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## UPDATE FROM THE SLEEPING GIANT PARK RANGER

—By Lori Lindquist



—Photo by Irwin Beitch

Things have been hopping in the Giant! In spite of the economy, people are continuing to come to the Giant to enjoy its natural beauty and to picnic, fish, and hike. Attendance has increased significantly on weekdays, when no parking fee is charged.

The Mill River continues to be a popular site for many fishermen. On April 7<sup>th</sup> Deputy Commissioner Susan Frechette came to Sleeping Giant State Park to assist a group of fifth graders from the Helen Street School in Hamden, in stocking the river with rainbow trout and brown trout.

We have continued to grant "Special Use" permits; these documents are required whenever someone wants to hold any sort of nontraditional event in a Connecticut state park. Application must be made at least 21 days in advance of the occasion and must be approved by the Park Supervisor and our Hartford office. Application forms are available on line. Two such Special Use permits were issued for June events in the Sleeping Giant State Park. One was for the videotaping in the Sleeping Giant of an independent short film called "Titania Prequel." It retells the fairy tale of the Armless Maiden, using Shakespeare's fairy queen Titania, as well as other characters from Shakespeare and Greek mythology. The other Special Use license issued for a June event was for a 5k race up the Tower Trail and back to the picnic area. The race included over 60 participants and was sponsored by Quinnipiac University's Phi Delta Phi fraternity. Proceeds from the event went to the Wounded Warrior Project, which provides programs and services to severely injured military members during their active duty and also during their reentry to civilian life.

Ending on a sad note, we have been subjected to more vandalism than ever before in our park this past year. The water fountain in the picnic area was broken, just after having been repaired; in addition, more graffiti was written on the Tower than I can remember ever seeing in the past. Luckily, our talented staff members borrowed a sandblaster and were able to remove it. In addition, windows of some vehicles were smashed and valuables removed. Although most people who come to the park are here for exercise and for enjoyment of nature, there are, regrettably, a few spoilers. Thus, park visitors would be advised not to leave anything of value unattended in their vehicles.

## Ongoing Inventory of Species in the Giant

—By Barbara Beitch, Coordinator, Second Annual Bioblitz

Our Second Annual Giant Bioblitz, which took place on Sunday, June 13, was quite a success. Altogether that day, we identified 265 species, some of which had not been reported previously in the Giant. In total, since we started taking data, we have identified over 600 species (as of the end of July, 2010). The following table summarizes our findings:

The Third Annual Bioblitz will take place in September, 2011. These annual inventories are valuable to us, as they provide an indicator of changes, if any, in the biodiversity of the Giant over time.

Bioblitz Summary	Identified 6/13/2010	Cumulative Total 7/31/2010
Plants	114	262
Birds	33	48
Fungi	18	116
Insects	72	153
Other invertebrates	14	22
Mammals	4	9
Reptiles	1	8
Amphibians	9	12
Fishes	0	1
<b>TOTAL</b>	<b>265</b>	<b>631</b>

# Connecticut's Turkeys:

## A Wildly Successful Wildlife Story

—By Gail Cameron, SGPA Environmental Stewardship Committee Chairperson

Just about everyone is familiar with the wild turkeys that frequent our woodlands and fields. But did you know that by the early 1800s they had been eliminated from Connecticut by hunters?

When the settlers first arrived in Connecticut from Europe in the first half of the seventeenth century, they found an abundance of wildlife here— everything from turkeys to wolves and cougars. Within a hundred years, however, the whole picture had changed. Forests had been cleared for farming, bounties had been imposed on animals considered dangerous, and natural resources were taken for granted.

In 1975, the Connecticut Department of Environmental Protection (DEP) began a turkey-restoration program. Earlier efforts at re-establishing turkey populations had failed. However, by 1975, much of the forest had grown back and matured, and woodland habitats throughout Connecticut were deemed conducive to supporting such a population. The DEP started the program with 22 birds that had been trapped in New York State. They reproduced, and their numbers increased dramatically. After two years, the DEP was able to relocate some of the birds to sparser locations throughout Connecticut. Currently, the statewide population is estimated at about 30,000. We have even been able to supply turkeys to other states for their restoration programs. Some of the money gained from "turkey sharing" actually has gone toward a project to restore populations of fisher cats, but that's another story, for a future article!

Wild turkeys have good survival instincts and can

see and hear quite well. They forage over a wide range of fields and forest and eat acorns, corn, seeds, fruits and insects. Generally, the "toms" (males) will keep to themselves or form small groups, while several hens, along with their "poults" (young), join together to form flocks in late summer. Springtime brings their breeding season; wonderful displays by the males can be seen in late March and early April. Their gobbling can be heard from quite a distance. After mating, hens lay from eight to fourteen eggs, which they incubate for 28 days.

