

Lily Allen

It's Not Me, It's You



Everyone's At It

I don't know much but I know this for certain / That is the sun poking its head round the curtain / Please can we leave I'd like to go to bed now / It's not just the sun that is hurting my head now / I'm not trying to say that I'm smelling of roses / But when will we tire of putting shit up our noses / I don't like staying up / Staying up past the sunlight / It's meant to be fun and this just doesn't feel right // Why can't we all just be honest / Admit to ourselves that everyone's on it / From grown politicians to young adolescents / Prescribing themselves antidepressants / How can we start to tackle the problem / If you don't put your hands up and admit that you're on them / The kids are in danger they're all getting habits / Cause from what I can see everyone's at it / Everyone's at it, Everyone's at it, Everyone's at it // I get involved but I'm not advocating / Got an opinion yeah you're well up for slating / See you've got a prescription and that makes it legal / Now I find the excuses overwhelmingly feeble / You go to the doctor you need pills for sleeping / Well if you can convince him then I guess that's not cheating / So your daughter's depressed well get her straight on the Prozac / But little do you know she already takes crack / Why can't we all, all just be honest / Admit to ourselves that everyone's on it / From grown politicians to young adolescents / Prescribing themselves antidepressants / How can we start to tackle the problem / If you don't put your hands up and admit that you're on them / The kids are in danger they're all getting habits / Cause from what I can see everyone's at it / Everyone's at it, Everyone's at it, Everyone's at it // Why can't we all just be honest / Admit to ourselves that everyone's on it / From grown politicians to young adolescents / Prescribing themselves antidepressants / How can we start to tackle the problem / If you don't put your hands up and admit that you're on them / The kids are in danger they're all getting habits / Cause from what I can see everyone's at it / Everyone's at it, Everyone's at it, Everyone's at it.

The Fear

I want to be rich and I want lots of money / I don't care about clever I don't care about funny / I want loads of clothes and fuckloads of diamonds / I heard people die while they're trying to find them // And I'll take my clothes off and it will be shameless / Cause everyone knows that's how you get famous / I'll look at The Sun and I'll look in The Mirror / I'm on the right track yeah I'm onto a winner // I don't know what's right and what's real anymore / And I don't know how I'm meant to feel anymore / When do you think it will all become clear / Cause I'm being taken over by the fear // Life's about film stars and less about mothers / It's all about fast cars and cussing each other / But it doesn't matter cause I'm packing plastic / And that's what makes my life so fucking fantastic // And I am a weapon of massive consumption / And it's not my fault it's how I'm programmed to function / I'll look at The Sun and I'll look in The Mirror / I'm on the right track yeah we're onto a winner // I don't know what's right and what's real anymore / And I don't know how I'm meant to feel anymore / And when do you think it will all become clear / Cause I'm being taken over by the fear // Forget about guns and forget ammunition / Cause I'm killing them all on my own little mission / Now I'm not a saint but I'm not a sinner / Now everything's cool as long as I'm getting thinner // I don't know what's right and what's real anymore / And I don't know how I'm meant to feel anymore / And when do you think it will all become clear / Cause I'm being taken over by the fear.

Not Fair

Oh he treats me with respect / He says he loves me all the time / He calls me 15 times a day / He likes to make sure that I'm fine / You know I've never met a man who's made me feel quite so secure / He's not like all them other boys / They're all so dumb and immature // There's just one thing that's getting in the way / When we go up to bed you're just no good / It's such a shame / I look into your eyes I want to get to know you / And then you make this noise and it's apparent it's all over // It's not fair / And I think you're really mean / I think you're really mean / I think you're really mean / Oh you're supposed to care / But you never make me scream / You never make me scream // Oh it's not fair / And it's really not ok / It's really not ok / It's really not ok / Oh you're supposed to care / But all you do is take / Yeah all you do is take // Oh I lie here in the wet patch / In the middle of the bed / I'm feeling pretty damn hard done by / I spent ages giving head / Then I remember all the nice things that you ever said to me / Maybe I'm just overreacting maybe you're the one for me // There's just one thing that's getting in the way / When we go up to bed you're just no good / It's such a shame / I look into your eyes I want to get to know you / And then you make this noise and it's apparent it's all over // It's not fair / And I think you're really mean / I think you're really mean / I think you're really mean / Oh you're supposed to care / But you never make me scream / You never make me scream // Oh it's not fair / And it's really not ok / It's really not ok / It's really not ok / Oh you're supposed to care / But all you do is take / Yeah all you do is take // There's just one thing that's getting in the way / When we go up to bed you're just no good / It's such a shame / I look into your eyes I want to get to know you / And then you make this noise and it's apparent it's all over // It's not fair / And I think you're really mean / I think you're really mean / I think you're really mean / Oh you're supposed to care / But you never make me scream / You never make me scream // Oh it's not fair / And it's really not ok / It's really not ok / It's really not ok / Oh you're supposed to care / But all you do is take / Yeah all you do is take.



