (SUB)	24:00 Modern Family Season9 #5 (SUB)	24:00 Modern Family Season9 #7 (SUB)	24:00 UFC "Unleashed 2018" #9 (SUB)	24:00 Wayward Pines Season2 #3 (SUB)	2400-2430
2430-2500								2430-2500
2500-2530	25:00 Zen of Yoga #6 (REG)	25:00 Zen of Yoga #8 (REG)	25:00 Zen of Yoga #10 (REG)	25:00 Zen of Yoga #12 (REG)	25:00 Zen of Yoga #14 (REG)	25:00 UFC "Unleashed 2018" #10 (SUB)	25:00 Wayward Pines Season2 #4 (SUB)	2500-2530
2530-2600								2530-2600
2600-2630	26:00 THE SIMPSONS Season29 #21 (SUB)	26:00 THE SIMPSONS Season30 #2 (SUB)	26:00 THE SIMPSONS Season30 #4 (SUB)	26:00 THE SIMPSONS Season30 #6 (SUB)	26:00 THE SIMPSONS Season30 #8 (SUB)	26:00 UFC "Unleashed 2018" #11 (SUB)	26:00 Wayward Pines Season2 #5 (SUB)	2600-2630
2630-2700								2630-2700
2700-2730	27:00 Wayward Pines Season2 #1 (SUB)	27:00 Wayward Pines Season2 #2 (SUB)	27:00 Wayward Pines Season2 #3 (SUB)	27:00 Wayward Pines Season2 #4 (SUB)	27:00 Wayward Pines Season2 #5 (SUB)	27:00 UFC "Unleashed 2018" #12 (SUB)	27:00 Undiscovered Vistas #3 (SUB)	2700-2730
2730-2800								2730-2800

(ET)	月曜日 2020/02/24	火曜日 2020/02/25	水曜日 2020/02/26	木曜日 2020/02/27	金曜日 2020/02/28	土曜日 2020/02/29	日曜日 2020/03/01	(ET)
400-430	04:00 Fresh off the Boat Season5 #10 (SUB)	25:00~ NO TRANSMISSION DUE TO MAINTENANCE	04:00 Fresh off the Boat Season5 #14 (SUB)	04:00 Fresh off the Boat Season5 #16 (SUB)	04:00 Fresh off the Boat Season5 #18 (SUB)	04:00 Super Daddy Yeol #13 (SUB)	04:00 Super Daddy Yeol #13 (SUB)	400-430
430-500	04:30 Fresh off the Boat Season5 #11 (SUB)		04:30 Fresh off the Boat Season5 #15 (SUB)	04:30 Fresh off the Boat Season5 #17 (SUB)	04:30 Fresh off the Boat Season5 #19 (SUB)			430-500
500-530	05:00 Zen of Yoga #14 (REG)		05:00 Zen of Yoga #1 (REG)	05:00 Zen of Yoga #3 (REG)	05:00 Zen of Yoga #5 (REG)	05:00 Super Daddy Yeol #14 (SUB)	500-530	
530-600	05:30 Zen of Yoga #15 (REG)		05:30 Zen of Yoga #2 (REG)	05:30 Zen of Yoga #4 (REG)	05:30 Zen of Yoga #6 (REG)		530-600	
600-630	06:00 The Orville Season2 #3 (SUB)		06:00 The Orville Season2 #5 (SUB)	06:00 The Orville Season2 #6 (SUB)	06:00 The Orville Season2 #7 (SUB)	06:00 Super Daddy Yeol #15 (SUB)	600-630	
630-700							630-700	
700-730	07:00 Queen of the South Season3 #2 (SUB)	07:00 Queen of the South Season3 #3 (SUB)	07:00 Queen of the South Season3 #4 (SUB)	07:00 Queen of the South Season3 #5 (SUB)	07:00 Queen of the South Season3 #6 (SUB)	07:00 Super Daddy Yeol #16 (SUB)	700-730	
730-800							730-800	
800-830	08:00 Super Daddy Yeol #12 (SUB)	08:00 Super Daddy Yeol #13 (SUB)	08:00 Super Daddy Yeol #14 (SUB)	08:00 Super Daddy Yeol #15 (SUB)	08:00 Super Daddy Yeol #16 (SUB)	08:00 High School King of Savvy #1 (SUB)	800-830	
830-900							830-900	
900-930	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	09:00 INFORMATION (REG)	900-930	