Turkey populations can be adversely affected by food shortage, cold and rainy weather, and predators such as coyotes; however, wild turkeys are managing to survive here in Connecticut. We are fortunate in that several groups of turkeys have chosen the Giant as their home. They can often be seen moving in and out of the woods, where they roost at night. To some people's surprise, turkeys can fly quite well for short distances and gain protection by sleeping in the higher branches of trees. I have been fortunate to have a flock of four hens and sixteen poults from the Giant visit my yard daily since early June. It has been fun watching the young grow from fluffy chicks to awkward "teens." We should all be grateful that such intelligent, interesting and beautiful birds once again call Connecticut and the Sleeping Giant their home. 🦃

Resources: CT DEP Wildlife fact sheet

Notes: DEP Master Wildlife Conservationist course

Reader's Digest *North American Wildlife*



Turkey family on the edge of the Giant  
—Photo by Gail Cameron



Blue toadfax  
(*Nuttallanthus Canadensis*)  
—Photo by Tom Granucci



# “Visitors Welcome! Do as you would be done by.” \*

—By Julie Hulten, *Trails Crew Member*



Lucky (the Barker dog) carved into  
the face of the Tower  
—Photo by Julie Hulten

Hey, pups! It's me, Lucky! Oh, I should introduce myself properly. My official “kennel” name was Count Felix von Luchner, but my friends called me Lucky. Everyone who's a friend of Sleeping Giant is a friend of mine, so you can call me that, too.

In case you haven't picked up on it, I was a dog. My master, Harry Webb, supervised the WPA crew that built the Tower. Each morning, he and I would hop into his Franklin touring car (well, *I* would hop; Harry was a big guy) and drive up to the job site. As you might imagine, I had the run of the place. I could go anywhere I wanted to; even though my size might intimidate some, all the guys knew me, and so it was no problem.

Over the years, though, things have changed. There are simply a lot more people in the Park today. A big concern of mine has to do with you, lads and lassies, fitting into that mix. I'm a bit tentative about raising the issue, but since I'm an old dog (about 560 doggie years), I hope I can have your respectful attention. For

your own safety, and the well-being of others, PLEASE remind your owners to keep you on lead! Even if you aren't inclined to run up to folks and share your exuberance, I'd still ask you to set a good example for the other dogs and their owners. I want you to be safe, my friends! I want the humans to feel safe, too! It's really the only way for ALL to be able to enjoy this treasured space. “Do as you would be done by” was on that early sign here at the Park. It's good advice today, as well.

I know what you're going to say. “Aw, shucks, Lucky, that's no fun!” Well, I'm the first to agree. Trust me! I know! It was, and still is, so wonderful to be completely free. I loved running hither and yon, tracking the delicious and mysterious smells of the woods, my mind free, the wind sighing wild sweetness in my ears, and the sun warm on my back!!! It's the doggy thing to do. But I'm a spirit now, and back then, well . . . there really *weren't* that many folks in the park, I rarely ran into people who didn't know me.

Let's face it. Even if *you* know that you're “joy in a woolly coat,” not everyone may agree. Really, would you want to scare someone, or leave a bad memory in the mind of a child? That's like . . . like breaking the canine code. We're supposed to be man's best friend. Sometimes we have to show that by holding back.

Hey, thanks for taking the time to listen. I love to see you all having fun, relaxing, and getting fit! I'll share a little secret. Even though the historians say that it's just a pun on the name of Russell Barker, the Tower's architect and Harry's friend, I'm pretty sure that the dog that's carved up there is me! Doesn't it look like a Doberman? Next time you hike up to the Tower, check out my profile. I'm pretty handsome, right? Give an old dog a “hello,” and if you listen closely, you may hear me bark back! 🐶

\* Quote taken from a 1905 sign at the entrance to “Sleeping Giant Woods”