22

When she was 22 the future looked bright / But she's nearly 30 now and she's out every night / I see that look in her face she's got that look in her eye / She's thinking how did I get here and wondering why // It's sad but it's true how society says / Her life is already over / There's nothing to do and there's nothing to say / Til the man of her dreams comes along picks her up and puts her over his shoulder / It seems so unlikely in this day and age // She's got an alright job but it's not a career / Wherever she thinks about it, it brings her to tears / Cause all she wants is a boyfriend / She gets one-night stands / She's thinking how did I get here / I'm doing all that I can // It's sad but it's true how society says / Her life is already over / There's nothing to do and there's nothing to say / Til the man of her dreams comes along picks her up and puts her over his shoulder / It seems so unlikely in this day and age // It's sad but it's true how society says / Her life is already over / There's nothing to do and there's nothing to say / Til the man of her dreams comes along picks her up and puts her over his shoulder / It seems so unlikely in this day and age.

I Could Say

I could say that I'll always be here for you / But that would be a lie and quite a pointless thing to do / I could say that I'll always have feelings for you / But I've got a life ahead of me and I'm only 22 // Since you've gone I've lost that chip on my shoulder / Since you've gone I feel like I've gotten older / Now you're gone it's as if the whole wide world is my stage / Now you're gone it's like I've been let out of my cage // You always made it clear that you hated my friends / You made me feel so guilty when I was running round with them / And everything was always about being cool / And now I've come to realise there's nothing cool about you at all // Since you've gone I've lost that chip on my shoulder / Since you've gone I feel like I've gotten older / Now you're gone it's as if the whole wide world is my stage / Now you're gone it's like I've been let out of my cage // Since you've gone I've lost that chip on my shoulder / Since you've gone I feel like I've gotten older / Now you're gone it's as if the whole wide world is my stage / Now you're gone it's like I've been let out of my cage.

Back To The Start

When we were growing up you always looked like you were having such fun / You always were and you always will be the taller and the prettier one / People seem to love you / They gravitate towards you / That's why I started to hate you so much / And I just completely ignored you // I don't know why I felt the need to keep it up for oh so long / It's all my fault I'm sorry you did absolutely nothing wrong / I don't know why I felt the need to drag it out for all these years / All the pain I've caused you / The constant flow of all the tears / Believe me when I say that I cannot apologise enough / When all you ever wanted from me was a token of my love / And if it's not too late / Could you please find it deep within your heart / To try and go back go back to the start / Go back to the start // I've been so evil with my constant invasions / But you made it so easy for me / You always rise to the occasion / I'll always pull you up on every stupid thing that you say / But I found it so entertaining / Messing around with your head // I don't know why I felt the need to keep it up for oh so long / It's all my fault I'm sorry you did absolutely nothing wrong / I don't know why I felt the need to drag it out for all these years / All the pain I've caused you / The constant flow of all the tears / Believe me when I say that I cannot apologise enough / When all you ever wanted from me was a token of my love / And if it's not too late / Could you please find it deep within your heart / To try and go back go back to the start / Go back to the start // This is not just a song / I intend to put these words into action / I hope that it sums up the way that I feel to your satisfaction // I don't know why I felt the need to keep it up for oh so long / It's all my fault I'm sorry you did absolutely nothing wrong / I don't know why I felt the need to drag it out for all these years / All the pain I've caused you / The constant flow of all the tears / Believe me when I say that I cannot apologise enough / When all you ever wanted from me was a token of my love / And if it's not too late / Could you please find it deep within your heart / To try and go back go back to the start / Go back to the start.