930-1000	09:30 NAMASTE #3 (DUB)	09:30 NAMASTE #4 (DUB)	09:30 NAMASTE #5 (DUB)	09:30 NAMASTE #6 (DUB)	09:30 NAMASTE #7 (DUB)	09:30 NAMASTE #8 (DUB)	930-1000	
1000-1030	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	10:00 INFORMATION (REG)	1000-1030	
1030-1100	10:30 Super Daddy Yeol #13 (SUB)	10:30 Super Daddy Yeol #14 (SUB)	10:30 Super Daddy Yeol #15 (SUB)	10:30 Super Daddy Yeol #16 (SUB)	10:30 High School King of Savvy #1 (SUB)	10:30 Zen of Yoga #13 (REG)	1030-1100	
1100-1130						11:00 Zen of Yoga #14 (REG)	1100-1130	
1130-1200	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	11:30 INFORMATION (REG)	1130-1200	
1200-1230	12:00 Fresh off the Boat Season5 #12 (SUB)	12:00 Fresh off the Boat Season5 #14 (SUB)	12:00 Fresh off the Boat Season5 #16 (SUB)	12:00 Fresh off the Boat Season5 #18 (SUB)	12:00 Fresh off the Boat Season5 #20 (SUB)	12:00 Queen of the South Season3 #3 (SUB)	1200-1230	
1230-1300	12:30 Fresh off the Boat Season5 #13 (SUB)	12:30 Fresh off the Boat Season5 #15 (SUB)	12:30 Fresh off the Boat Season5 #17 (SUB)	12:30 Fresh off the Boat Season5 #19 (SUB)	12:30 Fresh off the Boat Season5 #21 (SUB)		1230-1300	
1300-1330	13:00 The Orville Season2 #3 (SUB)	13:00 The Orville Season2 #4 (SUB)	13:00 The Orville Season2 #5 (SUB)	13:00 The Orville Season2 #6 (SUB)	13:00 The Orville Season2 #7 (SUB)	13:00 Queen of the South Season3 #4 (SUB)	1300-1330	
1330-1400							1330-1400	
1400-1430	14:00 Queen of the South Season3 #2 (SUB)	14:00 Queen of the South Season3 #3 (SUB)	14:00 Queen of the South Season3 #4 (SUB)	14:00 Queen of the South Season3 #5 (SUB)	14:00 Queen of the South Season3 #6 (SUB)	14:00 Queen of the South Season3 #5 (SUB)	1400-1430	
1430-1500							1430-1500	
1500-1530	15:00 Super Daddy Yeol #13 (SUB)	15:00 Super Daddy Yeol #14 (SUB)	15:00 Super Daddy Yeol #15 (SUB)	15:00 Super Daddy Yeol #16 (SUB)	15:00 High School King of Savvy #1 (SUB)	15:00 Queen of the South Season3 #6 (SUB)	1500-1530	
1530-1600							1530-1600	
1600-1630	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 INFORMATION (REG)	16:00 Queen of the South Season3 #7 (SUB)	1600-1630	
1630-1700	16:30 Wayward Pines Season2 #5 (SUB)	16:30 Wayward Pines Season2 #6 (SUB)	16:30 Wayward Pines Season2 #7 (SUB)	16:30 Wayward Pines Season2 #8 (SUB)	16:30 Wayward Pines Season2 #9 (SUB)	17:00 BASKETBALL B.LEAGUE 2019-20 14th Leg	1630-1700	
1700-1730								1700-1730
1730-1800	17:30 Zen of Yoga #1 (REG)	17:30 Zen of Yoga #2 (REG)	17:30 Zen of Yoga #3 (REG)	17:30 Zen of Yoga #4 (REG)	17:30 Zen of Yoga #5 (REG)	Utsonomiya Brex vs Chiba Jets (12/25) (REG)	1730-1800	
1800-1830	18:00 Undiscovered Vistas #6 (SUB)	18:00 Undiscovered Vistas #7 (SUB)	18:00 Undiscovered Vistas #8 (SUB)	18:00 Land of Gremlins #1 (SUB)	18:00 Land of Gremlins #2 (SUB)			1800-1830
1830-1900							1830-1900	
1900-1930	19:00 Modern Family Season9 #9 (SUB)	19:00 Modern Family Season9 #11 (SUB)	19:00 Modern Family Season9 #13 (SUB)	19:00 Modern Family Season9 #15 (SUB)	19:00 Modern Family Season9 #17 (SUB)	19:30 BASKETBALL B.LEAGUE 2019-20 15th Leg	1900-1930	