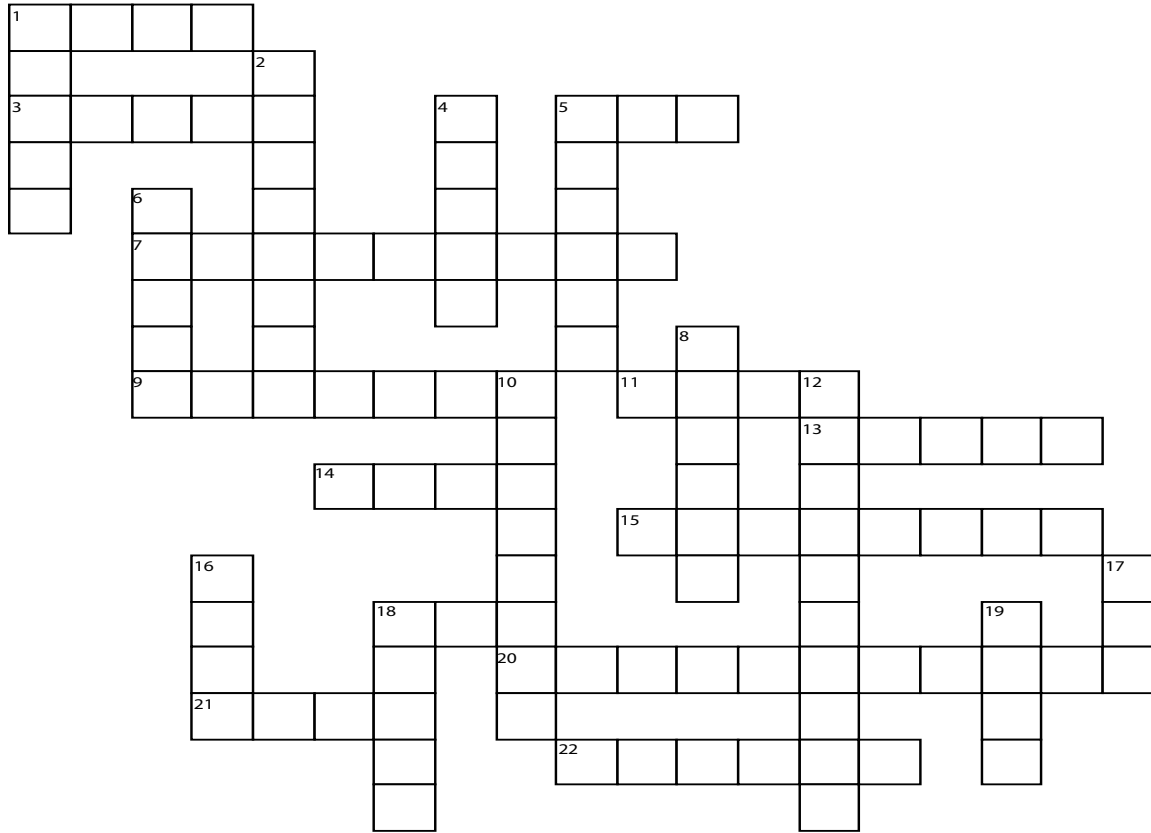
The Sleeping Giant Park Association would like to extend grateful appreciation to Costco, Milford for the generous donation of fruit used in the sugaring experiment during the June Bioblitz.



Flower Fly (Hoverfly) on watercress  
—Photo by Tom Granucci

# Activities in the Giant

—By Julie Hulten, Trails Crew Member



www.CrosswordWeaver.com

## ACROSS

1. To find a quiet spot and catch up on a favorite author
3. "\_\_\_\_\_ only footprints!" (Carry out what you bring in.)
5. On the Giant there are several places to \_\_\_\_\_ and enjoy the view.
7. The many nooks and crannies on the Giant are good places to hide a \_\_\_\_\_.
9. There's lots of fresh air here. \_\_\_\_\_ deeply!
11. Hiking in the early morning or at dusk, you can hear the birds \_\_\_\_\_.
13. Sleeping Giant is there for all to \_\_\_\_\_.
14. "\_\_\_\_\_ only memories!" (Do not pick the flowers.)
15. There are always new things on the Giant to \_\_\_\_\_.
18. In winter you can \_\_\_\_\_ at the east end.
20. A winter activity when the snow is deep
21. There are 13 different trails to \_\_\_\_\_.
22. Brave souls who go down into the earth are called \_\_\_\_\_.

## DOWN

1. Take time out! Come to the Giant to \_\_\_\_\_.
2. To find a quiet spot and think calming thoughts
4. The "official" SGPA hikes help you \_\_\_\_\_ about the Giant.
5. The Tower Path is fine for a leisurely \_\_\_\_\_.
6. To hike the Blue and White trails, there are places where you have to \_\_\_\_\_.
8. In the Pine Grove you can \_\_\_\_\_.
10. Hiking the Giant is good \_\_\_\_\_.
12. Hi-tech treasure hunting
16. One can \_\_\_\_\_ along the Mill River.
17. Sports teams in training often \_\_\_\_\_ the trails to build stamina.
18. Hiking in the summer you're sure to work up a \_\_\_\_\_.
19. There are special trails on the east end to horseback \_\_\_\_\_.