Never Gonna Happen

I don't wanna hurt you cause I don't think it's a virtue / But you and I have come to our end / Believe me when I tell you that I never wanna see you again / And please can you stop calling cause it's getting really boring / And I've told you I don't want to be friends / Believe me when I tell you that I never wanna see you again // How on earth could I be any more obvious? / It never really did and now it's never gonna happen with the two of us / I don't understand what it is that you're chasing after / But it makes me really sad to hear you sound so desperate / It just makes it harder // I can see how it's confusing - it could be considered using / When I call you up straight out of the blue / But I don't understand what else a girl in my position's to do / Now I know you feel betrayed but it's been weeks since I got laid / This doesn't mean that I don't think you're a fool / But I don't understand what else a girl in my position's to do // How on earth could I be any more obvious? / It never really did and now it's never gonna happen with the two of us / I don't understand what it is that you're chasing after / But it makes me really sad to hear you sound so desperate / It just makes it harder // I know it's rather ugly cause I know that you still love me / And this isn't any kind of excuse / I don't love you, I don't love you... // How on earth could I be any more obvious? / It never really did and now it's never gonna happen with the two of us / I don't understand what it is that you're chasing after / But it makes me really sad to hear you sound so desperate / It just makes it harder.

Fuck You

Look inside, look inside your tiny mind, then look a bit harder / Cause we're so uninspired, so sick and tired, of all the hatred you harbour / So you say it's not OK to be gay, well I think you're just evil / You're just some racist, who can't tie my laces / Your point of view is medieval // Fuck you (fuck you) / Fuck you very very much / Cause we hate what you do and we hate your whole crew / So please don't stay in touch / Fuck you (fuck you) / Fuck you very very much / Cause your words don't translate and it's getting quite late / So please don't stay in touch // Do you get, do you get a little kick out of being small-minded? / You want to be like your father, it's approval you're after / Well that's not how you find it / Do you, do you really enjoy living a life that's so hateful? / Cause there's a hole where your soul should be / You're losing control a bit / And it's really distasteful // Fuck you (fuck you) / Fuck you very very much / Cause we hate what you do and we hate your whole crew / So please don't stay in touch / Fuck you (fuck you) / Fuck you very very much / Cause your words don't translate and it's getting quite late / So please don't stay in touch // Fuck you, fuck you, fuck you / Fuck you, fuck you, fuck you / Fuck you // You say you think we need to go to war / Well you're already in one / Cause it's people like you / That need to get slew / No one wants your opinion // Fuck you (fuck you) / Fuck you very very much / Cause we hate what you do and we hate your whole crew / So please don't stay in touch / Fuck you (fuck you) / Fuck you very very much / Cause your words don't translate and it's getting quite late / So please don't stay in touch // Fuck you / Fuck you / Fuck you // Fuck you / Fuck you / Fuck you.

Who'd Have Known

It's 5 o'clock in the morning / The conversation got boring / You said you were going to bed soon / So I snuck off to your bedroom / And I thought I'd just wait there / Until I heard you come up the stairs / And I pretended I was sleeping / And I was hoping you would creep in with me // You put your arm around my shoulder / And it was good the room got colder / And we moved closer in together / And started talking about the weather / You said tomorrow would be fun / And we could watch a place in the sun / I didn't know where this was going / When you kissed me // Are you mine? / Are you mine? / Cause I stay here all the time / Watching telly, drinking wine // Who'd have known? / Who'd have known? / When you flash up on my phone / I no longer feel alone / No longer feel alone // I haven't left you for days now / And I'm becoming amazed how / You're quite affectionate in public / In fact your friend said it made her feel sick / And even though it's moving forward / There's just the right amount of awkward / And today you accidentally called me baby // Are you mine? / Are you mine? / Cause I stay here all the time / Watching telly, drinking wine // Who'd have known? / Who'd have known? / When you flash up on my phone / I no longer feel alone // Let's just stay / Let's just stay / I wanna lie in bed all day / We'll be laughing all the way / You told your friends they all know / We exist but we're taking it slow / Let's just see how it goes / Let's see how it goes // Are you mine? / Are you mine? / Cause I stay here all the time / Watching telly, drinking wine // Who'd have known? / Who'd have known? / When you flash up on my phone / I no longer feel alone // Let's just stay / Let's just stay / I wanna lie in bed all day / We'll be laughing all the way / You told your friends they all know / We exist but we're taking it slow / Let's just see how it goes / Let's see how it goes.

