

Get a Team of 4 together and get ready for a Road Trip!

The Amazing Race to Destination Vancouver begins at St. Demetrios Greek Orthodox Church at 9:30 a.m. on Saturday, May 2nd and continues through Sunday, May 3rd.

Saturday, May 2nd

9:30 a.m. Meet at St. Demetrios

6:30 p.m. Arrive at Destination

7:00 p.m. Dinner

8:30 p.m. Race Review

10:30 p.m. Free Time

Sunday, May 3rd

9:30 a.m. Liturgy at Local Church

11:30 a.m. Brunch & Winners announced

1:00 p.m. Teams are welcome to head

home or stay and visit Vancouver

after brunch.

Team Fee

Early Bird Rate: \$220 by Wednesday, April 1st Regular Rate: \$275 by Sunday, April 19h

Registration includes team t-shirt, hotel room for 4, dinner on Saturday, Sunday Brunch, race activity fees and hotel parking fees. Teams are responsible for all vehicle and gas expenses, lunch on Saturday, and any other expenses.

Captains must return completed Registration

Forms and Payment by April 19 2009 to: YAL Destination Unknown Lent Retreat

Questions? Contact Lefteris Sitaras at 206.660.2779

YAL Destination Unknown Lent Retreat c/o St. Demetrios Greek Orthodox Church 2100 Boyer Ave East Seattle, WA 98112

Team Registration Form

Team Name: _		_ T-Shirt Color	
Team Captain:		Age	T-Shirt Size
Email:		Cell Phone	
Team Members Name (s)	1	Age	T-Shirt Size
	2	Age	T-Shirt Size
	3	Age	T-Shirt Size
Vehicle Information	ution:		
Make & Model			Year:
License Plate: _			Color:
Name of Insura	nce Company		Years Insured:
Policy Number		Phone:	
Team Captain F	esponsibility		
in the vehicle. traffic laws and	responsibility as team captain for the conduct of The team will wear seat belts while travelling, speed limits. The members, directors, officers, os Greek Orthodox Church shall not be liable for	The team agrees to tra agents, advisors, empl	avel safely and obey all oyees and volunteers of
Signature of Te	am Captain:	Date	:
	Please return constration Form, Team Member medical April 19, 2009 YAL Destination Unknown c/o St. Demetrios Greek Ort 2100 Boyer Ave East Seatt	cal reports, and I to: Lent Retreat thodox Church le, WA 98112	
Ι	IO LAIE REGISTRATIONS V	WILL DE ACC	r i ed
For Office Use Onl	y:		

Method of Payment:_____

Date: _____

Amount Paid: _____

Team Captain Medical Report

Birthday _____ Sex ____

Email	Phone			
In an emergency, notify: Name	Phone			
Family Physician	Phone			
Name of Medical Insurance Company				
Policy Number	_			
Do you have any of the following? (If yes, please list)				
Food Allergies				
Drug Allergies				
Medical Conditions				
Please attach a photocopy of both sides of your card.				
Authorization and consent for Treatment and Liability Waiver form				
I,	the general or special supervision of including emergency medical personagnoses, treatment or hospital care is care which is deemed advisable in it will be made to contact the undertreatment will not be withheld if the imployees and volunteers of the St. De-			
Signature of participant:	Date			

Team Member Medical Report

Birthday _____ Sex ____

Email	Phone
In an emergency, notify: Name	Phone
Family Physician	Phone
Name of Medical Insurance Company	
Policy Number	<u> </u>
Do you have any of the following? (If yes, please list)	
Food Allergies	
Drug Allergies	
Medical Conditions	
Please attach a photocopy of both sides of your card.	
Authorization and consent for Treatment an	nd Liability Waiver form
I,	r the general or special supervision of ncluding emergency medical personiagnoses, treatment or hospital care or care which is deemed advisable in rt will be made to contact the undertreatment will not be withheld if the employees and volunteers of the St. De-
Signature of participant:	Date

Team Member Medical Report

Birthday _____ Sex ____

Email	Phone
In an emergency, notify: Name	Phone
Family Physician	Phone
Name of Medical Insurance Company	
Policy Number	<u> </u>
Do you have any of the following? (If yes, please list)	
Food Allergies	
Drug Allergies	
Medical Conditions	
Please attach a photocopy of both sides of your card.	
Authorization and consent for Treatment an	nd Liability Waiver form
I,	r the general or special supervision of ncluding emergency medical personiagnoses, treatment or hospital care or care which is deemed advisable in rt will be made to contact the undertreatment will not be withheld if the employees and volunteers of the St. De-
Signature of participant:	Date

Team Member Medical Report

Birthday _____ Sex ____

Email	Phone
In an emergency, notify: Name	Phone
Family Physician	Phone
Name of Medical Insurance Company	
Policy Number	<u> </u>
Do you have any of the following? (If yes, please list)	
Food Allergies	
Drug Allergies	
Medical Conditions	
Please attach a photocopy of both sides of your card.	
Authorization and consent for Treatment an	nd Liability Waiver form
I,	r the general or special supervision of ncluding emergency medical personiagnoses, treatment or hospital care or care which is deemed advisable in rt will be made to contact the undertreatment will not be withheld if the employees and volunteers of the St. De-
Signature of participant:	Date

Please attach a photocopy of both sides of your Medical Insurance Card.						

Don't Forget to Bring your:

Passport or Driver's License & Birth Certificate