Go to page 10 for the solution to this "Giant Activities" puzzle.

# Environmental Stewardship Committee Gets a Boost

—By Gail Cameron, Chairperson, Environmental Stewardship Committee

This past year, the Environmental Stewardship Committee received some much-needed assistance from the Connecticut Invasive Plant Working Group (CIPWG). An announcement had been made in January that qualifying groups working to remove invasive plants from their properties could apply for volunteer assistance. Applicants were asked to identify their group, include a description of the land that was being cared for, and provide information about what non-native plants were being removed and what control methods were being applied. We were delighted to learn that our SGPA application had qualified for assistance and that calls for volunteer help on our behalf were being made to CIPWG members and Master Gardeners in the area.

We have had several volunteers join us so far. Some have come only once, but others have helped out at several work sessions. The extra hands have really helped our own crew, not only with the physical work but also in boosting our morale. We would especially like to thank Donna Ellis (co-chair of CIPWG), Trish Helm and the Master Gardener Program. Together, we can make a difference.

Japanese Knotweed remains one of our biggest challenges. However, our repeated pulling and cutting has resulted in stunting its growth, and this year we have been pleased to note several types of wildflowers beginning to sprout in the midst of the remaining patches of knotweed, in areas in which we have focused our attention. With hard work and persistence, we should be able to control this highly invasive plant.

We could still use more volunteers to help us with this rewarding work. Please consider joining us; it is a great way to give back to the Giant. At the SGPA website, you will find a list of our scheduled work dates. Finally, to learn more about non-native invasives and the harm they can do, go to <http://www.hort.uconn.edu/CIPWG/>. 🌱

## Love Blooms Eternal in the Giant

### A Postscript

It was during the SGPA fall East End Hike in the fall of 1998 when SGPA members Tom Tibbals and Suzanne Huber first met. Later that year, at the holiday hike and social, they ran into each other again and discovered that in addition to enjoying hiking, they had both become single; and to their surprise, they worked right across the street from each other in Trumbull.

They soon started dating and hiking together. Tom had just become Giant Master #53 and not long afterwards Suzanne became Giant Master #58. Love bloomed in the Giant and marriage soon followed in June of 2000. Now residing in Derby, Tom and Suzanne (both life members of the SGPA) still enjoy living in the neighborhood of the Giant.

—NOTE: The above story was emailed to The Editor by Tom and Suzanne Tibbals.



Pale Pink Corydalis (*Cordalis sempervirens*)  
—Photo by Tom Granucci



# Myopia Makes Music Video in the Chestnut Plantation

—By Chuck Schall and Barbara Beitch

Those who were hiking at the east end of the Giant this past July 11 were treated to some rather unusual music emanating from the Chestnut Plantation. Members of the North Haven heavy metal band known as Myopia were on site producing a music video. Chuck Schall spent a good part of the day there listening to their music and watching the video production.

The band consisted of five members: Michael Cavadini, Charles Woodruff, William Woodruff, Kyle Longley, and Mark Grey. The crew (standing in the back row in the picture to the right) included photographer Robert Proto, director Steven Israel, Glenn Berthiaume, and Robert Spaulding. Michael ("Mickey") is an SGPA member and is currently working on his Giant Master.



From left to right, keyboardist Michael Cavadini, drummer Charles Woodruff, bass guitarist William Woodruff, lead guitarist Kyle Longley, and lead singer Mark Grey rehearsing a number for their music production.  
—Photo by Chuck Schall

Myopia plans to follow up by adding a short anecdote related to the song, using actors rather than band members. They explained to Chuck that they intended to merge the audio with the video part taped in the Giant, and then to splice that together with the anecdotal piece, thus completing the video. As of the writing of this article, the target for completion is the end of August. 🐿

Watching and listening to them was a delightful experience. They brought along some rather elaborate equipment, including cameras, spotlights, amplifiers, a fog machine, and even their own generators to power it all. The focus of the recording session was on filling in the video portion for a song called "Open the Gates"; the audio part had been previously recorded. From the time of their mid-morning arrival until their late-afternoon departure, the group remained very tuned in to their surroundings and demonstrated great respect for the Giant. They were appreciative of being allowed to play there, and we were delighted to have them use our park in this unique manner.