Chinese

I see you from the sky / And I wonder how long it will take me to get home / I wait for an hour or so at the carousel / I have a cigarette to pass the time / Cause the traffic's hell // I don't want anything more / Than to see your face when you open the door / You'll make me beans on toast and a nice cup of tea / And we'll get a Chinese and watch TV / Tomorrow we'll take the dog for a walk / And in the afternoon then maybe we'll talk / I'll be exhausted so I'll probably sleep / And we'll get a Chinese and watch TV // You wipe the tears from my eye / And you say that all that it takes is a phone call / I cry at the thought of being alone and then / I wonder how long it will take til I'm home again // I don't want anything more / Than to see your face when you open the door / You'll make me beans on toast and a nice cup of tea / And we'll get a Chinese and watch TV / Tomorrow we'll take the dog for a walk / And in the afternoon then maybe we'll talk / I'll be exhausted so I'll probably sleep / But I'll send you a postcard when I get there // I don't want anything more / Than to see your face when you open the door / You'll make me beans on toast and a nice cup of tea / And we'll get a Chinese and watch TV / Tomorrow we'll take the dog for a walk / And in the afternoon then maybe we'll talk / I'll be exhausted so I'll probably sleep / And we'll get a Chinese and watch TV.

Him

Would you please take me away from this place / I cannot bear to see the look upon your faces / And if there is some kind of god do you think he's pleased / When he looks down on us I wonder what he sees / Do you think he'd think the things we do are a waste of time / Maybe he'd think we are getting on just fine / Do you think he's skint or financially secure / And come election time I wonder who he'd vote for // Ever since he can remember people have died in his good name / Long before that September / Long before hijacking planes / He's lost the will he can't decide / He doesn't know who's right or wrong / But there's one thing that he's sure of this has been going on too long // Do you think he'd drive in his car without insurance / Now is he interesting or do you think he'd bore us / Do you think his favourite type of human is caucasian / Do you reckon he's ever been done for tax evasion / Do you think he's any good at remembering people's names / Do you think he's ever taken smack or cocaine / I don't imagine he's ever been suicidal / His favourite band is Creedence Clearwater Revival // Ever since he can remember people have died in his good name / Long before that September / Long before hijacking planes / He's lost the will he can't decide / He doesn't know who's right or wrong / But there's one thing that he's sure of this has been going on too long // Ever since he can remember people have died in his good name / Long before that September / Long before hijacking planes / He's lost the will he can't decide / He doesn't know who's right or wrong / But there's one thing that he's sure of this has been going on too long.

He Wasn't There

He wasn't there when I needed him / No, he was never around / His reputation was preceding him / And he was out on the town / It didn't matter if he let me down / I didn't care about the lies / Now all I knew was that he loved me very much / He was my hero in disguise // I'm so pleased I never gave up on him / Oh well you wouldn't believe some of the things that he did / And everyone said you have to give him some time / And I'm glad that I gave it to him cause now everything's fine // Now you see I never thought you'd be a constant person in my life / And I don't think that you would be if you'd have stayed with your ex wife / I know you wouldn't but there is no need / No need to apologise / Because I know you'll always love me very much / You are my hero in disguise // I'm so pleased I never gave up on him / Oh well you wouldn't believe some of the things that he did / And everyone said you have to give him some time / And I'm glad that I gave it to him cause now everything's fine // You might have thought you didn't teach me much / But you taught me right from wrong / And it was when you didn't keep in touch / Well it taught me to be strong / And just in case you ever thought I would / I wouldn't change you for the world / Because I know you'll always love me very much / I'll always be you're little girl // I'm so pleased I never gave up on him / Oh well you wouldn't believe some of the things that he did / And everyone said you have to give him some time / And I'm glad that I gave it to him cause now everything's fine.

Credits:

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Produced & recorded by Greg Kurstin



REAL

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