1930-2000	19:30 Modern Family Season9 #10 (SUB)	19:30 Modern Family Season9 #12 (SUB)	19:30 Modern Family Season9 #14 (SUB)	19:30 Modern Family Season9 #16 (SUB)	19:30 Modern Family Season9 #18 (SUB)			1930-2000
2000-2030	20:00 THE SIMPSONS Season30 #10 (SUB)	20:00 THE SIMPSONS Season30 #12 (SUB)	20:00 THE SIMPSONS Season30 #14 (SUB)	20:00 THE SIMPSONS Season30 #16 (SUB)	20:00 THE SIMPSONS Season30 #18 (SUB)	Akita Northern Happinets vs Utsonomiya Brex (12/28) (REG)	2000-2030	
2030-2100	20:30 THE SIMPSONS Season30 #11 (SUB)	20:30 THE SIMPSONS Season30 #13 (SUB)	20:30 THE SIMPSONS Season30 #15 (SUB)	20:30 THE SIMPSONS Season30 #17 (SUB)	20:30 THE SIMPSONS Season30 #19 (SUB)			2030-2100
2100-2130	21:00 The Orville Season2 #4 (SUB)	21:00 The Orville Season2 #5 (SUB)	21:00 The Orville Season2 #6 (SUB)	21:00 The Orville Season2 #7 (SUB)	21:00 The Orville Season2 #8 (SUB)	22:00 UFC 245	2100-2130	
2130-2200								2130-2200
2200-2230	22:00 Queen of the South Season3 #3 (SUB)	22:00 Queen of the South Season3 #4 (SUB)	22:00 Queen of the South Season3 #5 (SUB)	22:00 Queen of the South Season3 #6 (SUB)	22:00 Queen of the South Season3 #7 (SUB)	Usman vs Covington	2200-2230	
2230-2300								2230-2300
2300-2330	23:00 Wayward Pines Season2 #6 (SUB)	23:00 Wayward Pines Season2 #7 (SUB)	23:00 Wayward Pines Season2 #8 (SUB)	23:00 Wayward Pines Season2 #9 (SUB)	23:00 Wayward Pines Season2 #10 (SUB)	(BIL)	2300-2330	
2330-2400								2330-2400
2400-2430	24:00 Modern Family Season9 #9 (SUB)	24:00 Modern Family Season9 #11 (SUB)	24:00 Modern Family Season9 #13 (SUB)	24:00 Modern Family Season9 #15 (SUB)	24:00 Modern Family Season9 #17 (SUB)	25:00 UFC 246	2400-2430	
2430-2500	24:30 Modern Family Season9 #10 (SUB)	24:30 Modern Family Season9 #12 (SUB)	24:30 Modern Family Season9 #14 (SUB)	24:30 Modern Family Season9 #16 (SUB)	24:30 Modern Family Season9 #18 (SUB)			2430-2500
2500-2530	25:00 NO TRANSMISSION DUE TO MAINTENANCE	25:00 Zen of Yoga #1 (REG)	25:00 Zen of Yoga #3 (REG)	25:00 Zen of Yoga #5 (REG)	25:00 Zen of Yoga #7 (REG)	McGregor vs Cowboy	2500-2530	
2530-2600		25:30 Zen of Yoga #2 (REG)	25:30 Zen of Yoga #4 (REG)	25:30 Zen of Yoga #6 (REG)	25:30 Zen of Yoga #8 (REG)			2530-2600
2600-2630			26:00 THE SIMPSONS Season30 #12 (SUB)	26:00 THE SIMPSONS Season30 #14 (SUB)	26:00 THE SIMPSONS Season30 #16 (SUB)	26:00 THE SIMPSONS Season30 #18 (SUB)	(BIL)	2600-2630
2630-2700			26:30 THE SIMPSONS Season30 #13 (SUB)	26:30 THE SIMPSONS Season30 #15 (SUB)	26:30 THE SIMPSONS Season30 #17 (SUB)	26:30 THE SIMPSONS Season30 #19 (SUB)		
2700-2730			27:00 Wayward Pines Season2 #7 (SUB)	27:00 Wayward Pines Season2 #8 (SUB)	27:00 Wayward Pines Season2 #9 (SUB)	27:00 Wayward Pines Season2 #10 (SUB)		2700-2730
2730-2800								