The front row includes members of the band, Charles Woodruff, Michael Cavadini, Mark Grey, William Woodruff, and Kyle Longley. Standing in the back row, from left to right, are the production crew: photographer Robert Proto, director Steven Israel, Glenn Berthiaume, and Robert Spaulding.  
—Photo by Chuck Schall

# PRESS RELEASE: New Hike and some Favorite Oldies in the 2011 Schedule!

—SGPA Hiking Committee

**Note:** Unless otherwise stated, hikes begin at the kiosk beyond the toll booth, at 1:30 PM.

## 2011 HIKE DATES

## HIKE DESCRIPTIONS

January 1, 2011  
(Saturday)

**New Year's Day Hike**  
(start the new year "on the right foot")

February 13

**Winter Tree Identification Hike**  
NOTE: Daylight Savings Time Begins Today!

March 20

**Spring Hikers' Hike** (11:00 AM) A strenuous hike over rough terrain -  
FOR EXPERIENCED HIKERS ONLY

April 10

**History-of-the-Giant Hike**

May 1

**Early Bird Watcher's Hike** (8:00 AM)

May 8

**Spring Wildflower Hike**

May 15

**Introduction to Hiking in the Giant** ("Giant 101")

June 5

**HIKE-A-GIANT 2011** (in conjunction with National Trails Day)  
— 2 or 3 simultaneous hikes varying in length and difficulty

September 11

**Geology-of-the-Giant Hike**

September 25

**Ecology/Natural History Hike\***

October 9

**East End Hike** (Meet at Park Entrance at 1:30 PM, or at Chestnut Lane Trailhead at 1:45 PM, if you prefer)

October 30

**Introduction to Hiking in the Giant** ("Giant 102")

November 13

**Fall Hikers' Hike** (11:00 AM) A strenuous hike over rough terrain -  
FOR EXPERIENCED HIKERS ONLY

December 4

**Holiday Hike and Social**  
Hike starts at 1:30 PM, social and carols at 3:00 PM

January 1, 2012  
(Sunday)

**New Year's Day Hike**  
(start the new year "on the right foot")

\* Although the precise details of the "Ecology and Natural History" Hike are not yet completely worked out, we envision a theme that emphasizes ecological awareness—helping participants gain a working perspective of biodiversity and the complex interrelationships among animals and plants, in the many diverse habitats within the Sleeping Giant Park. Hikers will gain an appreciation for the influence of the seasons on life within the Park, particularly the various adaptations that have evolved, which increase chances for survival under the harsh conditions of approaching winter months.



Hikers on New Year's Day  
—Photo by Dick Majka



# IMPROVEMENTS IN TRAIL DRAINAGE ON THE RED CIRCLE TRAIL

—By Ross Lanius, *Scouting Projects Coordinator*

For his recently completed Eagle Scout Project, Evan Martucci has significantly improved the drainage on the Red Circle Trail, just south of its intersection with the White Trail. Evan and his crew of scouts from Troop 614 in Hamden worked to create water bars (that is, interceptor dikes designed to prevent erosion) and to clear the intermittent streams that cross the trail and those that run parallel to it. Most of the trail is an old woods road. In the area of Evan's work site, the soil had been washed away, leaving bare rock; thus, it was a real challenge for him to create channels that would divert water and keep it off the trail. 🦋



Evan Martucci, standing next to the water bar that he built  
—Photo by Ross Lanius

## “Take a GIANT Hike!”

—By Candice Lanius

When I was growing up, this motto from my favorite tee shirt embodied the enthusiasm I've always held for the Sleeping Giant. My grandparents Ross and Polly Lanius live only half a mile from the southern trailhead of the Red Circle, and every summer my sisters and I raced up the Mountain, usually begging to be carried back down once our small legs began to ache. Thankfully, times have changed; I am a bit taller and can hike farther. I learned about the Giant Master's program



Candice communing with a tree on the red Diamond Trail, in the midst of her Marathon pursuit  
—Photo by Ross Lanius

for the first time this past summer, from my grandfather,\* and that very day we formulated a plan. I wanted to hike the entire Giant . . . in one day. I didn't realize how difficult such a feat would be until I began 'training.' Extending my three-mile hikes into ten-mile treks was draining, but I enjoyed every moment of it. I actively explored trails on the Giant that I had never seen before and improved my endurance.

The big day arrived for me; I woke up on June 8<sup>th</sup> at 4:30 AM after a restless night's sleep. I downed a can of my energy drink of choice, packed my water belt with my favorite protein bars and electrolyte chews, and then hopped in the car to start at the eastern end of the Blue Trail. The day was a gorgeous 74 degrees, and time sped by, along with the miles. My family brought me food at regular intervals and drove me to connecting trailheads. Surprisingly, there were only two stressful moments. The first was around mile 17, along the Yellow Trail, headed towards the park entrance. My knees protested

every step up or down, and I debated whether I should continue; however, my ambition won the day. The second testy moment was the cluster of red trails. Those paths should not be underestimated; they can pack a wallop punch after twenty-plus miles. Overall, the Giant Master Marathon took me just under eleven hours to complete, walking at an average rate of roughly three miles per hour. It was definitely one of the most exciting experiences for me this summer, and I would *strongly* recommend it to anyone who wants to strive for an athletic goal combined with breathtaking scenery. To all the past, present and future Giant Masters, I salute you and say, "Take a Giant Hike!" 🦋

\* Ross Lanius, *SGPA Board member*



# Eagle Projects Make the Yellow Trail Safer for Hikers

—By Ross Lanius, *Scouting Projects Coordinator*

Over the years, hikers on the Yellow Trail have often taken shortcuts to avoid a steep area east of its intersection with the Red Triangle Trail. As a consequence, there has been considerable erosion along this section of the trail. The trail is in such poor condition that some hikers completely avoid it, particularly when newly fallen leaves cover roots and rocks and when the path is slippery with mud, snow, or ice.

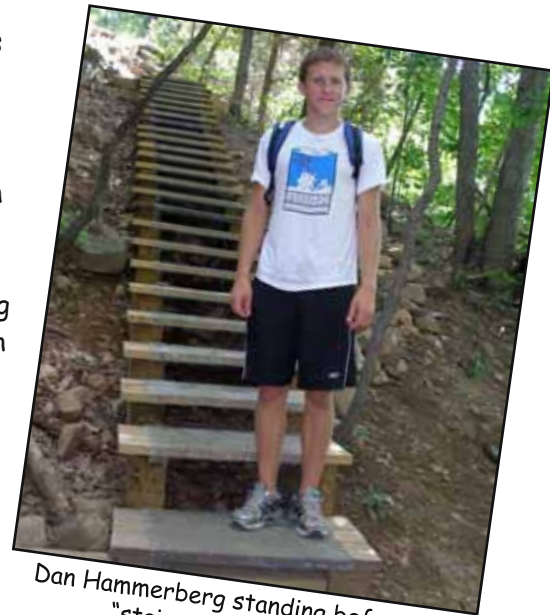
However, there is good news! Soon, thanks to three current and upcoming Eagle Scout projects, hikers will soon be able to climb this section safely on three separate sets of wooden stairs.

Dan Hammerberg of Troop 608 Hamden completed the uppermost set of stairs this past July. For this project he enlisted the help of fellow scouts as well as family and friends. His father, Tom Hammerberg, is a landscape

architect and was instrumental in developing the design for the stairway. Building Specialties and the Fastenal Company, both of North Haven, donated 2 x 8 lumber and fasteners, respectively. Lyon & Billard Company of Cheshire supplied other lumber at cost. In addition, Dan had financial support from thirteen friends and family members. Finally, your SGPA contributed funds to the project.

The following month, Eagle-Scout aspirant Bryan Niebanck built and installed a second set of stairs on the Yellow Trail, just west of Dan's set of steps. The trail is much steeper here and is extremely eroded. Bryan's project is another significant improvement to the Yellow Trail, one that was very much needed. He received donations and discounts from several stores, including Fastenal, Home Depot, and West End Lumber. His design was similar to that of Dan's. Bryan spent about five months planning and completing his project. He started thinking about it in March, worked out the details, and purchased the materials and "pre-assembled" the stairs. Finally, with the help of thirty fellow scouts, he transported the pre-drilled parts to the site and put them all together during a weekend in mid-August. All in all, he invested almost 264 hours of work on the project! During that time, as is the case with other aspiring Eagle Scouts, Bryan had to juggle his scouting project with schoolwork and family obligations. He is justly proud of what he has accomplished, and we are grateful to him and to Dan for their wonderful contributions.

Take a hike on the Yellow trail to see the contributions of Dan and Bryan and their work crews! And if you are there on a weekend this fall, you may see scouts working on the third set of stairs, above those built by Bryan.



Dan Hammerberg standing before his "stairway to the stars" on the Yellow Trail.  
—Photo by Ross Lanius



Shawn Bishop (on the left) and Mike Swann, assembling the frame for Brian Niebanck's steps  
—Photo by Ross Lanius

## Go Green! Save a Tree! Subscribe to Electronic *Giant News*

—By Dick Majka, *SGPA Webmaster*

SGPA members who would like to save paper and help the SGPA to become more environmentally friendly can now opt to receive their copies of the *Giant News* electronically. To do so simply send an email message with your name and address to the following: giantnewsletter@aol.com. Note that this address is only for requesting electronic copies of the *Giant News*. Rest assured that the SGPA will not share member information with other organizations.

# Eleven SGPA Members Hike ALL of the Giant's Marked Trails and Become Giant Masters

—By Barbara Beitch, *Coordinator, Giant Master Program*

Kudos to the following eleven SGPA members, who became Giant Masters<sup>1</sup> over the past few months:

#191 - Jeff Jolly

#195 - Candice Lanius<sup>2</sup>

#192 - Gerald E. Boyd

#196-201 - The Martucci Family

#193 - Jessica DeGennaro

(Anna, Emily, Evan, Mick, Pat, and Tory)<sup>3</sup>

#194 - Susan Denis

<sup>1</sup> To become a Giant Master, one must be an SGPA member while hiking and logging all 32 miles of the Giant's blazed trails. To learn more about this exciting and challenging program, to print a copy of the log, and to view the complete list of Giant Masters, visit our web site ([www.sgpa.org](http://www.sgpa.org)).

<sup>2</sup> At the same time Candice became a Giant Master, she also became a member of an elite group of Marathon Masters (the second person ever to be awarded this title officially), by virtue of the fact that she completed all 32 miles of trails on the same day! See her article on p. 8.

<sup>3</sup> The members of the Martucci Family have been working separately on their Giant Masters over the last fifteen years! They decided to save the Nature Trail to do last (on July 26, 2010), as a family. Evan recently became an Eagle Scout. Choosing to do his project in the Giant, he erected water bars on the Red Circle Trail, which significantly improved drainage. See the related article and image by Ross Lanius, on page 8. 🐾



The Martucci family (from left to right, Anna, Mick, Tory, Emily, Evan, and Pat), who saved the Nature Trail for last, to do together, recently earned their Giant Masters. Their dog Sadie loves the Giant and recently completed all of its trails, becoming a canine Giant Master  
—Photo by Pat Martucci (using the timer on her camera)

## NEWSFLASH: Sleeping Giant Wakes Up, Travels Around the World

—By Dick Majka, *SGPA Web Master*

We have negotiated an arrangement with the publisher of "The Sleeping Giant" (from the book entitled *The Sleeping Giant and Other Stories*, by Eleanor Estes), allowing us to make the story available on the SGPA web site. This delightful children's story about the Sleeping Giant was first published in 1948. You will find a link at the home page of our web site. Click on the link, and then click on the image of the book. It is a big file and takes some time to upload, but it is worth the wait. The material is copyrighted, so please respect the rights of the author and publisher.



Fern Fiddlehead  
—Photo by Tom Granucci

## CALL TO ALL GIANT MASTERS:

Join us at the upcoming  
SGPA Annual Meeting  
at noon on October 17,  
for the Second Annual  
Giant Master group  
picture!

## SOLUTION TO THE

### "ACTIVITIES IN THE GIANT" PUZZLE (SEE PAGE 4):

**ACROSS:** 1. read, 3. leave, 5. sit, 7. letterbox, 9. breathe, 11. sing, 13. enjoy, 14. take, 15. discover, 18. ski, 20. snowshoeing, 21. hike, 22. caving;  
**DOWN:** 1. relax, 2. meditate, 4. learn, 5. stroll, 6. climb, 8. picnic, 10. exercise, 12. geocaching, 16. fish, 17. jog, 18. sweat, 19. ride.



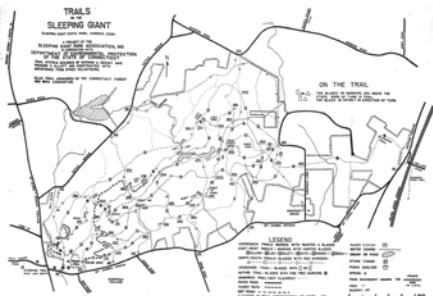
# Trading Post

Most items can be seen at [www.sgpa.org/post/post.htm](http://www.sgpa.org/post/post.htm)

<b>ADULT T-SHIRT</b> (short sleeved) black, gray, or white: medium/lg/x-lg	\$15.00	P&H \$3.00
<b>ADULT T-SHIRT</b> (long sleeved) black or white: medium/lg/x-lg	\$18.00	\$3.00
<b>KID'S T-SHIRT</b> (short sleeved) black or white: kid's large only	\$10.00	\$3.00
<b>SLEEPING GIANT CAP</b> khaki & green with green embroidered letters	\$10.00	\$2.00
<b>BOOK <i>Born Among the Hills</i></b> Fourth Edition of The Sleeping Giant Story	\$7.00	\$2.00
<b>NOTE CARDS</b>	\$15.00	\$3.00
<b>COLOR POSTER*</b> 18" X 24" - The Giant in fall colors	\$6.00	\$3.00
<b>EMBROIDERED PATCH</b> 4" wide oval with Sleeping Giant design, to sew on packs	\$4.00	\$0.75
<b>DECAL</b> 4 1/2" wide - same design as patch	\$2.00	\$0.75
<b>MAP</b> (black and white)* 18" X 24" trail map of the Giant	\$3.00	\$3.00
<b>POSTCARDS</b> (4 for \$1.00) The Giant in fall colors	\$1.00	\$0.75

\* Poster and map are rolled up and mailed in a tube and are suitable for mounting or framing.

Map



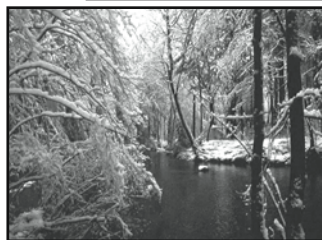
T-shirts



Back of shirt



Cap



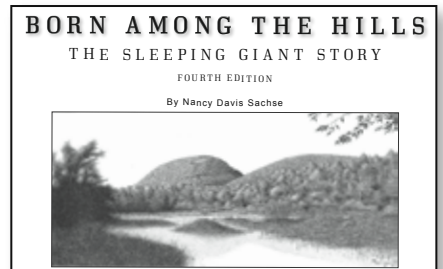
Note Cards (twelve different images)



Decal



Patch



New edition



Available as poster and also postcards, both in fall colors

## ORDER FORM

quantity	item description	size	color	price each	price total
				subtotal	
				P&H	
				total	

Fill out order form (please print), and make a check payable to the **SGPA**. Be sure to include the total amount, including postage and handling (P&H).

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Phone \_\_\_\_\_

Mail to: **The Sleeping Giant Park Association**

**P.O. Box 185340, Hamden, CT 06518-0340**

### NOTE FROM JOHANNA BECKER, Merchandise Manager

1. Our merchandise is guaranteed to be of good quality. If you are unhappy with your purchase or if it is defective, you may return it for an exchange.
2. We have a few copies left of the *Shared Landscape* publication, which includes a good description of the Sleeping Giant State Park, along with all of the other Connecticut State Parks (\$25 per copy plus \$3 P/H).
3. This will be the last newsletter before the winter holidays. Trading Post items make great holiday gifts for friends and family members and are always well received. To order presents, use the above order form.

**The Sleeping Giant Park Association**  
P. O. Box 185340  
Hamden, CT 06518-0340

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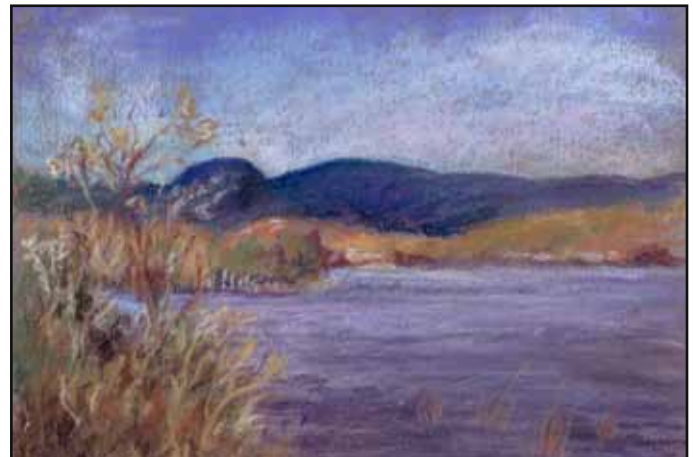
## **SLEEPING GIANT PARK ASSOCIATION OFFICERS AND DIRECTORS**

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## **Credits:**

The considerable help of Danny Brass in editing text and images throughout this issue is enormously appreciated.

The *Giant News* is published three times a year by the Sleeping Giant Park Association, a nonprofit volunteer organization. Comments and suggestions are welcome; send your thoughts to "The *Giant News* Editor" at the address shown above, or e-mail Barbara Beitch at [beitch@cox.net](mailto:beitch@cox.net) (include "SGPA" in the subject line).



**The Sleeping Giant**  
—Painting by Johanna Becker